



# The Link

Hillsmeade Primary School Newsletter

Issue No 3—Wed 14th FEB

# 2018

## TERM I



# WHO? WHAT?

# WHEN?



15th FEB Hillsmeade Swimming Trials	20th FEB Hillsmeade Open Day 26 FEB—9th MAR Prep Chicken Hatching Incursion	5th MAR District Swimming Trials	6th MAR ROBO Gals Gr 3 Footsteps Dance Gr 3 & 4
7th MAR ROBO Gals - Gr 6 Footsteps Dance - Gr 5&6 Graffiti Incursion - Gr 5	9th MAR Hillsmeade Cross-Country	12th MAR Labour Day	14th MAR Footsteps Dance - Gr 1 & 2 The Flying Bookworm – Gr 1
15th MAR Footsteps Dance - Prep Divisional Swimming Competition	<u>22nd MAR</u> <u>Curriculum Day - No</u> <u>Students Required at School</u>	29th MAR Last Day of Term	16th April Beginning of Term 2

## Notices Out:

- Sentral 'Parent Portal' login information for new families. Please see the office if you are an existing family in need of login details.
- Private Music Lesson Enrolment Form - Please collect from the Office
- Grade One Chicken Hatching Incursion Form - Due back 21st FEB
- Student Council Nomination Forms - Please see the Office staff
- Grade 6 Uniform Order Form—Due back 28th FEB

## FROM THE PRINCIPAL

Dear Parents / Guardians

How quickly we have arrived at week three of Term 1. We hope that students and families have settled back into the 'back to school' routine. We look forward to seeing you in attendance at the 'Getting to Know Hillsmeade Expo' next Tuesday if you are available to attend. This is not just for new families to our school, but a wonderful opportunity for all Hillsmeade community members to find out more about our school.

### **Coles Sports for Schools**

This year we have again registered for Coles Sports for Schools. If you are a Coles shopper and would be willing to support Hillsmeade Primary in acquiring some more sports equipment, please donate your Coles vouchers. These vouchers can be placed in the donation box located at the main office.



We appreciate the support.

### **VPA China Student Exchange Program**

Last week, students in years 5 & 6 received information about a fantastic and unique student exchange opportunity to experience China's remarkable education system and the fascinating culture of the world's most populous country. The Victorian Principal's Association (VPA) in partnership with the Department of Education and Training (DET) is offering a 14 day exchange program to attend Jinling Primary School in Nanjing. The students will participate in classroom and cultural activities as well as visit amazing sight-seeing locations in Nanjing and Shanghai. Weekend home visits with Chinese families will be a highlight and provide an opportunity for children to experience home life in China.

**Travel dates are 18<sup>th</sup> October – 1<sup>st</sup> November 2018.**

Expressions of interest are now being called by the school and the VPA. I would like to meet with any family wishing to participate in this program, to answer any questions and ensure your child's readiness to involve themselves with this type of travel.



To arrange a meeting, please contact me at the school on (03) 9704 6313.

Please express your interest by Friday 23<sup>rd</sup> February to allow us to move forward with our application to the VPA.

### **School Council Elections**

A reminder regarding our 2018 School Council Election. The call for nominations started on Monday the 12<sup>th</sup> of February. Forms can be collected from the Administration Office. We have 3 parent



## FROM THE PRINCIPAL

member vacancies and 2 DET member vacancies for the next two years, as well as 2 community member vacancies.

If you would like to nominate to be on School Council, please collect a notice from the office. Should we receive more nominations than the vacant positions, an election will be required. I am looking forward to working with the newly formed School Council after the election of office bearers on Tuesday 13<sup>th</sup> of March.

**If you would like to find out more about the roles and functions of school council, please take a look at**

<http://www.education.vic.gov.au/school/teachers/management/community/Pages/schoolcouncils.aspx>

**Jodie Bray  
Principal  
Hillsmeade Primary School**



### 2018 School Council Elections Timeline

There are 3 parent positions vacant.

Timeline below follows the DET guidelines for election process.

Notice of election and call for nominations	Monday, 12 February 2018 <ul style="list-style-type: none"> <li>Advertise in Link Issue #2 on Wednesday February 7.</li> </ul>
Closing date for nominations	Monday, 19 February 2018
Date by which the list of candidates and nominators will be posted	Wednesday, 21 February 2018
Date by which ballot papers will be prepared and distributed	On or before Monday, 26 February 2018
Close of ballot	Monday, 5 March 2018
Vote count	Tuesday, 6 March 2018
Declaration of poll	Tuesday, 6 March 2018
Special council meeting to co-opt Community members (the principal will preside)	Tuesday, 13 March 2018
First council meeting to elect office bearers (the principal will preside)	Tuesday, 13 March 2018

# FROM MR CARDAMONE

Good afternoon Hillsmeade community,

What another great week so far! I hope last week's topic of different ways about asking your child how their day was, was effective.

Please look out for us at the Hillsmeade Expo next week, Abbie Hunter (student wellbeing leader) and I will have a stall called 'Social and Emotional Learning'. We will be there to answer any questions that you might have.

This week's topic of the week comes from Andrew Fuller who is a Clinical Psychologist and Family Therapist. He works with many schools and communities in Australia and internationally specialising in the wellbeing of young people and their families. You can find lots more information on his website;

<http://andrewfuller.com.au/>

***“Young people perform better when they have clear rules and consequences, and when they know that the adults in their lives expect the best of them”***

## ***Tips for parents to build boundaries and expectations for their children:***

- *Be clear about the routines of family life: bedtime, sleep time, meal times*
- *Ensure you know where your child is most of the time*
- *Have agreed clear rules about the use of computers and mobile phones at home, in the bedroom, when you have guests, after lights out*
- *Instil hope in young people. Let them know that you think great things are on offer for them and that you love them and believe in them*
- *Encourage them to succeed at lots of things*
- *Allow them to see they can improve with practice*
- *Encourage them to dream big about what their life can be*
- *Discuss and create memorandums of understanding about parties, drug and alcohol use, sexual activities and personal safety*
- *If you develop a common set of understandings, write these up and invite other parents to sign it*
- *Talk to your children about whether they feel their school has clear rules and whether teachers enforce rules fairly*

- *Have a zero-tolerance approach to violence, rudeness and intimidation in your family.”*

If you have any questions about Andrew Fuller information above please let me know.

**John Cardamone**

**Social and Emotional Leader**



## FROM THE SCHOOL CAPTAINS

### Student Leader Learning at Hillsmeade

Hi, we are Taylor Hounsome and Jack Winestone your 2018 School Captains. On Monday the 12<sup>th</sup> of February we had a student leader learning meeting with Miss Wells, Mr Cardamone and Mrs Bray. We learnt about leadership qualities and how to demonstrate leadership. We are looking to have more student leader learning opportunities throughout the term.

### Taylor and Jack

### 2018 School Captains



## LEARNING SPECIALIST SCIENCE

Our Education State Targets state: We want to see more students achieving excellence in reading, maths, science and arts. In alignment to this target and our Annual Strategic Plan, as an Acting Learning Specialist - Science my goal for 2018 would be to increase student engagement, motivation and passion for science at Hillsmeade.

Through the STEAM room, STEAM Agency and STEM GEMS initiatives, I aim to harness the passion for change and innovation.

I look forward to working with our Assistant Principal, Teaching and Learning and PLT leaders to provide rich authentic learning opportunities for our students to develop them as 21st century problem solvers, critical and creative thinkers.

### Dimple Bhardwaj Acting Learning Specialist - Science





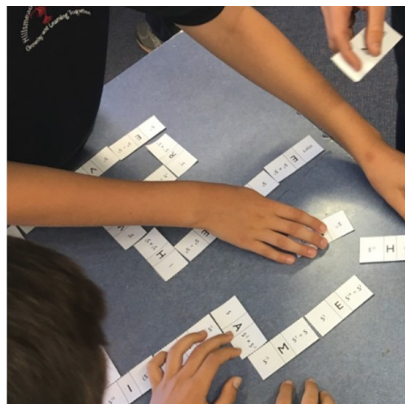
# MATHS! MATHS! MATHS!

Welcome to a new year of mathematics at Hillsmeade! I am really excited to introduce myself to our school community as the Acting Numeracy Learning Specialist.



There are exciting times ahead this year in our numeracy learning, such as building on our maths workshops, collaborating with staff and PLT Leaders to lead and provide professional learning opportunities, and of course continue with a new year in targeted home learning through Mathletics.

I am really excited for 2018 and getting students active and involved in their maths education through different platforms such as hands on activities, rich and authentic tasks and maths sports.



We are particularly interested in the role maths plays throughout the Winter Olympics which begins this Friday 9<sup>th</sup> of February and runs through to the 25<sup>th</sup>.

Here are some pictures of "Maths in Action" at Hillsmeade Primary School.

**Jess Szalek**

**Acting Numeracy Learning Specialist**



# KIDS AND TECH UPDATE

Hi Families – This week we would like to share a few of our favourite kid-friendly podcasts.



[Pickle](#) is a philosophy podcast for kids that tackles tricky questions for curious kids. When we're listening to it as a family we often end up pausing the show to discuss our thoughts. "Should Carl tell on Shumita?" caused some real debate in the car!



[Short & Curly](#) is the ABC podcast that spawned Pickle. It is also about philosophy questions and features discussions with kids from Australian schools!



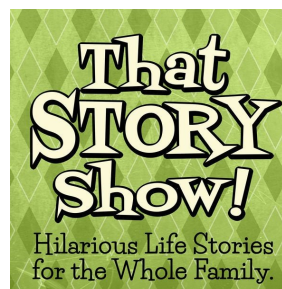
[Story Pirates](#) is AMAZING! They take real stories written by primary-age kids and turn them into real radio shows. The results are bizarre and hilarious!



[Wow in the World](#) is a science curiosity show – Mindy & Guy ask questions and then talk to real scientists in a kid-friendly way to explain things like why onions make us cry and how much space junk is around the Earth.



[TED Talks Kids & Family](#) is a family-friendly version of the popular TED talks series. There's a long archive of really interesting topics in this podcast!



[That Story Show](#) features funny real-life stories that are family-friendly. The shows are all about an hour long, so they're great for long drives.

[Here is a beginner's guide to podcasts](#) if you would like help getting started. Let us know if you have any other podcasts you enjoy!

Assistant Principal Crystal Wells &  
Business Manager Stewart Johnson





## PRIVATE INSTRUMENTAL MUSIC LESSONS

In term one, Private Instrumental Music lessons will be available for drums and guitar only. These are one on one lessons, taken by specialist music teachers and take place during class time. A 30 minute private lesson costs \$25. If you are interested in enrolling your child for either drum or guitar lessons please complete an enrolment form which can be obtained from the school office. Places are filled on a 'first in best dressed' basis.

Unfortunately, we are unable to offer keyboard and vocal lessons at the moment, but I am in the process of recruiting a new teacher and expect lessons to resume in term 2.

If you are interested in keyboard/vocal lessons then complete an enrolment form and I will place your child's name on a waiting list.

If you have any questions/queries about private instrumental lessons then please do not hesitate to see me.

Lisa Scott

Specialist Music Teacher



**Kids Matter**

# READING

# CLUB

**When:** Monday and Thursday  
mornings from 8:15am - 8:45am.

**Where:** In the library.

**What:** This is an opportunity for you to come to a comfortable place to read before school with friends, buddies and teachers.



**Who:** Mrs Herres and Mrs Thomas.

**Why:** To take a chance to practise and enjoy reading in a supportive environment.

We hope to see you there! 😊



Getting to know

# HILLSMEADE

# EXPO

Tuesday 20th  
February

Come along for a fun and informative evening, showcasing our school's vision & values, teaching & learning and community events.



A welcome from our Principal  
Hillsmeade Vision & Values  
Interactive Stalls  
Chat to our friendly staff and Student Leadership Team  
BBQ



5:00pm – 5:30pm  
Viewing classroom door displays  
5:30pm – 6:30pm  
Expo displays in the hall



# Hillsmeade Primary School

## SUMMER CHALLENGES



Completed Summer Challenges have been coming to the office in bucket loads and Mr. Cardamone and I are so excited to see how many students have participated! The Summer Challenge was our first project together and we are delighted with its success!

At Hillsmeade Primary School, our commitment to helping our students grow doesn't end with the school year. Summer Challenges were our way of supporting students and families to strengthen connections with their communities and to continue building healthy reading habits while enjoying the summer break.

If you have completed, and handed in, a Summer Wellbeing or Reading Challenge (or maybe both!) you will be receiving certificates to celebrate your participation in the challenge, at this Friday's assembly.



Ms. Wells reading all about pet care with Phil, the local pet shop cockatiel.



WHY IS READING REGULARLY  
SO IMPORTANT?

## THE BENEFITS OF READING BOOKS

„A book is like a garden carried in the pocket.“  
(Chinese Proverb)

exercises your brain

provides knowledge and information

books are a good topic of conversation

better writing skills

improves concentration and focus

great and free entertainment

develops creativity

enriches the language and vocabulary

correlation  
turtle dove  
decadence  
confused  
procrastinate  
ambivalence  
confabulation  
hermeneutics  
calliance

books are a window to the world

increases your ability to empathize with others

introduces to the unknown fantasy world

books pose questions to stimulate further reflection

good for memory

designed by: gosiarysuje.pl

## The Importance of Community Connectedness for Children

Being involved in a community of family, friends, relations and neighbours is important in the growth and development of your child.

Community gives a child support, a sense of belonging, a strong sense of self and a sense of connection.

Strong community connections help children feel emotionally and physically safe and valued; helps them develop social abilities and have a sense of sharing and caring for each other.

Giving children 'jobs' in the classroom and family can also help build their feelings of connectedness. Mr. C knows he is an important part of his family and enjoys his role as 'table setter'. What tasks do your children carry out in your family?



Mr. Cardamone helping set the table.





# PARENTS BUILDING SOLUTIONS

For parents, step-parents, grandparents & carers of children aged 3-12 years



Join us in an interactive program to share experiences and ideas, and learn strategies to support your child

**ARE YOU TIRED OF YELLING?**  
How to get kids to listen, without having to yell

**DEALING WITH ANGER**  
Helping parents, and kids, deal with anger and frustration

**RESPONDING TO BEHAVIOUR**  
Better understand why children behave the way they do

**STRATEGIES THAT WORK**  
How can parenting be easier and more fun!

**DATES:** Tuesdays from 13<sup>th</sup> February to 20<sup>th</sup> March (6 weeks)

**TIME:** 9.15am – 11.30am

**WHERE:** Rangebank Primary School  
14-36 Lesdon Avenue  
Cranbourne

**COST:** **FREE** – Bookings essential  
Refreshments provided

**BOOKINGS AND ENQUIRIES:**  
Sandra Phillips at ParentZone  
03 5945 2000 or 0447 500 355  
sandra.phillips@anglicarevic.org.au



03 5945 2000  
anglicarevic.org.au

BETTER  
TOMORROWS



# ENGLISH FOR PARENTS

- Learn to speak, read and write English and have fun
- Join in with other parents from the school

**WEDNESDAYS 9.15AM TO 11.15AM**

**Location:** Hillsmeade Primary School Early Learning Centre

\$189.60 per person for the year or \$110 concession fees

For bookings and enquiries

call Clea on 9704 7388



PROUDLY BROUGHT  
TO YOU BY



**Narre Community Learning Centre**  
*Developing community through learning & support*

WWW.NARRECLC.NET.AU

# HILLSMEADE



# RUNNING

# CLUB

**When:** Wednesday and Friday mornings from 8.10 – 8.40am

**Where:** Running Track

**Who:** Mrs Kett and Mrs Pilarinos

**What:** All members of the community are welcome to walk, run or even skip around the running track.

**Why:** This is an opportunity for students to get a head start to the day by moving our bodies and getting the blood flowing to our brains, ready for learning.

Don't forget to wear your runners.

We hope to see you there!



**PLAYERS WANTED**

**GIRLS 12 TO 16**

Come and join our female friendly club

Places are filling fast

Located at Prospect Hill Reserve,

Kurrajong Road, Narre Warren

Come along and register your children with

this young and progressive club

Contact the Club at:

[caseypanthers@hotmail.com](mailto:caseypanthers@hotmail.com)

Or call: 0409 491 969



## POSITIVE PARENTING TELEPHONE SERVICE

### FREE

VICTORIA WIDE SERVICE  
FOR

- Parents
- Grandparents
- Carers

Caring for children aged 2 - 12 years

OUR FREE 6 TO 10  
WEEK PARENTING PROGRAM  
HELPS YOU TO:

- Have stronger more positive relationships with your children
- Set rules and limits
- Manage everyday behaviour problems
- Teach new skills



Participants complete a workbook or online modules which are supported by weekly 30 minute phone calls with a trained parenting educator.

All of this can be done from the comfort of your own home at a time that suits you



Enrol now and make a  
positive start to last a lifetime

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**1800 880 660**

Enrollments are taken all year round

gatewayhealth



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Gateway Health is a not for profit Community Health Service

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[www.gatewayhealth.org.au](http://www.gatewayhealth.org.au)



POSITIVE PARENTING  
TELEPHONE SERVICE  
**1800 880 660**



gatewayhealth



## School Sport Victoria Team Vic Online Registration Process

### 12 Years and Under

Registration to trial for most SSV 12 Years and Under Team Vic teams to compete in School Sport Australia Championships is done through an online process managed by the School Sport Unit.

Historically, the exceptions are Australian Football, Netball, Soccer and Basketball due to the large number of students that start the trial process in these sports. These sports have traditionally started with nominations through their schools to enable attendance at District trials as the first step. If selected they proceed through to the next stage being Division trials. If selected at Division level a student will move through to Region trials except for basketball where a conference trial is held; and finally a State trial for possible selection in a Team Vic team.

After 18 months of consultation and planning with Region Coordinators and Sport Coordinators across the State, SSV has decided to change the process. Two changes have been made;

1. District trials will no longer be held
2. SSV is implementing an online registration process for the four sports mentioned above across the State from 2016. This is being done for the following reasons;
  - It will ensure all 12 Years and Under registrations to trial are done the same way.
  - It will ensure that regardless of where a child is and in what sector, primary or secondary, the process will be fair and equitable.
  - It will reduce the cost of running trials, allowing District Coordinators to redirect their funds to school based sports that increase participation at a local level.
  - It will ensure the trial process attracts only students capable of performing at a high standard and move away from a 'come and try' opportunity.

*The Online Registration process will open on Jan 25 and close on March 16 2016*

Please be aware of the following;

1. On the SSV website it has been made clear that students need to consult with their Sport Teacher at school to ensure they have the skill level to trial and represent their school.
2. It is imperative that teachers will decide on your child's capability of representing their school at a state level trial.

3. This discussion with the school Sport Teacher is necessary as all students MUST get the Sport Teacher / Coordinator and Principal signature on their registration form prior to attending a trial.
4. Registration is a NON-REFUNDABLE \$25 fee. This fee will be for the cost of hosting the trial and subsequent expenses as well as an administration fee.
5. This Registration is a registration for a Division trial. Confirmation to attend a trial will occur after registration.
6. Once registered, you will receive an email confirming payment and a bar-coded ticket through Eventbrite (the supplier of the registration process software) which will require a Sport Teacher's signature and the Principal's signature. This ticket must be handed in to the Division Trial Coordinator on the day.
7. Once registration for Division trials close on March 16 2016, Division Coordinators will email the registered participants and inform them of the time and place of their trial.

Please go to the respective sports - [Australian Football](#), [Basketball](#), [Football \(Soccer\)](#) & [Netball](#) - via the [Team Vic](#) page of the [SSV](#) website for more information on final State dates.

If you require any further information about this process, please contact your school Sports Coordinator / Teacher.

Regards

Jude Maguire  
Chief Executive Officer  
School Sport Victoria





Kelly Sports Berwick, Pakenham, Seaford  
 P.O. Box 2055, Fountain Gate 3805  
 T DARREN 0402 224 116  
 F (03) 8892 6539  
 E [darren@kellysports.com.au](mailto:darren@kellysports.com.au)  
 W [www.kellysports.com.au](http://www.kellysports.com.au)



## HILLSMEADE PRIMARY



### STUNNING SUMMER SPORTS!

**DON'T MISS OUT THIS SPRING!** Spring Sports allows your child to play a range of dynamic and active sports over the 8 week program; these include cricket, tennis, soccer, basketball & crazy games! This multi-sport program will not only provide an essential base for your child's motor skills, but will also help build confidence and co-ordination, all in an enjoyable environment.

*TEAM PLAYER OF THE DAY TROPHY AWARDED EACH SESSION!*

**WHEN:** WEDNESDAY  
**COMMENCING:** 07/02/18 – 28/03/18  
**PERIOD:** 8 Weeks (\$80)  
**TIME:** 3:40pm – 4:40pm  
**YEAR LEVELS:** P – 4



### HIP HOP HEROES!

Over 8 weeks students will have the opportunity to move, groove, spin and bob to the sound of hip hop beats alongside our friendly dance instructor. Our Hip Hop classes are high energy, rhythmic and electric. The dance is based on sharp strong movements and the class helps build rhythm, confidence and social skills in a friendly environment.

**WHEN:** WEDNESDAY  
**COMMENCING:** 07/02/18 – 28/03/18  
**PERIOD:** 8 Weeks (\$80)  
**TIME:** Lunchtime  
**YEAR LEVELS:** P – 6

**COST:** \$10 per week (\$80 based on 8 x \$10 sessions)

**VENUE:** HILLSMEADE PRIMARY

*Please do not leave enrolment form with the school office*

*KELLY SPORTS IS A REGISTERED CHILD CARE PROVIDER*



### ONLINE ENROLMENT

[www.kellysports.com.au](http://www.kellysports.com.au) search 'postcode'

To enrol, please visit [www.kellysports.com.au](http://www.kellysports.com.au) search '3806' or fill out the below enrolment form & send with a cheque or credit card details to: **PO BOX 2055, Fountain Gate VIC 3805**, or scan to: [darren@kellysports.com.au](mailto:darren@kellysports.com.au) or fax to 8892 6539. Internet Direct credit available BSB: 083-214 Acct No: 15-985-2563 Acct Name: Kelly Sports Berwick



# ENROLMENT FORM

SUPER SPRING Sports!  Hip Hop!

School: HILLSMEADE PRIMARY \_\_\_\_\_ Year Level: \_\_\_\_\_

Name: \_\_\_\_\_ Room No: \_\_\_\_\_

Address: \_\_\_\_\_ Post Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile/Work: \_\_\_\_\_

Email: \_\_\_\_\_ Medical Conditions: \_\_\_\_\_

At the completion of after school clinics, does your child?  Go to after care  Get collected

**Parents' consent: I hereby authorise Kelly Sports to act on my behalf should my child require medical attention, and release Kelly Sports Berwick from any liability for injury incurred by my child at Kelly Sports programmes.**

Parent/Caregiver name: \_\_\_\_\_ Signature: \_\_\_\_\_

Amount Paid: \$ \_\_\_\_\_ Internet Transfer:  Credit card payment:  (online surcharge applies) Cheque:  Cash:

Card Number:                 Expiry Date:   /



**Winner: 2013 Cardinia Franchisee of the year!**




**Winner: 2013/15 Casey Home Based Business**


# FROM THE COMMUNITY

## CALISTHENICS

BALLET  
DANCING  
GYMNASTICS  
ACTING  
SINGING  
CONFIDENCE  
COORDINATION

COME AND TRY FOR FREE!  
Contact Sue:  
8790 5600 / 0407 056 801





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**Sport**  
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**Confidence**  
**Self Defence**  
**Discipline**  
**Fun**  
**Friendship**

## Karate Classes

*Free Uniform – Book in early!!*

*Fridays:*

**Hillsmead Primary School**

The Promenade, Narre Warren South

Juniors, 7 to 13 years, 6:30pm to 7:45pm

Teenagers & Adults, 6:30pm to 8:30pm



LION BUSHIDO KARATE ACADEMY

www.lionbushido.com

LBKA Centers:

**Forest Hill – Wantirna – Rowville – Glen Waverley – Mount Waverley**

**Dandenong - Doncaster East**

**Fountain Gate – Narre Warren South – Patterson Lakes**

FREE Trial Class – Phone 9887 4098

If you would like to place an advert in The Link, please contact the friendly Office Team.