



PARENTS BUILDING SOLUTIONS - For parents, step-parents, grandparents & carers of children aged 3-12 years

Join us to share experiences, ideas and learn strategies that work

Workshop 1

Thursday 16 November, 9.30am - 11.30am

DEALING WITH ANGER

Helping parents and kids deal with anger and frustration

Workshop 2

Thursday 23 November, 7.00pm - 9.00pm

SETTING BOUNDARIES

How to set boundaries and follow through

Parents are welcome to attend both sessions

WHERE: Pakenham

Consolidated School
2 Rundell Way,
Pakenham

COST: FREE

Bookings Essential
Refreshments provided

BOOKINGS: Sharon Hawley
0458 750 754

