

PARENTS BUILDING SOLUTIONS

For parents, grandparents, step-parents or carers of primary school aged children

ARE YOU TIRED OF YELLING?

How to get kids to listen, without having to yell

DEALING WITH ANGER

Helping parents, helping kids deal with anger and frustration

TECHNOLOGY AND OUR KIDS

When to limit it, and how?

STRATEGIES THAT WORK

How can parenting be easier, and more fun!



DATES: Tuesday's 26th April to 31st May 2016 (6 weeks)

TIME: 6.45pm - 9pm

VENUE: Lynbrook Community Centre
2 Harris Street, Lynbrook

WHO: Parents, grandparents, step-parents or carers

COST: FREE - Bookings are essential

BOOKINGS & ENQUIRIES:

Sandra Phillips at Parentzone
03 5945 2000 or 0447 500 355
sandra.phillips@anglicarevic.org.au