

Wednesday, 19th April

Issue No 10

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21st April	2:45pm Assembly with Judith Graley MP
24th April	ANZAC Ceremony Year 5 & 6 Students
25th April	ANZAC Day ( <b>PUBLIC HOLIDAY NO SCHOOL</b> )
28th April	Whole School Elective Program
28th April	Last Day Hats Are Required At School
3rd May	Year 4 Camp Information Evening 5-6pm
9th-11th May	NAPLAN Year 3 & 5
2nd May	School Tour, 10am Front Office
17th May	Year 3 Botanical Gardens Excursion

### Picking up Students during recess, lunch & afterschool

If you are planning on picking your child up from school in between 11-11:30am or 1:30-2:30pm, please let the office or teacher know so we can have your child and their bags waiting in the office. While the kids are outside, it is hard for them to hear all of the announcements. Our teachers also lock the classrooms during recess and lunch so it can make collecting school bags difficult. After school if you are running late please call the office before 3:20pm so we can call your child to the office and have them wait with us. **Please remember school finishes at 3:30pm each day and your child is required to be picked up no later than 3:45pm.**

### TERM DATES 2017

Term One 31st January— 31st March

Term Two 18th April—30th June

Term Three 17th July—22nd September

Term Four 9th October—22nd December

### School Banking

**Please note** - school banking next week will be on Wednesday 26th April due to the ANZAC Day public holiday on Tuesday 25th.

### MOTTO

Growing & Learning Together

### MISSION

To provide a caring, safe and supportive learning environment for children to grow.

### VISION

At Hillsmeade Primary School, we aim to continually grow and learn together by: supporting individual abilities and excellence in academic achievement, celebrating diverse backgrounds and cultures, and becoming global citizens prepared for the needs and expectations of our ever changing society.

Dear Parents / Guardians,

Welcome back to school for an exciting Term 2 at Hillsmeade. It is with great excitement I write this week's principal report as the substantive Principal of Hillsmeade Primary School. I look forward to working with students, parents, staff, school council and the wider community on our continued improvement journey.

Some exciting things taking place at Hillsmeade this term:

- Week 1 Assembly with Judith Graley MP
- Week 2 ANZAC Ceremony for year 5 & 6 students led by senior Alkira Secondary College students
- Week 3 Year 1 post office walk excursion & District Cross Country
- Week 4 NAPLAN Year 3 & Year 5 students & Mother's / Grandmother's morning
- Week 5 Year 3 excursion to the Cranbourne Botanical Gardens & Year 1 Special Friends day
- Week 7 Year 5 Graffiti incursion
- Week 7, 8 and 9 – Book Fair
- Week 9 UNSW Writing Test & Year 4 Commonwealth Bank incursion & Bedtime Stories Night
- Week 10 Year 5 / 6 Lightning Premiership
- Week 11 Year 4,5 and 6 Athletics Carnival



A big thank you to Angela Nixon Hillsmeade ELC Office Manager and Facilities Manager who coordinated with our gardener Don the great grounds work that took place over the holidays. The school looks fantastic.

#### **Annual General Meeting**

School Council will hold their AGM on Wednesday the 26<sup>th</sup> of April at 7.30pm where the President, Vice President and Treasurer will be elected. Shortly, School Council will hold a parent information session to present the annual report. This date will be confirmed at the above meeting and advertised to families. The normal council meeting will follow the AGM on Wednesday night next week. Our new School Council will also be undertaking Financial Management professional learning during this year.



#### **Intervention Team**

This term we welcome some new staff into the Hillsmeade Intervention and Extension Team. Welcome to Kathryn Kidd and Angela Cooper, who join Di Poulter, Jo Monrroy, Judy Kenny and Sharron Porter in this team.

#### **Congratulations**

A big congratulations to Krissy Martin who welcomed a beautiful little girl named Mahli over the holidays.



#### **Professional Learning at Hillsmeade**

Yesterday afternoon Sarah Smith (Acting Assistant Principal Teaching and Learning) worked with Leading Teacher Literacy Mandy Ryan and PLT leader presenters; Jess Ellis, Trisa Kett, Dimple Bhardwaj, Crystal Wells and Toni Barker to present a session to staff about our next stage in our Writing professional learning series. The leaders were engaging and confident presenting to staff. It was wonderful to see the leaders of Hillsmeade Primary School leading the learning of their peers.

#### **2017 SSV/NRL VIC 12 Years & Under Rugby League -Trial Information**

All trials will be held during Term 2 Week 3, 2017

\*\*Players only need to trial once during the week

**Monday 1st May** - Langama Park, Mitchells Lane, Sunbury 10.00am – 11.30am

**Tuesday 2nd May** - Casey Fields, Berwick-Cranbourne Road, Cranbourne East 10.00am – 11.30am

**Wednesday 3rd May** - Fregon Reserve, Browns Road, Clayton 10.00am – 11.30am

**Thursday 4th May** - Dallas Brooks Community P.S, King Street, Dallas 10.00am – 11.30am

**Friday 5th May** - Bruce Comben Reserve, Central Avenue, Altona Meadows 10.00am – 11.30am

Nomination forms must be completed and signed by the School Principal. Nominations close on **Wednesday 26th April, 2017**. CONTACT: Ryan Walker (NRL Victoria Pathways & Coaching Manager) 0448 890 012 or [walker@nrl.com.au](mailto:walker@nrl.com.au)

#### **Reminders**

There will be an assembly this Friday the 21<sup>st</sup> of April at 2:45pm with special guest Judith Graley local MP. Judith will be in attendance to present our 2017 student leaders with their leadership badges. We would love to see you there.

Jodie Bray  
Principal



LOOK WHAT'S GOING ON AT HILLSMEADE



BEST DRESSED



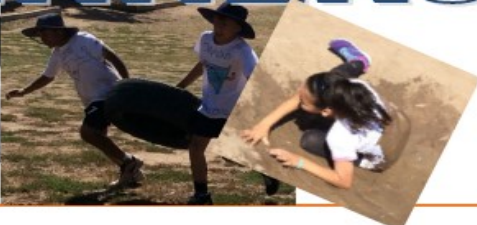
**SURVIVOR DAY**  
Friday 17th March 2017  
Congratulations to all teams on their fantastic efforts and team spirit! The persistence, support, cooperation and encouragement was incredible! Well done on a fantastic Survivor Day.



WINNERS



BEST SONG DANCE CHANT



# THINK BIG DREAM BIG

Hope you all had a beautiful Term 1 break.

This term we have our Mother's and Special Friends Stall. Posters of items on offer will be displayed in classrooms soon.

All items this year range from \$1 to \$5.

Our next HFC meeting (held in the rainbow room) will be Wednesday 26th April at 9.15am, all welcome.

Best Wishes

Inez - HFC President 2017

Shhh...

Don't tell Mum!

**Mothers' Day Stall**

Date TBA



# Hillsmeade Heroes



Gemma Bray  
Reka Simon  
Diara Sidiq  
Fraiser Martin  
Saket Jayaprakash  
Cody Scott  
Alyshia Chung  
Cooper Cheeseman  
Zachariah Alter

Ali Balasim  
Tilly Chambers  
Hayah Dai  
Kishen Senthil  
Saira Castillo  
Naveed Sahadat  
Bella Williams  
Sam Green  
Dane Male

Evelyn Park  
Zarah Alter  
Attia Pacey  
Cameron Hicklin  
Narjis Balasim  
Santi Giannaras

## NOTICES DUE BACK

ICAS test notice  
Due Thursday 27th  
April.



ANZAC Appeal badges are available to purchase during recess at the flag pole, from Thursday 20<sup>th</sup> April to Monday 24<sup>th</sup> April.

We have a \$1, \$2 & \$5 Badges & a \$3 wristband for sale.



## Breakfast Club

Breakfast club will  
start back week 2  
Term 2.

## Canteen Specials

2017 Term 2

Preferred Payment Method



Orders to be in NO later than 9:30am

CLOSED TUESDAYS

Clearly write Name and Grade with your order on your bag, or envelope. Alternatively you can view and order everything on our Qkr! App.



**THIS IS A  
SMOKE FREE  
SCHOOL  
SMOKING  
PROHIBITED**

### Monday/Wednesday Special

In addition to the specials on the menu, we are also offering the following:

Pizza or Pasta and a drink (please specify) \$6.00

### Canteen Reminders

All frozen fruit, ice-creams & slushies need to be collected from the canteen at lunch time (they will not be delivered to the classroom).

*Reminder!*

If your child brings a lunch order to school they will need something to eat at snack.

Please remember an extra 10c in your order if you DON'T have a brown paper bag

## Year 6 Canberra Camp

Please remember these are the suggested Canberra Camp instalments:

Camp Deposit of \$80 is due.

Second instalment of \$100 is due on the 17<sup>th</sup> March.

The total amount (\$580) must be paid in full before Friday 11<sup>th</sup> of August.

Any concerns please contact Laura Black or Julie Hale regarding payment options.



Entertainment Books 2017.

The 2017 Entertainment Book is coming!! Pre order before March 27<sup>th</sup>

and get bonus coupons!

Delivery at beginning of Term 2 and you can start using your book immediately. Cost \$70

<http://www.entbook.com.au/189q056>

To order online



**NO  
DOGS  
ALLOWED**



We ask parents not to bring dogs onto the school grounds before 4:30pm during school days. There have been a growing number of dogs being brought onto school grounds during school hours and there have been reports of students being harassed and injured as a result of contact with dogs.

We ask that you respect this request and regard the safety of Hillsmeade students.

**Read All About It!**

**Read All About It!**

### **Lunchtime Library Borrowing**

**Great news, when Term 2 commences the library will be open during Tuesday lunchtimes for borrowing.**

**Return books, borrow books or drop in and read up a storm.**

## **Elective Program**

Hillsmeade students attend electives on Friday afternoons. Could parents please avoid picking students up during the elective time after lunch on Fridays, as they will all be in different classrooms.



### **HILLSMEADE'S RUNNING CLUB!**

Do you want to run off some extra energy, be healthy, have fun, and meet new people? Then Hillsmeade's Running Club is the place for you.

Come and meet us at the school oval outside Mr. Cardamone's room to sign in, run some laps around the track and enjoy!

Don't forget to wear your runners!  
Mrs Kett and Mrs Pilarinos

#### **WHY?**

- BE HEALTHY
- RUN OFF THAT EXTRA ENERGY
- MEET NEW PEOPLE
- CHALLENGE YOURSELF
- SET AND ACHIEVE GOALS

#### **When:**

**Wednesdays  
and Fridays**

#### **Time:**

**8:15-8:45am**

#### **HILLSMEADE**

#### **READING CLUB!**

An opportunity for you to come to a comfortable place to read before school with friends, buddies and teachers.

We hope to see you there!

Kind regards,

Mrs Ahlgren, Mrs Porter and Miss Petersen

#### **Where** The Library

**When** Mondays and Wednesdays from 8:15am to 8:45am



#### **Why**

to take a chance to practice and enjoy reading in a supportive and encouraging environment.



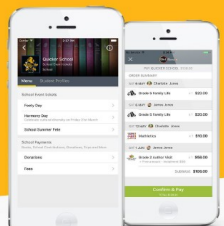
**Qkr!** with MasterPass

For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by MasterCard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Pay for school fees, uniforms, excursions and more;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

**Step 1 Download Qkr!**  
on your Android phone or iPhone. iPad users can download iPhone app

**Step 2 Register**  
Select your Country of Residence as 'Australia' and follow the steps to register

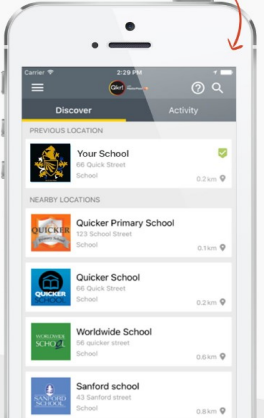
**Step 3 Find our school**  
Our school will appear in 'Nearby Locations' if you're within 10km's of the school, or search for our school by name.

**Step 4 Register your children**  
When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

Search for our school name

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

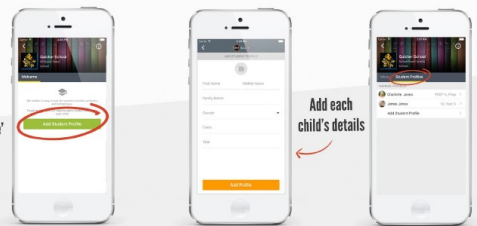


Add your children's details in Student Profiles

Select 'Add student profile'

Add each child's details

Manage each child's details in Student Profiles



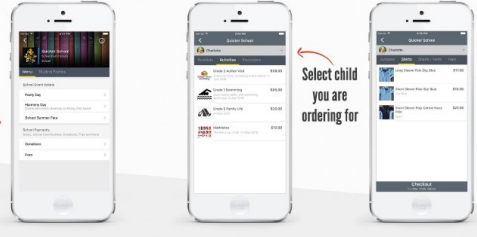
Purchase school items

Select a menu from our school

Select child you are ordering for

Select your items

Tap 'Checkout' then confirm and pay



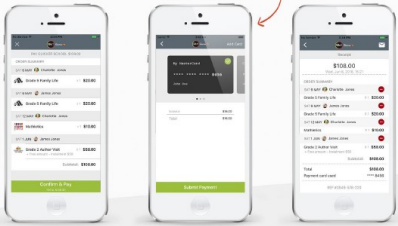
Making payments

Add up to 5 cards to your wallet

At checkout select which card to pay with.

Pay with any cards accepted by the school.

Once your payment is approved you can continue to the home page, or view your receipt.



## Treating and controlling headlice health

While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

### Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

### Finding head lice

Many lice do not cause an itch, so you have to look carefully to find them.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

- Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.
- Now comb sections of the hair with a fine tooth, head lice comb.
- Wipe the conditioner from the comb onto a paper towel or tissue.
- Look on the tissue and on the comb for lice and eggs.
- Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated. If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

### Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

- Buying and using a head lice lotion or shampoo, following the instructions on the product.
- Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.

### Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (malidion or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

### Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

### Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.

Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

### Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children's service centres after treatment has commenced.

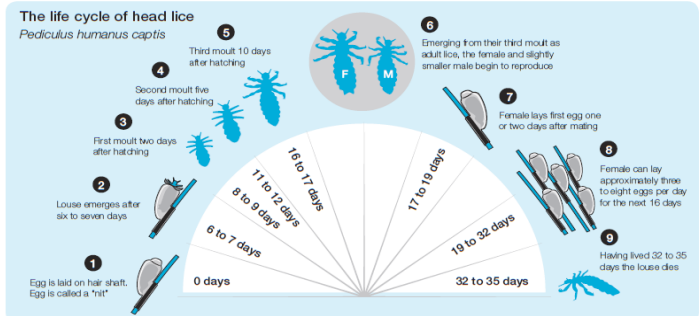
The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

### Preventing head lice

Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

### Further information

The following website offers further information:  
[www.health.vic.gov.au/headlice](http://www.health.vic.gov.au/headlice)

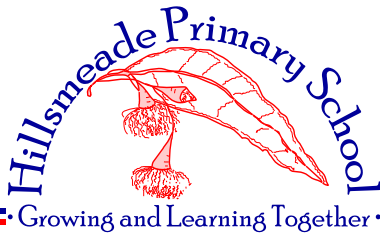


The information in this pamphlet is based on the research conducted and written by Associate Professor Rick Spears and the team of researchers at School of Public Health and Tropical Medicine, James Cook University.

Cover concept by students from St Patrick's Primary School, West Geelong. Life cycle diagram courtesy of Nipickers Ltd. © Copyright Department of Health 2010. Authorised by the State Government of Victoria, 50 Lonsdale Street, Melbourne.



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*Free Karate Uniform!!*  
 All Ages—Male and Female

**FRIDAYS:**  
**HILLSMEAD PRIMARY SCHOOL**  
 THE PROMINADE, NARRE WARREN SOUTH  
 JUNIORS: 7 TO 13 YEARS: 6:30PM TO 7:45PM  
 TEENAGERS & ADULTS: 6:30PM TO 8:30PM



**LION BUSHIDO KARATE ACADEMY**

WWW.LIONBUSHIDO.COM

<b>Tuesdays:</b> Fountain Gate Prim. School Prospect Hill Drive Narre Warren	<b>Saturdays:</b> Dandenong Primary School Cnr. New St & Foster St Dandenong	<b>TUESDAYS ALSO AT:</b> Heany Park Primary School Buckingham Road Rowville	<b>Mondays:</b> Patterson Lakes Community Centre 54-70 Thompson Rd. Patterson Lakes
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**Free Trial Class Phone 9887 4098**  
 Bookings available for Term 1 — 2017

Would you like to join a Soccer Team?

**SOCCER PLAYERS**



**WANTED FOR SEASON**

Narre Warren South Soccer Club



Is non for profit Soccer Club established in 2015 by volunteers and parents. Currently we have 4 junior teams registered with FFV and 2 senior team registered with Bayside FA.

Our aim is to assist those families who cannot afford the high fee of other clubs.

**2017**

IF INTERESTED IN JOINING COME FOR A SESSION ON EITHER MONDAYS or WEDNESDAYS from 6pm - 8pm

Contact us on: **0421 870 799**

**0420 635 235**

Our Home Ground is:

The Promenade,  
 Narre Warren South  
 VIC 3805



**Narre Warren Junior Magpies**  
 Sweeney Reserve  
 Starting Friday April 21st  
 Contact: Aimee  
 Phone: 0417 363 496  
 Email: nwauskick@gmail.com

AFLAUSKICK.COM.AU