

# The Link

Hillsmeade Primary School Newsletter

Issue No 5—Wed 28st FEB

2018 TERM I



# WHO? WHAT? WHEN?



5th MAR District

Swimming Trial

Parent Helper Workshop

9th MAR Hillsmeade

Cross-Country

FREE DRESS DAY

22nd MAR

Curriculum Day - No

Students Required at School

6th MAR

ROBO Gals Gr 3

Footsteps Dance Gr 3 & 4

12th MAI

**Labour Day** 

**Public Holiday** 

23rd MAR

Grade 5/6 Grand Prix

Excursion

7th MAR ROBO Gals - Gr 6

Footsteps Dance - Gr 5/6

Graffiti Incursion - Gr 5

14th MAR Footsteps Dance - Gr 1/2

The Flying Bookworm - Gr 1

15th MAR Responsible pet ownership Prep

**Divisional Swimming Competition** 

29th MAR

Last Day of Term

8th MAR

Prep Picnic 5-6pm on the Oval

Parent Helper Workshop

16th MAR

Survivor Day Gr 5/6

16th April

Beginning of Term 2

**Notices Out:** 

Grand Prix Excursion Form - DUE BACK 15th MAR

School Council Voting Ballot - DUE BACK 5th MAR

Grade 6 Camp Notices - DEPOSIT DUE 21st MAR

District Swimming Trials - DUE BACK 1st MAR

#### Dear Parents / Guardians

Happy Week 5 everyone. We have had another wonderful week at Hillsmeade, with our first ever episode of 'Hillsmeade Happenings' being shared across the whole school on Monday morning.

#### **Hillsmeade Happenings**

What is Hillsmeade Happenings you ask? Well, this is our first ever news sharing video that was prepared and presented by our students for our students. School captains Jack Winestone and Taylor Hounsome were supported by Crystal Wells, John Cardamone and Rush Rajaram to produce a 7 minute clip that was shared across the school. The episode included some students sharing their thoughts about our school value of Integrity. It also included an interview with our local MP Judith Graley, who shared her insights in leadership. Also included was an interview with 6B teacher and Numeracy Learning Specialist Jess Szalek. We look forward to seeing the Hillsmeade Happenings evolve over the course of the year. But, a wonderful first effort.













#### Electives

Last Friday was our first session of electives. It was a beautiful sunny day and there was excitement in the air. Students were actively engaged in electives of their choosing, with students and teachers from other grades. I have heard wonderful feedback from students about their first electives. Please read the below comments from students of their first elective.

Paper Crafts.

My elective is paper crafts. I love making stuff and I was so exited about going there with my best friend Eve. We made a book mark and a pencil holder where you need to make 6 of these Transfer prisin with a dimond in it that's a diffrent colour like green. My elective is the best.

My elective was Mix Media Art. In Mix Media

Art I did spreading paint with my finger and mixing the colours together. We used lots of colours of paint but they were very bright colours. In Mix Media Art you have to use every thing around you and Mix them together to make one piece of beautiful art work. I like art that's why I chose Mix Media Art.

4

Queenie 3B Mix Media Art Elective

Skyler 3B Paper Craft Elective Coding

Coding is my new elective. I love coding

Vecause you can discover new things. So

far in coding we have learnt about sphere

Spherero is a little type of robot that you

can control on an I-pad. In my classroom

coding had the most people! I think

coding is the BEST elective!

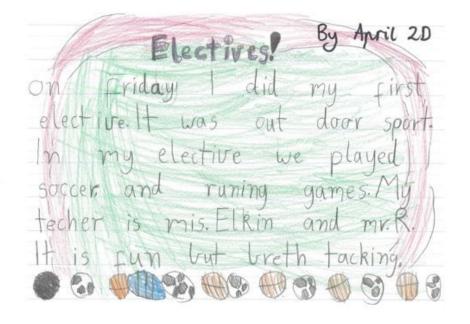
Lara 3B Coding Elective

My elective I was popstar frist when we got there we did some dancing and then we got to make our own popstar groups and then we made a our own popstar groups name is shimmer shine star rock that's our popstar group aname and guess which song we'er percentising?... This is me! Yes that's the song my team's song is, and do you know who's idea was it to make the song? my'n.

Or friday I did book making elective.
My book making teacher was Miss thomas
Miss thomas was my grade one teacher. We
did some fun things. We read a story and
then Miss thomas wrote a page of writing
and we had to draw a pichur that maches
the writing I had fun.

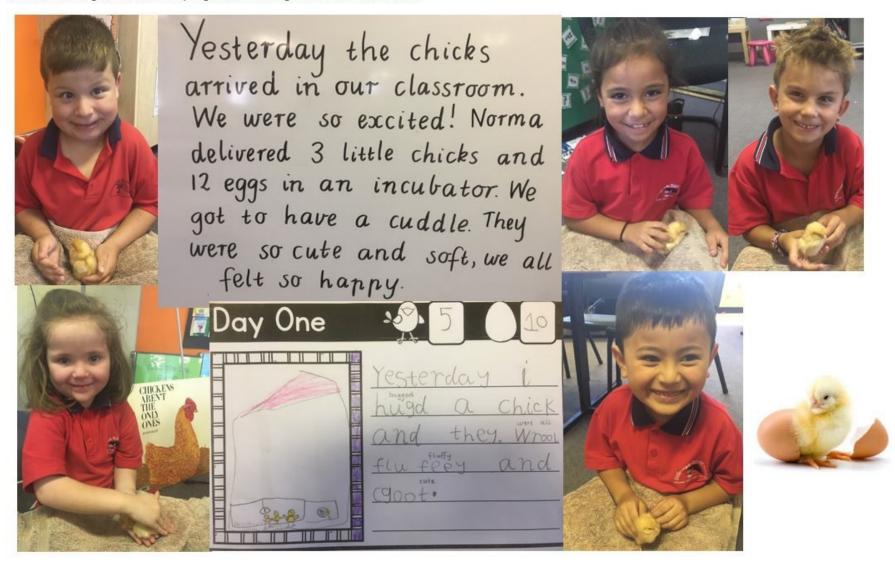
By Danni 2D

Pranaali 3B Pop Star Elective



#### **Grade 1 Hatching Chickens**

Modelled Writing in Year 1A as they begin their Learning Journals about the chicks.



#### **U TRAIN Students**

This year Hillsmeade Primary School is again happy to support learning for all by welcoming U TRAiN students on a Tuesday and a Friday for a year long placement. These students are Secondary aged students who are completing school-based apprenticeships and traineeships. Hillsmeade Primary supports these students by partnering with U TRAiN to ensure a strong pathway for future study.

To find out more about U TRAiN please see;

http://www.utrain.com.au/

#### **School Council Ballot**

A reminder that the school council election ballot is underway and voting will close on Monday the 5<sup>th</sup> of March at 4pm. Ballot sheets were distributed to the eldest student in families on Monday. Votes can be handed in to the office.

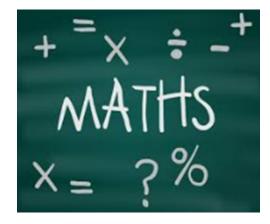
#### **Curriculum Day**

A reminder that this term <u>students are not required</u> <u>to attend on Thursday the 22<sup>nd</sup> of March</u>. This date is a whole school curriculum day which will support teachers to engage in professional learning with leading Numeracy expect George Booker.

George Booker is a Senior Lecturer in Mathematics Education at Griffith University and will be working with our school in leading professional learning around the number strand, providing a conceptual overview to the processes and knowledge that constitute numeration and in turn underpin computation.

Staff will be engaged in practical activities that will focus on the development of concepts and processes and the sequences of development that best produce understanding and proficiency. As well as being important in themselves, these ideas are crucial to building number sense and an ability to solve problems and communicate with and about mathematics.

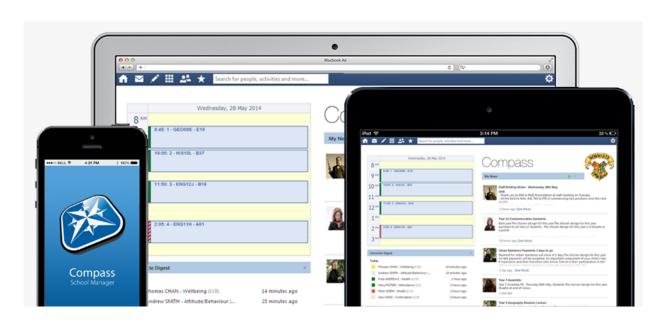
Hillsmeade Primary are looking forward to this wonderful professional learning opportunity.



#### **COMPASS** is coming!

We are very excited to announce that Hillsmeade Primary School will be moving to COMPASS. Compass is a modular, web-based school management platform that will support our schools partnership with parents in the education journey. At the moment staff are learning about the resource and its many features. We look forward to ensuring there is a smooth transition to this platform and will be providing opportunities for parents to be supported in navigating this resource.

A date has not yet been set for the transition, but we will keep families informed as to when this is coming up.



# More, in one.



#### **Working with Alkira Secondary Collgee**

On Monday the 26<sup>th</sup> of February Alkira Secondary College VCAL students were involved in running lessons for our Year 6 students. These well planned, prepared and delivered lessons were on the topic of homelessness. Please see the below student reflection of the event.

The Homelessness Incursion.

My experience at the Homelessness Incurion was a good there were t boys that came. First we did a wordsearch. There were 23 words we had to find but only in 10 minutes. I found 11. Some of the words that I found were lost, Cold and depressed after the word search we were fold to draw a picture about what we thought homeless means. Everyone drew some really nice drawings. They drew people laying on the floor with no food, people begging for money, people with ripped clothes and even rich people abosing homeless people. Then we did a bit of a trivia. There were some questions like how many people do you think are homeless that are leids? Or do you think more males or cemales are homeless. I've was really fun. The last thing we did was answer some questions about how well we think they did. So that was my experience from the homelessness.





Homelessness reflection is by Harleen Khehra (6B)

A reminder that this Friday afternoon is a whole school assembly beginning in the gym at 2:45. There will be some wonderful performances from our Year 3 and Year 6 students. If you are available to attend we would love to see you there.

Have a wonderful week,

Jodie Bray Principal Hillsmeade Primary School

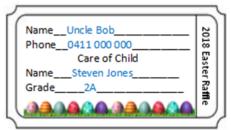




A ticket form is attached and tickets are to be sold for \$1 each.

Tickets need to be returned to school with payment no later than **Friday 23rd March**. An example of how to fill out the tickets is shown:

The raffle will be drawn and results announced at the school assembly on Thursday 29th March.



#### Free Dress Day



Gold coin donation Free Dress Day on the 9th March. Money raised from this free dress day will be used to purchase the raffle prizes.

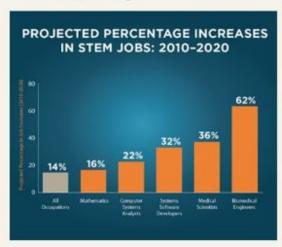


# MRS BHARDWAJ (Science, Technology, Engineering, Art and Mathematics) STEAM

#### Today's question: Why STEAM?

- . STEAM touches every aspect of our lives, from our smartphones to the technologies that enable us to explore the world around us and outer space.
- · It also drives innovation in our fast-changing global economy.
- For Australia to continue to prosper into the future, our students need a strong foundation in STEAM.
- · We want our students to harness the opportunities and meet the challenges of the future.

Statistics to support valuing STEAM education in our schools





\*Engaging children in science before the ages of 11 to 14 is critical to generating long-term interest in the discipline. However, Australian primary school teachers are required to spend only 1.5-2.5 hours on science and technology in the 30 hour school week. (PwC, 2016)

"Year 12 participation in STEM subjects is declining. Over the twenty-year period from 1992 to 2012 there was a fall in participation of 11% for intermediate mathematics, 10% for biology, 5% for chemistry and 7% for physics. (PwC, 2015)

\*The percentage of students that love school reduces from 95% in Kindergarten to 37% in Year 9. (Jenkins, 2012)

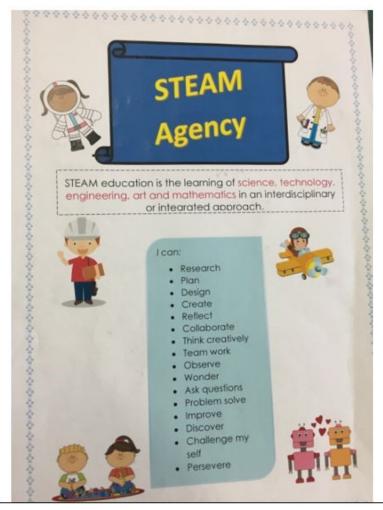
\*44% (5.1 million) of current Australian jobs are at high risk of being affected by computerisation and technology over the next 20 years. (PWC, 2015)

# MRS BHARDWAJ (Science, Technology, Engineering, Art and Mathematics) STEAM



This year Hillsmeade Primary School will continue to motivate and promote Science. We are excited to begin a focus on igniting girls interest in Science through the introduction of a Year 4 initiative the 'STEM GEMS'.

If you would like to know more about this, Please contact Dimple Bhardwaj.



The STEAM Agency that began in 2017 will continue to be a focus at Hillsmeade in 2018. Students from Year 5 / 6 will have the opportunity to be involved in the STEAM Agency during 2 lunchtime sessions a week.

If you would like to know more about this,

Please contact Dimple Bhardwaj, Jess Szalek or

Martine Ziino.



This year, Hillsmeade Primary School will be participating in WORLD MATHS DAY. This is a free online competition that operates through the Mathletics online portal, meaning all activities logged by Hillsmeade students during this 48hr period will contribute to our school's competition total.

Date and time: Friday 6th March at 9pm until Sunday 8th March at 9pm.

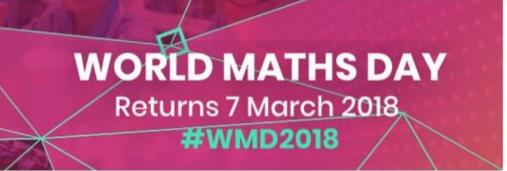
Normal Mathletics tasks and challenges will continue to run during this time, but we will be competing against schools AROUND THE WORLD through the Live Mathletics platform using students' regular log in and passwords.

# What is World Maths Day?

World Maths Day is a free, fun, online competition with up to 4 million students world-wide participating. The competition measures speed in arithmetic and numeracy skills on the Live Mathletics platform and runs for 48 hours and is open to all schools around the world. Students compete online with other students and top scores are displayed on a live 'Hall of Fame'.







# PROFESSIONAL PRACTICE DAYS

As part of the Victorian School Agreement, teachers are supported in developing their professional knowledge and practice through a professional practice day each term.

Our teachers work collaboratively during this time on their planning, professional learning and to enhance their ability to support their learners. At Hillsmeade Primary School, we have organised activities for students on these days that compliment and enrich our curriculum programs.

Students will be engaged in incursions and activities with guest speakers on these days, at no cost to parents.

The dates of the professional practice days and activities provided are detailed below. Students are expected to attend school as normal, and will be supervised by leadership and specialist teachers during their activities.

Tuesday, 6th March		Wednesday, 7th March		Wednesday, 14th March		Thursday, 15th March
Gr 3	Gr 4	Gr 5	Gr 6	Gr 1	Gr 2	Prep
Footsteps Dance	Footsteps	Footsteps	Footsteps	Footsteps	Footsteps	Footsteps
	Dance	Dance	Dance	Dance	Dance	Dance
RoboGals	Specialist Programs	Casey Council Graffiti Guest Speaker	RoboGals	The Flying Bookworm	Specialist Program	Responsible Pet Ownership
Specialist Programs		Specialist Programs	Specialist Programs	Specialist Program		Specialist Program

## MR CARDAMONE

Good afternoon Hillsmeade community,

This week we will look at the different types of breathing that can help us in different situations. This can be a great benefit for your children to know, especially at the primary school age. Controlled breathing can help us reduce stress, self-regulate and assist us in making better decisions under an emotional state. Practicing with your children can have a big impact on their everyday life. Below you will find a few different ways of how to control our breathing. This all can be found at <a href="https://www.threecloudsyoga.com">www.threecloudsyoga.com</a>.

#### Coherent Breathing

If you have the time to learn only one technique, this is the one to try. In coherent breathing, the goal is to breathe at a rate of five breaths per minute, which generally translates into inhaling and exhaling to the count of six. If you have never practiced breathing exercises before, you may have to work up to this practice slowly, starting with inhaling and exhaling to the count of three and working your way up to six.

- 1. Sitting upright or lying down, place your hands on your belly.
- 2. Slowly breathe in, expanding your belly, to the count of five.

3. Pause.

4. Slowly breathe out to the count of six.

5. Work your way up to practicing this pattern for 10 to 20 minutes a day.

#### Energizing HA Breath

When the mid-afternoon slump hits, stand up and do some quick breath work to wake up your mind and body.

- 1. Stand up tall, elbows bent, palms facing up.
- 2. As you inhale, draw your elbows back behind you, palms continuing to face up.
- Then exhale quickly, thrusting your palms forward and turning them downward, while saying "Ha" out loud.

4. Repeat quickly 10 to 15 times.

#### Stress Relief

When your mind is racing or you feel keyed up, try Rock and Roll breathing, which has the added benefit of strengthening your core.

- 1. Sit up straight on the floor or the edge of a chair.
  - 2. Place your hands on your belly.
- 3. As you inhale, lean forward and expand your belly.
- 4. As you exhale, squeeze the breath out and curl forward while leaning backward; exhale until you're completely empty of breath.

5. Repeat 20 times.

If you would like to know more any of these techniques share, please do not hesitate to come and discuss. Have a great week!

John Cardamone
Acting Leading Teacher – Social and Emotional Learning



# $\mathbb{B}$ E $\mathbb{R}$ $\mathbb{K}$ S



The Berwick Show was on Saturday the 24<sup>th</sup> and Sunday 25<sup>th</sup> of February.

Hillsmeade Primary School produced a display to show the community some of the fantastic artwork produced by our talented artists.

I would like to congratulate all the students who had their artwork on display. We received a Merit certificate, in recognition of our valuable contribution to the Berwick Show Art Display and Encouragement award, ribbon.







# SCHOOL PRODUCTION

#### **Production Auditions**

#### **Production Update:**

Last week the Production Team held auditions for students in Grades 5 & 6 who were interested in having a speaking part in 'The Amazing Adventures of SuperStan'. We were thrilled to see so many excited and talented actors at the audtions and are now in the process of allocating students to different roles.

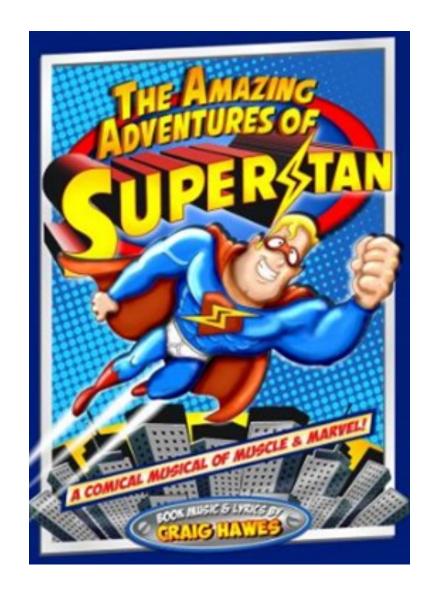
Students will be informed of their parts by
Monday next week. If you have any questions
about the Production then feel free to contact any
of the Production Team - Ms McKelvie, Ms
Catanese, Ms Oates, Mr Cole or myself.

More information to follow...

Lisa Scott

Specialist Music Teacher





# **CANTEEN SPECIALS**

#### Orders to be in NO later than 9:30am.

#### **CLOSED TUESDAYS**

Clearly write Name and Grade with your order on your bag, or envelope.

Alternatively you can view and order everything on our Qkr! App.

Please remember an extra 10c in your order if you DON'T have a brown paper bag.

#### **Canteen Reminders**

All frozen fruit, ice-creams & slushies need to be collected from the canteen at lunch time (they will not be delivered to the classroom).

In our effort to become more environmentally friendly, straws will now only be given out upon request.

#### **Thursday Specials**

Aussie Pie or Sausage Roll & Drink \$4.00

Caesar Wrap, Frozen fruit & Drink \$6.00

\*\* Add Chicken\*\* \$1.00

Chicken Strip Wrap & Drink \$6.00

#### **Monday / Wednesday Specials**

3 Fried or Steamed Dim Sims & Drink \$3.50

Pizza or Pasta And a Drink \$6.00

Chicken or Ham & Salad Roll & Drink \$6.00





# **ENGLISH FOR PARENTS**

- Learn to speak, read and write English and have fun in our new class
  - · Join in with other parents from the school

#### MONDAY 1.00PM TO 3.00PM

Class dates: 16th April to 3rd December Hillsmeade Early Learning Centre

ENROLMENT AND COFFEE DAY

Monday 16th April at 1.00pm





\$144.70 full fee \$97.50 concession For bookings and enquiries call Clea on 9704 7388



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#### **School Crossing Safety**

There are over 60 Primary Schools in the City of Casey, serviced by over 240 school crossing supervisors. Over 35,000 students attend these schools each day, travelling by foot, private vehicles and public transport.

The City of Casey encourages drivers, parents and others responsible for children, to carefully read the information below to minimise the risk of accident or injury at and around school crossings.

#### Why are school crossings important?

Young children do no have a well developed sense of danger. They also do not have well developed peripheral (side) vision or spatial sense. This makes it difficult for them to properly judge the safe time to cross a road. Supervised school crossings were formally introduced in the 1970s to protect children from this risk.

#### Why do we need parking and traffic controls around school crossings?

Crossing supervisors need to have a clear field of vision in all directions around their crossing, so that they can spot approaching children and vehicles as soon as possible

Because children are often very small, cars parked or stopped too close to crossings can completely obscure them from the view of supervisors and drivers. Coupled with children's limited ability to identify danger, this can create a very hazardous situation.

Parents and other people who are dropping off/picking up children also need reasonable access to parking for that

#### What sorts of controls can I expect to find around schools?

A range of restrictions may apply according to the needs of the particular area. The following restrictions may apply at and around your school:

#### No stopping



What does no stopping mean?

No stopping means you cannot stop your vehicle for any purposes, no matter how short the time.





What does no parking mean?

No parking means that the area is a pick up/drop off zone and that you cannot leave your vehicle un-attended and you cannot be parked for more than 2 minutes.

#### **Bus Zone**



What does bus zone mean?

Bus zone means that this area is for buses only. You cannot stop there at all.

#### Disabled Parking



What does disabled parking mean?



Disabled parking means that only vehicles displaying a valid Disabled Person's parking permit may park in these spaces.

#### As a driver what am I required to do around school crossings?

When approaching school crossings, slow down to 40km/h or less, watch for children and remember not to stop too close to the crossing. You MUST stop before the STOP LINE marked on the road once the stop sign is displayed to you

The crossing must be completely vacated of all pedestrians before proceeding, including the supervisor

Also watch for, and obey, the instructions of the School Crossing Supervisor.

Look for parking restriction signs and make sure to obey them or you may be fined

For further details call 9705 5200, log onto www.casev.vic.gov.au or visit one of our customer service centres at Buniil Place Narre Warren, or Centro Cranbourne.

# New to School Banking? Get your child started.

To join this savings adventure with School Banking, your child will need a Youthsaver account. If your child doesn't have an existing Youthsaver account, there are three simple ways to open one.



#### Apply online at commbank.com.au/schoolbanking

Click on the link to open a Youthsaver account.



#### Log on to your CommBank app (if you bank with CommBank)

Head to the menu in the top left corner, select 'Products and offers', then 'Bank accounts' and 'Student and youth accounts', scroll down to Kids and tap 'Open account'



#### Visit any CommBank branch

#### What you'll need

You'll need personal identification for you and your child. You can use a birth certificate, passport, driver licence or citizenship certificate.\* If applying in branch, please bring along your child's birth certificate and/or any applicable Court Order to help us identify you as the parent or legal guardian.

Your child will receive a Dollarmites deposit wallet to use to make their School Banking deposits when you open a Youthsaver account in branch, or in the mail if opened online.

Image you should Know: The sery, will accept one of the following documents as acceptable identification on its own. Please note officered can only be used as identification in branch. Birth certificate of the birth extract issued by an Australian state or berrifice, it is to carrificate issued by a foreign operation. The birth of the Commonwealth, Chizensing over the Commonwea Things you should know: "The Bank will accept one of the following documents as acceptable identification on its own. Please note citizenship certificate can only be used as identification in branch. Birth certificate or

As this addice has been prepared without considering your objectives, financial situation or needs, you should, before acting on this advice, consider its appropriateness to your circumstances. Full terms and conditions for the Youthsaver appount are available at commonwealth Sank's dispute resolution. process can be accessed on 13 2221. Commonwealth Bank of Australia, ABN 48 123 123 124.

#### Twister Power Handball

Released Term 1 2018



Student ID: Student ID:

#### Class

#### **Glow Light**

Sparkle Glitter Pens

Released Term 2 2018

Released Term 2 2018



Secret Scratch Notepad

Released Term 1 2018



#### Mighty Boom Handball Released Term 3 2018

Student ID:

Student ID:

**Heat Reactor Pencils** 

Released Term 3 2018



Slushie Maker Cup

Released Term 4 2018

Student ID:

#### **Zoom Flying Disc** Released Term 4 2018



Student ID:

# Rewards Card. Start saving for the Super Savers rewards.

#### How to redeem a reward item

- in your Dollarmites deposit wallet on School Banking day.

#### Rules of the program



# **Keep saving for a chance to** win a family trip to Hawaii.

This year, School Banking is running a Super Savers Grand Prize competition that will take one lucky School Banker and their

#### The trip includes:

SAVING

- Return economy flights to Honolulu, Hawaii plus airport transfers
- 7 nights accommodation at the Sheraton Waikiki Hotel & Resort staying in a Luxury Ocean Room, with beach views and breakfast included
- AU\$2,000 spending money.

#### How to enter

Simply make 15 or more School Banking deposits before the end of Term 3 2018 to automatically receive an entry into the competition for a chance to win.

Find out more at commbank.com.au/schoolbanking

Things you should know. The 'Super Savars Grand Prize Competition' (Promotion)'s conducted by the Commonwealth Bank of Australia (ABN48123123124) of Level 30. 11 Heritour Street. Sychey NSW 2000. The Promotion starts at Sam AEDT on 22/01/18 and boses at 11.59pm AEST on 28/09/18. Entry is open to Australian residents aped 4—13 years only who have made 15 separate School Banking deposts into their Committen Knuthsever account during the Promotion period. Cligible entrals No feed to the automatically will Aestron 11 the Promotion period. In which will will be automatically after deal to the automatically will be automatically after deal to the automatically will be automatically and for two adults and up to other children lages 17 years and underly including 7 inghts accommodation and AUS2.000 spending money, valued at AUS17666. In max and conditions apply. The draw will take place at 120m AEDT on 10/10/18 at the address above. The wirmer will be notified by the period period period period on 17/10/18. Where the automatical and will be published on in the Committen on 17/10/18. Understand the prize by 5pm AEDT on 15/01/19/01 the will be received with the redrawn. The prize will be available from committen the ACDT 12/19/19/08 and SA permits the 17/19/38 at ACDT terminal the ACDT 12/19/19/08 and SA permits the 17/19/38. Permit No: LTPS/17/18318, ACT Permit No: ACT TP 17/01989 and SA Permit No: T17/1878.

# FROM THE COMMUNITY

Sport
Fitness
Confidence
Self Defence
Discipline
Fun
Friendship

### Karate Classes

Free Uniform - Book in early!!

Fridays:
Hillsmead Primary School
The Promenade, Narre Warren South

Juniors, 7 to 13 years, 6:30pm to 7:45pm Teenagers & Adults, 6:30pm to 8:30pm



#### LION BUSHIDO KARATE ACADEMY

www.lionbushido.com

LBKA Centers:

Forest Hill – Wantirna – Rowville – Glen Waverley – Mount Waverley

Dandenong - Doncaster East

Fountain Gate – Narre Warren South – Patterson Lakes

FREE Trial Class - Phone 9887 4098