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27th October	HFC Walk-a-thon Event Assembly 2:45pm
31st October	Year 6 Photo
1st November	Science Expo 4:30-6pm
2nd November	Hoop Time - 3/4 Regional Final Year 6 Alkira Science Session
3rd November	Whole School Elective Program
7th November	Melbourne Cup (PUBLIC HOLIDAY) No students required at school
8th November 🐕	School Banking Today Due To Public Holiday
9th November	Year 6 Alkira Science Session
10th November	Assembly 2:45pm
14th November	Prep Transition 1st Session
15th November	Curriculum Day ( No Students At School )
16th-17th November	Prep Woodwork Incursion Year 6 Alkira Science Session 2018 BYOD Program parent Meeting– Year 5/6
21st November	Art Expo ELC Art Expo Prep Transition 2nd Session
24th November	Assembly 2:45pm
28th November	Prep Transition 3rd Session

## Staff parking

### Please note

The staff carpark is not a suitable place for parents to drop off and pick up children. There is usually a large amount of traffic with staff cars and deliveries, please refrain from using the staff carpark for pick up and drop off for the safety of your own children. (PLEASE DO NOT WALK CHILDREN THROUGH THE STAFF CARPARK). The excessive amount of parents using the staff carpark prohibits staff members from accessing parking and getting to the classroom in a timely manner

### Picking up students during recess, lunch & afterschool

If you are planning on picking your child up from school in between 11-11:30am or 1:30-2:30pm, please let the office or teacher know so we can have your child and their bags waiting in the office. While the kids are outside, it is hard for them to hear all of the announcements. Our teachers also lock the classrooms during recess and lunch so it can make collecting school bags difficult. After school if you are running late please call the office before 3:20pm so we can call your child to the office and have them wait with us. **Please remember school finishes at 3:30pm each day and your child is required to be picked up no later than 3:45pm.**

### **MOTTO**

Growing & Learning Together

### **MISSION**

To provide a caring, safe and supportive learning environment for children to grow.

### **VISION**

At Hillsmeade Primary School, we aim to continually grow and learn together by: supporting individual abilities and excellence in academic achievement, celebrating diverse backgrounds and cultures, and becoming global citizens prepared for the needs and expectations of our ever changing society.

Dear Parents / Guardians,

It has been a huge week at Hillsmeade Primary School. We have buildings replaced and removed, basketball courts being re-surfaced, a school tour, hoop time events and a professional learning day with Deb Sukarna. We hope that you have all had a wonderful start to our busy Term 4.

**Children's Week**

Happy Children's week to all of the Hillsmeade students and their siblings. It has been wonderful to see a variety of events happening at recess and lunchtime across our school for our students. A big thank you to Danielle McKelvie for coordinating these events for our students. Also a big thank you to all of the student leaders for leading these events.

**School Council**

On Tuesday the 17<sup>th</sup> of October we met as a School Council to re-elect office bearer positions. Congratulations to Brooke Gniel (previous Vice President) who was elected to the School Council President position for the remainder of the year. We also welcome Stewart Johnson as a DET representative in place of Julie Hale and Angela Nixon in place of Matthew Moore as DET representative.











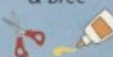




I would also like to say a big thank you to school council members that attended School Council Governance Training last week for 2 hours. We appreciate the time and dedication school council make to support our school.



The Hillsmeade SRG and Student Leaders present

## Lunchtime Activities

Come along and join in the fun to celebrate  
Children's Week 23<sup>rd</sup> - 27<sup>th</sup> October

<b>Monday</b> 23 <sup>rd</sup> October	<b>KITE MAKING IN THE LIBRARY</b> Farisa, Lucy, Piper & Jazmine 	<b>RUNNING RACES AND RELAYS ON THE OVAL</b> Nick, Bree, Bella & Taylor 			
<b>Tuesday</b> 24 <sup>th</sup> October	<b>TABLOID SPORTS ON THE BASKETBALL COURT</b> Shayli, Navya Hannah & Tomas 	<b>MINDEFUL COLOURING IN THE LIBRARY</b> Kiarah & Alisha 	<b>KITE FLYING NEAR THE OVAL</b> Farisa, Lucy, Piper & Jazmine 		
<b>Wednesday</b> 25 <sup>th</sup> October	<b>MINDEFUL COLOURING IN THE LIBRARY</b> Kiarah & Alisha 	<b>FOOTY ON THE SOCCER OVAL FOR 5/6</b> Jayden & Matt 	<b>FOOTY ON THE OVAL FOR PREP-4</b> Tom, Nick & Sam 		
<b>Thursday</b> 26 <sup>th</sup> October	<b>BASKETBALL PREP/ONE/TWO</b> Jayden & Matt 	<b>BASKETBALL YEAR 3/4/5/6</b> Annabelle & Jayde 	<b>CRAFT IN THE LIBRARY</b> Ahana, Hannah & Bree 	<b>SOCCER ON SOCCER OVAL YEAR 5/6</b> Annabella, Joel & Daylan 	<b>SOCCER ON OVAL PREP-4</b> Tomas, Aaron Mustafa, Nathan & Mitchell 
<b>Monday to Thursday</b> <b>DANCING EVERY RECESS NEAR THE SHADE SAILS</b> Shayli, Navya, Eesha, Eleena & Melanie  					

### Year 5/6 Regional Hoop time event



**GIRLS Team:** On Monday the 23<sup>rd</sup> of October the girls hoop time team went to the Dandenong basketball stadium to compete in the Regional Hoop time event. We played 5 games. We won our first

two games, drew our third game and lost the last two games.

The team all played really well and put in 110%. Sadly we didn't make it through to the State round but we tried our hardest and did really well. It was a great experience for all of us.



A big thanks to Ms Szalek for being a great coach, to Mrs Bray and Mr Chaz for being great supporters. We would also like to thank all of the parents, siblings and grandparents that came along to support us.

**Hailee Geddes, Jacinta Vigilante, Charlotte Lawrie and Natasha Coldebella.**

**BOYS Team:** On the 23<sup>rd</sup> of October the hoop time boys team represented Hillsmeade Primary School at Dandenong basketball stadium. The games were tough. The boys team finished with one loss, and just missed out on getting into the finals by percentage. Even though we didn't get through, we wish the current Year 5 students good luck next year, as they compete as Year 6's.

**Jayden Blackman and Matt Nelson**

### Alkira Science Visit

On Thursday the 19<sup>th</sup> of October students from Year 6B and some students from 6A visited Alkira Secondary College. This was part of the Hillsmeade – Alkira partnership in preparing Year 6's for Secondary life. We took part in a Science lesson. We learnt a lot about electricity, atoms and electrons. We also participated in some experiments involving batteries. We used a battery pack that was connected to wires and a light bulb, trying hard to make a circuit that allowed the light to turn on. It was a great learning experience for us all and we would like to thank Dimple Bhardwaj and Amanda Anderson (from Alkira) for organising this opportunity for us.

**Ashini and Natasha 6B**



### Deb Sukarna Professional Learning

On Tuesday the 24<sup>th</sup> of October our Professional Learning Team Leaders and Teaching and Learning Assistant Principal met with our Writing consultant Deb Sukarna. This event was our fourth instalment of professional learning which has been our 2017 focus on Writing. This professional learning will be taken back to teams and lead us in continuing to embed best practice teaching approaches in each and every classroom in the area of Writing. We would like to thank Sarah Smith for coordinating our ongoing work with Deb and for assisting PLT leaders in continuing the learning in each Professional Learning Team.



### Earn and Learn



A huge THANK YOU to all of the students and families that supported our school in the collection of earn and learn stickers. It was amazing to see a sea of stickers come in to our school to support the school in accessing great new resources.

Also a big thank you to the office team for assisting with the collation of all the stickers.

29,940

As a school we collected earn and learn stickers. Well done everyone.

### Resurfaced basketball courts

It is very exciting to see some major ground work taking place on our external basketball courts. We are thrilled to see this work begin and are excited to see the new blue courts take shape. This new surface will be wonderful in a very high traffic area. A big thank you to the buildings and grounds committee of school council for prioritising this work for our damaged courts.



### Removal of old portables



We are almost at the end of renovation relocation work. It has been amazing to see our new portables take shape. These are beautiful, new editions to our school and are highly valued by students and staff.

Now we can see our old portables being removed. This work will finish up at the end of next week. A big thank you to all students, staff and families for their understanding and cooperation during this ground work. It has been appreciated.

We look forward to planning ideas on ways to utilise the space to support our school community.

### Wacky Walk a thon

We are all looking forward to this year's weird and wacky walk-a-thon. A big thank you Inez Crowe and the HFC volunteers for organising this event for our school community. Through the hard work of the HFC we continue to see wonderful editions to our school, from the synthetic grass in the court yard area, to the senior playground, also the asphalt bike shed. It is through the work of the HFC that we can have these wonderful editions to our school. A big thank you to the students and families for your continued support with fundraising at our school.

### Mandarin Network

Congratulations to Maria Liu and Sally Wu from Hillsmeade for hosting the Casey Chinese Language Network meeting last week. It is wonderful to see teachers from other schools in the network visiting our school and having teachers from Hillsmeade leading the learning of others beyond our school.

### **Regional Athletics**

On Thursday the 19<sup>th</sup> of October four students from Hillsmeade PS competed at the regional Finals of the Athletics. This is the level just before state, so winning through to this round is a tremendous achievement. Despite at times torrential rain, Jade Dunn represented the region in triple jump. Hailee Geddes ran in the 1500m before the rain began and Gemma Mouette completed the 200m in relatively dry conditions. Someone to keep an eye on in the future is Shae Lewis who is still young for her age group and ended up mid field in her 1500m. Congratulations to all girls for their performances at this elite level.

**Kate Pollock**



### **Cooling**

In some very exciting news we have cooling in three more rooms in the main building. A big thank you to Angela Nixon our facilities coordinator for organising this work, and a big thank you to the classes impacted on being so accommodating, despite the interruption. Also, a huge thanks to LJ Hooker for donating a new air conditioner for the Art room.



### **Reminders**

A reminder that this Friday we have our whole school assembly starting at 2:45pm. We will be presenting some special certificates for student's achievement in recent ICAS assessments. If you are available to attend we would love to see you there. Have a wonderful week.

Jodie Bray  
**Principal**

## Anaphylaxis fact sheet for parents of children at risk of anaphylaxis

### What is anaphylaxis and how is it treated?

Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. It usually occurs rapidly after exposure to a food, insect or medicine to which a person may already be allergic. Anaphylaxis must always be treated as a medical emergency and requires immediate treatment with adrenaline (epinephrine). **Adrenaline autoinjectors** (e.g. EpiPen®) are designed to be given by non-medical people, such as parents, school or childcare staff, friends, passers-by or the allergic person themselves (if they are well and old enough). Adrenaline autoinjector devices contain a single, fixed dose of adrenaline that works rapidly to reverse anaphylaxis. Instructions are included on the device labels, on ASCIA Action Plans for Anaphylaxis and on the ASCIA website: [www.allergy.org.au/anaphylaxis](http://www.allergy.org.au/anaphylaxis)

### If your child has been diagnosed at risk of anaphylaxis, their treating doctor should provide:

- Education on avoidance of known allergens (substances causing the allergic reaction).** This is particularly important with anaphylaxis due to food allergy, which can be caused by very small amounts of food or accidental exposure. Strategies to avoid exposure to known food and insect allergens should be implemented at home and school, preschool or childcare. Further information is available on the ASCIA website: [www.allergy.org.au/schools-childcare](http://www.allergy.org.au/schools-childcare)  
Food allergy - [www.allergy.org.au/patients/food-allergy](http://www.allergy.org.au/patients/food-allergy) Insect allergy - [www.allergy.org.au/patients/insect-allergy-bites-and-stings](http://www.allergy.org.au/patients/insect-allergy-bites-and-stings)
- ASCIA Action Plan for Anaphylaxis.** This plan outlines what to do if your child is having an allergic reaction. It must be completed and signed by your child's doctor and stored with the adrenaline autoinjector, even if it is carried by your child. The plan includes personal details, signs of allergic reactions, instructions on how to use the device and whether to give any other medications.
- Prescription for two adrenaline autoinjectors.** This allows you to keep one with your child at all times (whilst in or out of the home) and another at school or childcare. High school and upper primary school students should usually carry one device on their person, whilst the second one should be kept at school. Two devices are PBS subsidised in Australia and additional devices can be purchased at full price from pharmacies. [www.allergy.org.au/health-professionals/anaphylaxis-resources/adrenaline-autoinjectors-faqs](http://www.allergy.org.au/health-professionals/anaphylaxis-resources/adrenaline-autoinjectors-faqs)
- Education on how to use an adrenaline autoinjector.** It is recommended that you regularly practice using a trainer version of the adrenaline autoinjector that has been prescribed for your child. Trainer versions of the devices do not have a needle and do not contain adrenaline, so they can be used repeatedly for practice and to teach family and friends.
- Information on medical identification jewellery.** This is optional and does not replace the ASCIA Action Plan for Anaphylaxis.

### What is the role of the parent?

- Notify school principal or preschool/childcare supervisor** if your child has been prescribed an adrenaline autoinjector; had previous or subsequent anaphylaxis; has any changes in allergies; and any other health care needs or disabilities (including learning difficulties) that may affect anaphylaxis management.
- Provide an ASCIA Action Plan for Anaphylaxis completed and signed by your child's treating doctor.** This should be updated (including photo) when adrenaline autoinjector prescriptions are renewed (usually every 12-18 months) or if allergies change. These plans are medical documents and must not be completed or altered by parents, school staff or childcare staff.
- Provide an adrenaline autoinjector to your child's school, preschool or childcare.** Always note the date on the label and replace the device before it expires. Even if your child carries their own adrenaline autoinjector you should provide another adrenaline autoinjector to the school. This is required in case your child does not have it on them when needed.
- Assist in the development of an Individual Health Care Plan or Risk Minimisation Plan.** This is a plan that school, preschool or childcare staff develop to support your child's health care needs.
- Age appropriate education.** Educate your child about how to avoid known allergens and why it is important. Remind them that if they feel sick, they should immediately tell someone nearby, such as a teacher or other adult. Assure them it is the right thing to do, and they should not be afraid of getting into trouble for doing this.

### What are the responsibilities of your child's school, preschool or childcare service?

- Training of staff** in awareness, management, recognition and emergency treatment for anaphylaxis.
- Implementation of strategies** to minimise risk of accidental exposure to known allergens, including special events such as excursions.
- Appropriate storage of adrenaline autoinjectors** with an ASCIA Action Plan for Anaphylaxis in an easily accessible location, out of direct sunlight and heat. Staff also need to know the agreed location (e.g. pocket, beltbag, school bag) of the devices that are carried by students.

### Further information

- Australasian Society of Clinical Immunology and Allergy (ASCIA)** [www.allergy.org.au](http://www.allergy.org.au)  
Professional medical organisation that provides e-training, health professional resources, information for patients and consumers
- Allergy & Anaphylaxis Australia** [www.allergyfacts.org.au](http://www.allergyfacts.org.au)  
National patient support organisation that provides advice and resources on allergy and anaphylaxis
- Food Standards Australia and New Zealand (FSANZ)** [www.foodstandards.org.au](http://www.foodstandards.org.au)  
Provides information about food labelling laws and food allergens on food labels

# THINK BIG DREAM BIG

This Friday 27th October is our annual Weird and Wacky Walk-a-thon (on the Soccer Oval).

Students will receive their walk-a-thon cards on the day, handed out by their teachers. Once completed, students will take the cards home, to fill in their tally sheet before sending back to the school. This year a prize will be awarded to one Junior and one Senior student with the highest money raised, to be announced at an upcoming assembly.

Please note this is **NOT** a free dress day, instead please bring your costume to school. Examples from previous years are: Tutus, hats, socks, glasses, caps, footy gear, masks and so on... Have fun dreaming up costumes.

This year the HFC are asking for some donations. Do you want to help or volunteer but can't due to work or other commitments? How about sending a small donation to the HFC for our Carols by Twilight Night?

This year we are asking for donations of individually wrapt lollies. This can be given to your class teacher (make sure students don't eat any) so they can forward it to our office OR if you prefer, pop it into the school office.

The HFC kindly thank you in advance.

Have a great week everyone.  
Inez - HFC President 2017

Look how excited Mrs Elliott is about her brand new air conditioner (Art Room). kindly sponsored by LJ Hooker Narre Warren South Casey Central.



Remember to LIKE our Reminders Page on



Hillsmeade Fundraising & FACEBOOK

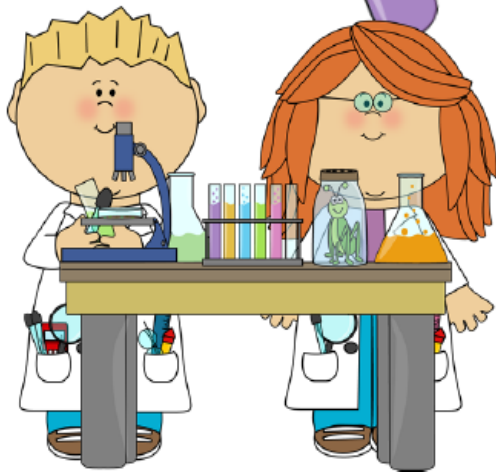
 Find us on  
Facebook

# CELEBRATE CHILDREN'S WEEK

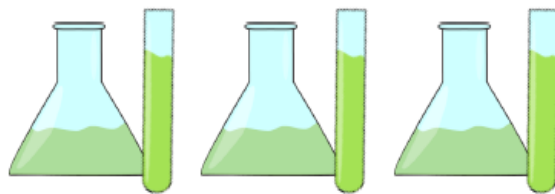




# SCIENCE



# expo



**Wednesday 1st November**

Experiments in the main building

between 4.30-5.00pm

**REMEMBER TO  
dress UP!**

*View displays and family  
demonstrations in the Hall  
between 5pm-6pm*



**Don't forget your gold  
coin donation!**



# SCHOOL BANKING COMPETITION

Don't forget all school bankers who make 3 or more deposits between 14th August-10th November 2017 are automatically entered into the draw to win a High Tech Prize.

In order to be in the running to win a Game Master Prize (Nintendo Switch) you must:

1. Make 3 more deposits between 14th August-10th November 2017

It's time to bring the 3D Dollarmites and the future world to life with the new Future Savers app – and enter an exciting competition for the chance to win a Game Master Prize. You can download the Future Savers app from the App Store or Google Play from **Monday 16 October 2017**.



## Experience the magic of augmented reality

The Future Savers app features augmented reality, letting you explore the future world, play games and learn about money with the Dollarmites in 3D. Are you ready to bring hover basketball into your room? To snap pictures of colourful butterflies all around you? How about fly a drone through a futuristic city?

## How to download and play the Future Savers app

1. Download the Future Savers app on a smartphone or tablet running iOS or Android (search Future Savers in the App Store or Google Play) – available from **Monday 16 October 2017**.
2. Open the Future Savers app and follow the instructions to point your device's camera at your Dollarmites deposit book. A new \$5 note works too. This will trigger the augmented reality.
3. Start playing the first game – games 2 and 3 will be unlocked on the two following Mondays.



**Game 1 - Butterfly Snaps**  
(16 Oct)



**Game 2 - Drone Rescue**  
(23 Oct)



**Game 3 - Hover Basketball**  
(30 Oct)

## How to enter the competition

After you play all three games in the Future Savers app, go to [commbank.com.au/futuregames](http://commbank.com.au/futuregames) to complete the Game Master Prize online entry form, answering the three Future Savers game questions, by **Friday 10 November 2017**. To be in the running you also need to make three or more School Banking deposits during the competition period (14 August 2017 – 10 November 2017). This will automatically give you a chance to win one of the High Tech Prizes as well – including racing robots, activity trackers and 3D pens.

2. Download the Future Savers app from 16th October 2017 on a smartphone or tablet running iOS or Android, and play all 3 games (unlocked weekly on 16th, 23rd & 30th October)
3. Complete the online entry form between 30th October – 10th November

Good Luck and  
Happy Banking



# Commonwealth Bank



# LOST PROPERTY

Please label all articles of clothing with your child's first and last name.

Numerous articles of clothing end up in the school lost property unnamed and unclaimed.

## Enrolments for 2018

If you have a child you wish to attend Hillsmeade PS in 2018 please collect an enrolment form from the school office.



ENROL  
NOW

2017 Term 4

## Canteen Specials

Orders to be in NO later than 9:30am.

CLOSED TUESDAYS

Preferred Payment Method



Clearly write Name and Grade with your order on your bag, or envelope.

Alternatively you can view and order everything on our Qkr! App.

Please remember an extra 10c in your order if you DON'T have a brown paper bag.

### Thursday Specials

Aussie Pie or Sausage Roll & Drink	\$4.00
Caesar Wrap, Frozen fruit & Drink	\$6.00
** Add Chicken**	\$1.00
Chicken Strip Wrap & Drink	\$6.00

### Monday / Wednesday Specials

3 Fried or Steamed Dim Sims & Drink	\$3.50
Pizza or Pasta And a Drink	\$6.00
Chicken or Ham & Salad Roll & Drink	\$6.00

\$1.50



NEW

### Canteen Reminders

All frozen fruit, ice-creams & slushies need to be collected from the canteen at lunch time (they will not be delivered to the classroom).



## HILLSMEADE'S RUNNING CLUB!

Do you want to run off some extra energy, be healthy, have fun, and meet new people? Then Hillsmeade's Running Club is the place for you.

Come and meet us at the school oval outside Mr. Cardamone's room to sign in, run some laps around the track and enjoy!

Don't forget to wear your runners!  
Mrs Kett and Mrs Pilarinos

### WHY?

- BE HEALTHY
- RUN OFF THAT EXTRA ENERGY
- MEET NEW PEOPLE
- CHALLENGE YOURSELF
- SET AND ACHIEVE GOALS

#### When:

Wednesdays and Fridays

#### Time:

8:15-8:45am

**Read All About It!**  
**Read All About It!**  
**Lunchtime Library Borrowing**  
**Great news, the library will be open during Tuesday lunchtimes for borrowing.**  
**Return books, borrow books or drop in and read up a storm.**



### HILLSMEADE READING CLUB!

An opportunity for you to come to a comfortable place to read before school with friends, buddies and teachers.

We hope to see you there!

Kind regards,

Mrs Ahlgren, Mrs Porter and Miss Petersen

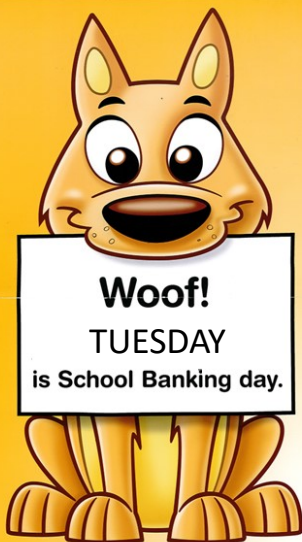
#### Where The Library

**When** Mondays and Wednesdays from 8:15am to 8:45am



#### Why

to take a chance to practice and enjoy reading in a supportive and encouraging environment.



CommonwealthBank

We ask parents not to bring dogs onto the school grounds before 4:30pm during school days. There have been a growing number of dogs being brought onto school grounds

during school hours and there have been reports of students being harassed and injured as a result of contact with dogs.

**NO DOGS ALLOWED**



