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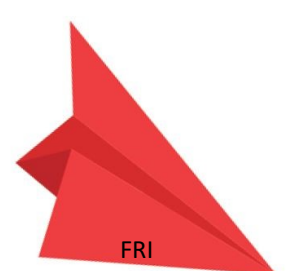
Hillsmeade Primary School Newsletter

Issue No 18—Wed 20th JUNE

TERM 2
2018



WHO? WHAT? WHEN?



MON

TUE

WED

THUR

FRI

18th JUNE	19th JUNE School Council Meeting #4 7:00PM	20th JUNE Year 2 Cultural Infusion Expo 3:00PM Year 6 Family Suitcases Expo 3:00PM	21st JUNE VSSS18 Regional Rehearsal 8:30AM-2:30PM Regional Cross Country 9:00AM-2:00PM Building Resilience Workshop 6:30PM	22nd JUNE Lightning Premiership WEEK 10
25th JUNE	26th June Hillsmeade Athletics Carnival	27th JUNE Yeah 3 Geography and Science Expo 2:30PM	28th JUNE	29th JUNE Last Day of Term 2— School finishes at 2:30PM. Please pickup by 2:45PM

THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE

FROM THE PRINCIPAL



Dear Parents / Guardians,

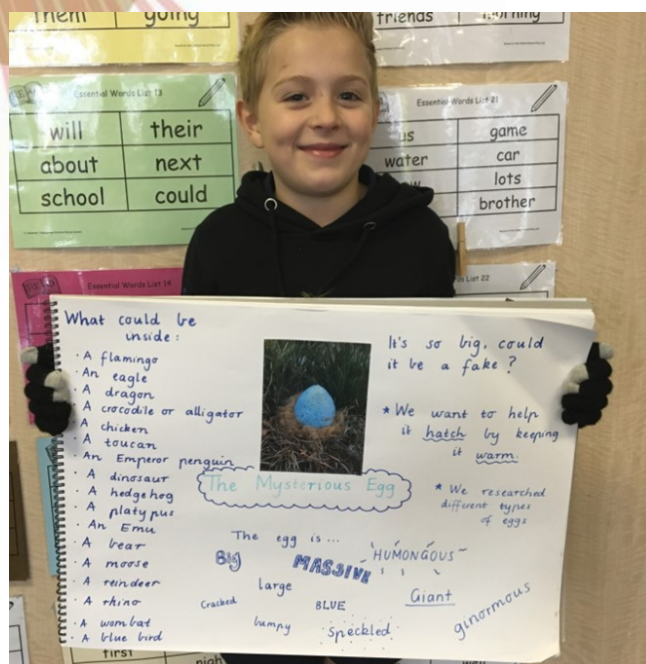
What a wonderful Term 2 we have had at Hillsmeade. It has really flown by. We have had some terrific events this term and look forward to more amazing events in Term 3. With only a week and a half to go we still have some fantastic things taking place at our school.

Friday 22nd June Year 6/6 Lightning Premiership

I wish our Hillsmeade Sports teams the best of luck on Friday. We have representative teams in the sports, football, netball, newcombe, soccer and t-ball.

Tuesday 26th June Year 4 – 6 Athletics Carnival

We are keeping our fingers crossed for a beautiful, sunny day for next Tuesday as the Year 4 – Year 6 students attend Casey Fields for our athletics carnival. Good luck to all students who have entered events. **Parents are welcome to attend from 10-2PM.**



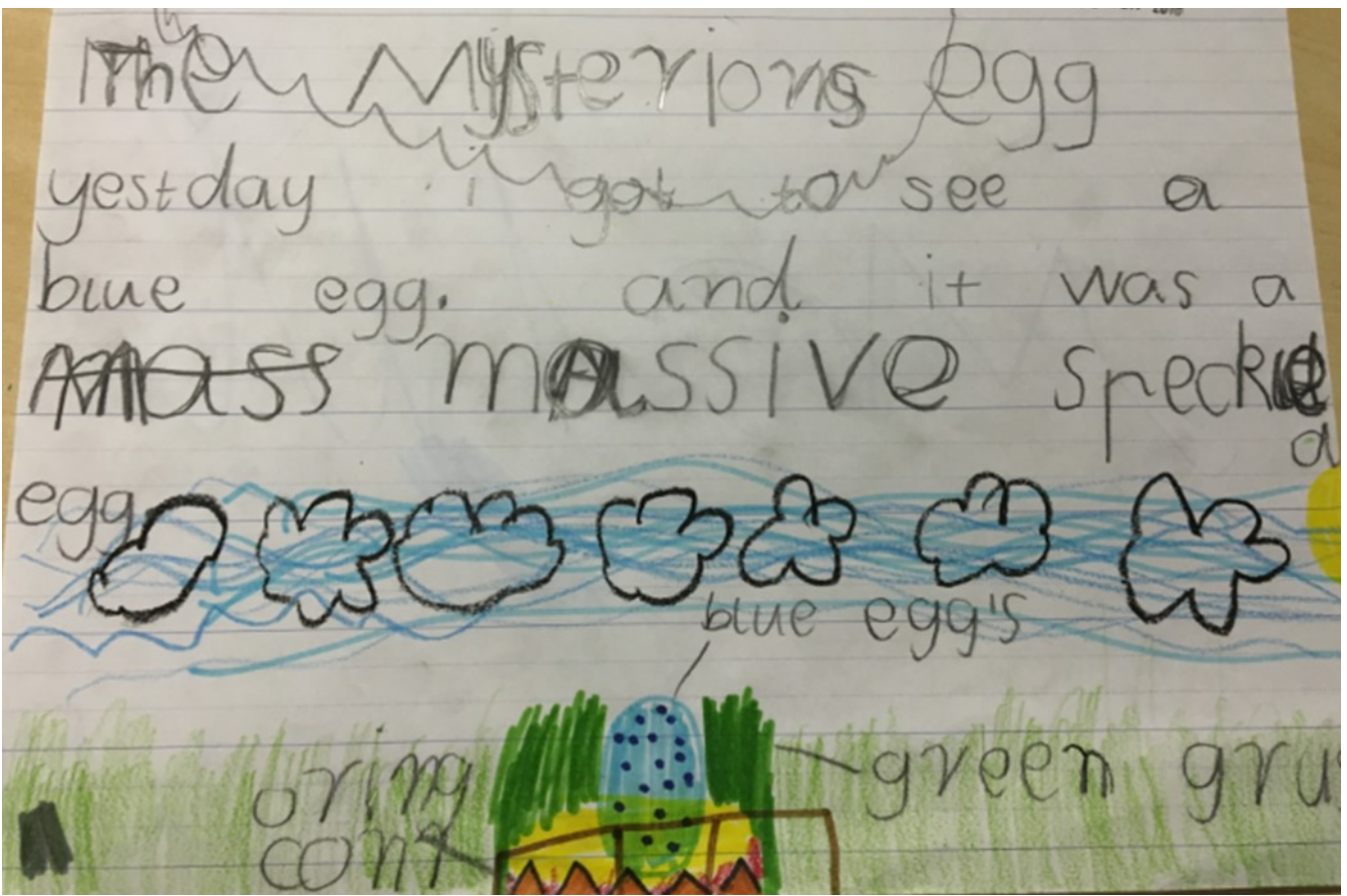
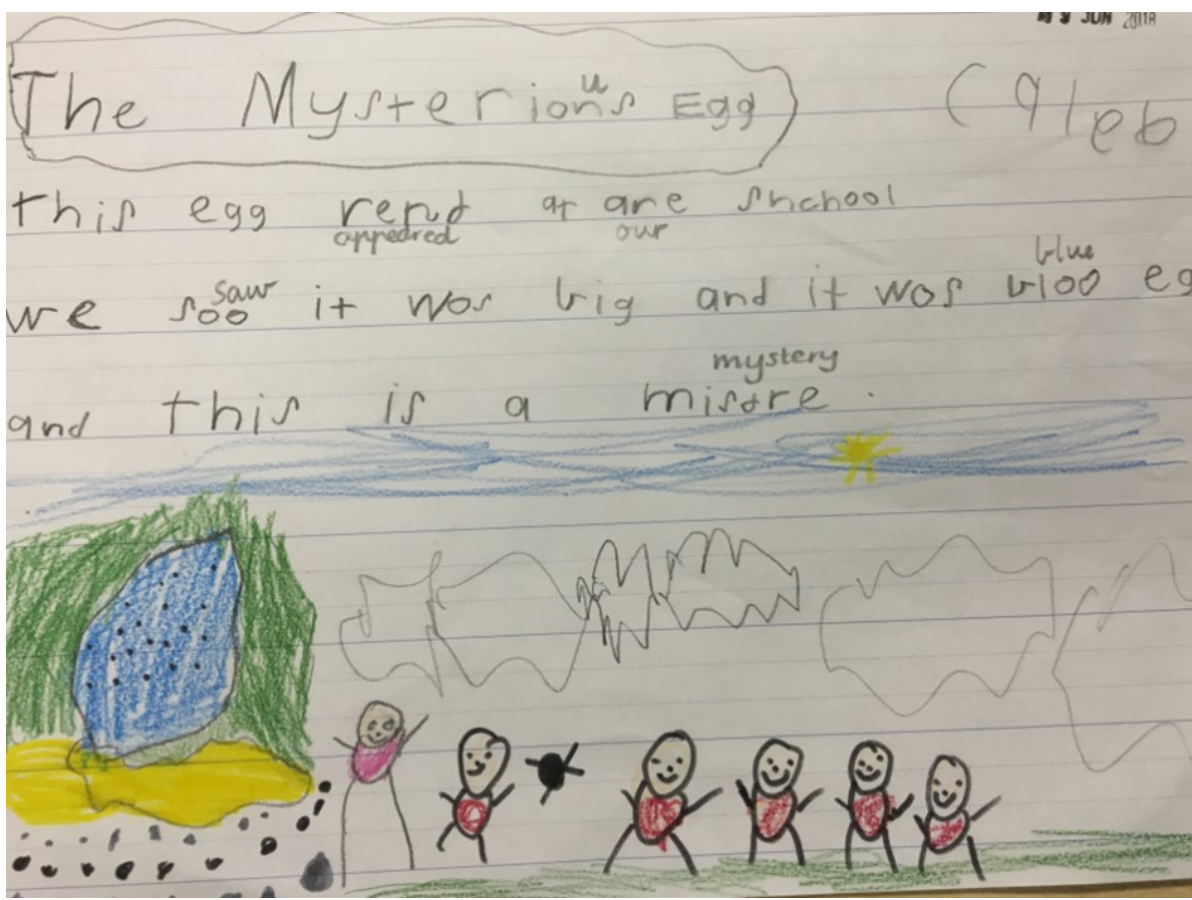
Strange Arrival

On Monday we arrived at school to find a very interesting addition to our front garden. This mysterious egg was a great talking point across the school. Our students were involved in creative writing about the mysterious egg. We look forward to reading their creative pieces.

Please have a look at below wonderings and ideas of Year 1A.



FROM THE PRINCIPAL



FROM THE PRINCIPAL

In Team Triads

Over the next two weeks teams of teachers will be conducting triad observations to view their colleagues practice, model their own practice and provide each other feedback. This is an important opportunity that we use at Hillsmeade to show our students and parent community that we are committed to learning and development as professionals. This is a wonderful connection our students have made to their own learning "getting better at getting better".

Maths Professional Learning for Staff

The staffroom continues to be a great place for staff to engage in professional learning facilitated by our Acting Learning Specialist Numeracy Jess Szalek. Teachers have been engaging in problem solving tasks that can be used across classes. See how you go with some of the tasks:



Number Tiles

Materials: Nine tiles (or ripped up bits of paper) numbered 1 through 9.
Can you arrange the 9 tiles into the frame to form a correct addition.

$$\begin{array}{r} \square \square \square \\ + \square \square \square \\ \hline \square \square \square \end{array}$$

- There are several solutions - try to find at least five
- How many solutions are there altogether?
- How do you know you have found them all?

Steps

Materials: Nine tiles (or ripped up bits of paper) number 1 through 9.
Can you arrange the 9 tiles into the frame so that each of the four straight lines of three has the same total?

- There are several solutions - try to find at least two
- How many solutions are there altogether? • How do you know you have found them all?

Fay's Nines

Materials: Nine tiles (or ripped up bits of paper) number 1 through 9.
Can you arrange the 9 tiles into the frame so that the grand total of the three numbers is 999?

$$\begin{array}{r} \square \square \square \\ + \square \square \square \\ \hline 9 \quad 9 \quad 9 \end{array}$$

- There are several solutions - try to find at least five
- How many solutions are there altogether?
- How do you know you have found them all?

Fay's Nines

Materials: Nine tiles (or ripped up bits of paper) number 1 through 9.
Can you arrange the 9 tiles into the frame so that the grand total of the three numbers is 999?

$$\begin{array}{r} 1 \quad 4 \quad 7 \\ 2 \quad 6 \quad 3 \\ + 5 \quad 8 \quad 9 \\ \hline 9 \quad 9 \quad 9 \end{array}$$

- There are several solutions - try to find at least five
- How many solutions are there altogether?
- How do you know you have found them all?



FROM THE PRINCIPAL

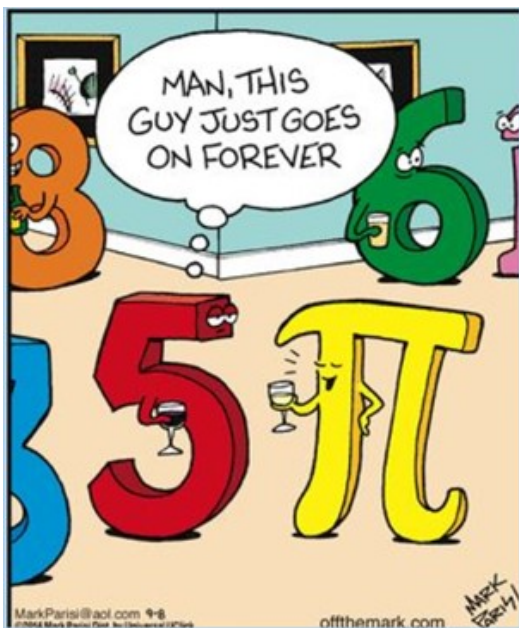
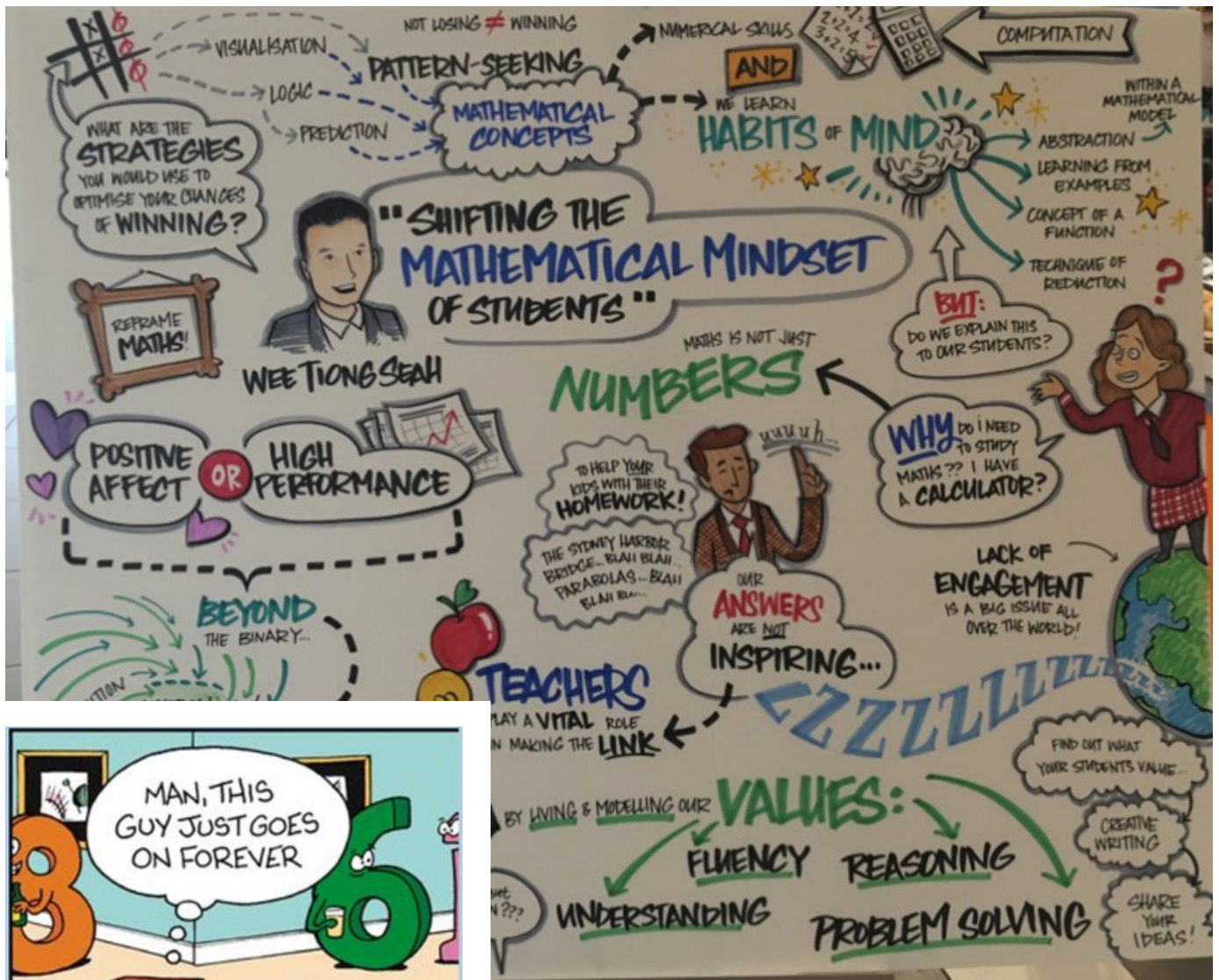
Principal Conference

Last week Sarah Smith and I attended the annual Principals Conference for South East Victoria. We heard from amazing educational speakers on the importance of improvement within schools. It was very exciting to hear the connections we could make as representatives of Hillsmeade Primary School to the research being presented and enacted at our school.

This Friday there will be no Senior Electives due to the Lightning Premiership event. Junior electives will run as normal. Have a wonderful week everyone, keep warm.

Jodie Bray

Principal



Maths Pun – day

Jess Szalek

Acting Learning Specialist Numeracy

FROM MR CARDAMONE

Good afternoon Hillsmeade community,

This term has certainly gone very fast! I hope that everyone has had a great week. A big congratulation to our I RESPECT wristband winners, Jalen Bremner, Anisa Ali, Jack Winestone, Levi Alter, Logan Klat and Ricky Dobson, keep up the good work!!! This Thursday is our



first parent workshop at Hillsmeade, we can't wait to share vital information to our community. If you can't make it and you would like information on what is being presented, please let me know.

This week we will be looking at understanding our children's feelings and validating these emotions. It's important to do our best as adults to consider our young people's feelings, we know that managing our emotions can be difficult for our children. It can be extremely hard and taxing on their mental health. Below is an article from *The Family Peace Foundation*, they speak about how to validate children's emotions and how to manage this. More can be found at <https://familypeace.org.au>.

“validate all emotions, not all behaviours”

The term “meta-emotion” refers to our feelings about feelings. While many of us will never have used this psychological definition in our daily vernacular, we all have feelings and beliefs about emotions, influenced largely from our family-of-origin upbringings. Take a moment to reflect on how emotions were managed in the family home in which you were raised? Perhaps you recall statements such as:

“Please don't be angry, I don't like people being angry with me”

“Jealousy is an ugly emotion”

“Let's just drown our heartache in ice-cream”

“Just get over your worry, other people have much bigger things to worry about than you”

“Stop talking about your frustration, it's only going to make things worse”

“OK, let's just let it go, I can't stand conflict”

While these are commonplace sentiments for many of us, and most are intended as well-meaning statements, they all dismiss uncomfortable emotions, sending the message that anger, sadness, jealousy, grief, worry, frustration, and conflict are not healthy or acceptable ways to feel.

At The Family Peace Foundation, we invite parents and partners to accept all feelings as valid and normal and to appreciate that feelings and emotions are not loaded, personal, right, wrong, good or bad, but that they are simply just feelings. Nothing more, nothing less.

Once we learn to accept and validate feelings expressed by our child (or mate), we are ready for stage two in managing emotions, which is to help our children regulate their own emotions and find ways to help them problem-solve.

Regulating emotions means feeling them and then finding ways to ride the emotional wave of discomfort until it subsides. As parents, we can sit with our children, hug them calmly, take them out for a walk, sit and do quiet activities like colouring in, listen to music, pat the dog, or kick a ball. It's also important to role model emotional validation and regulation to our children when we are feeling overwhelmed, stressed, hurt, or angry.

Of course, feeling angry isn't a get-out-of-jail-free card to punch my brother or sister.

FROM MR CARDAMONE

Therefore, a parent who accepts every child's emotion needs to also follow up with teaching some emotional regulation and problem solving skills that the child can take with them in their tool kit when anger or other painful emotions return (which they will!)

Solving a child's problem may be a tempting quick fix solution but can disempower the child to work things out themselves. Instead, once your child has calmed down, help foster empathy by asking how the other person may be feeling and what they think they can do make the situation better and get the outcome he or she desires. Every expression of emotion is an opportunity to connect with your child and a window to teach appropriate behaviour, boundaries and limitations.

The adage that time heals everything has always had me stumped. It's what we do with the passage of time that creates connection, insight, growth and healing, rather than the passage of time itself. And the best use of that time as emotional coaches to our children and teens is to accept and validate emotions while helping them to develop the coping and problem-solving skills needed to help them thrive across the developmental lifespan."

If you have any questions, please let me know. Thank you.

Jon Cardamone
Acting Leading Teacher in Social
Emotional Learning



FROM THE SCHOOL COMMUNITY

STEAM AGENTS

STEAM Agents are working hard and trying to get ready for their *Sphero Day/Week* so this is the best time to talk about Sphero SPRK+ Robots.



What is a Sphero?

It is a robot ball with several features that can be controlled through mobile apps, including computer programs that the students build.

What are the main features of the Sphero?

They are the perfect platform to help students develop computational thinking skills and the mindsets that are necessary to compete in a global, technology-rich economy. They give teachers an opportunity to engage kids in coding while sharpening their skills in maths and science.



FROM THE SCHOOL COMMUNITY

Rolling: Sphero can roll at a given speed and heading for a given amount of time.

Colours: Sphero can light up in any colour.

Bluetooth: Sphero connects to devices such as iPads, iPhones, and Android phones and tablets through wireless Bluetooth connections. This allows the Sphero to be controlled by a number of apps.

Apps: There are 4 education related apps available to control Sphero. Each of these is available for free from app stores such as iTunes and Google Play. *Sphero* - This is the main Sphero app used for firmware updates and general driving. *Draw and Drive* - Allows you to draw a shape with multiple colours and have Sphero roll in that shape and colour. *Macro Lab*—Creates simple programs. *OrbBasic*—Creates more complex programs using a text-based programming language.



Do we have these robots at Hillsmeade?

Yes, we do! And students are engaging in this resource to develop their skills, creativity, collaboration and communication.

Dimple Bhardwaj

Acting Learning Specialist Science



AT SCHOOL EARLY? CHECK OUT OUR MORNING CLUBS!

Monday/Thursday

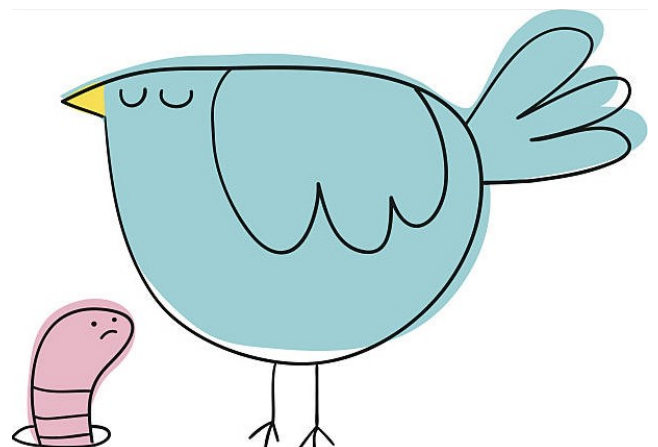
Reading Club—8am in the library with Mrs Thomas and Mrs Herres

Tuesday

Breakfast Club—8am in the library

Friday

Running Club—8.15am on the oval with Mrs Kett and Mrs Pilarinos



FROM THE SCHOOL COMMUNITY



This Term the Grade 2's have been learning about chemical science.

Last week we explored what happens when Mentos is dropped into diet cola. Students learned that the gas released by the Mentos creates an eruption that pushes the liquid out of the bottle.

What did the students have to say?

Ali: "Everyone loved it and I loved it as well".

Abid: "It was crazy".

Jerome: "It was an enormous eruption".

Emilia: "It was extraordinary".

Kemala: "It looked like a volcano".

Gemma: "It was phenomenal".

Zac: "It was awesome".

Brandon: "There was a big eruption".

Diara: "It was fantastic".

Angel: "It was funny because the teachers got coke on them".

Duarte: "Everyone liked how it was good".

Tanner: "It scared me because Miss Elkin screamed and got wet".

Cassandra: "It was funny, it scared me".



Congratulations to our

HILLSMEADE HEROES:

00A Isaac B Daniel A	1A Grace M Caleb E	2A Brandon M Diara S	3A Nethulya K Archer S Cooper T	4A Nelofar K Hannah A	5A Travis P Fiona W	6A Riley S
00B Aysha L Jacob H	1C Lina J Chase D	2B Dilan F Emilia H	3C Logan D Shayla L	4B Alex P Cooper S	5B Kyle S Kiara L	6B Belinda N Steven A
00C Jacob H	1D Parham S	2C Hunter M Maka M		4C Nadia K Eesha T	5C Jai W Eszter S	6C Jamie P Aadir N
00D Ethan A Tankia L	1E Jordan B Sinem O	2D Danni Z Keisha M		4D Tyler M Eesha T	5D Abigail K Rony X	6D Amy W Levi A
00F Anthony R Daetyn Q	1F Deistah-Flayme A Brian P	2E Deegan C Alice-Lily S		4E Bella W Chloe A		6E Caleb E Shelby S
		2F Jaide D				
		2G Jake N Ashlee L				



Ignite your child's passion for **technology, coding, robotics, Virtual Reality (VR)** and many more, with our fun and educational **July School Holiday workshops** in Melbourne!

Date: 2 - 12 July 2018

Time: 9am - 4pm, daily

Ages: 8 - 18

Location: Level 13, 120 Spencer Street, Melbourne VIC 3000

BOOK NOW

Monday 2 July - Become a Digital Artist: Create a variety of 2D digital art using Illustrator: Get your creative hat on with a 2D digital art workshop! Students will design their own character and Pop Art Proof. Digital designs will be printed to take home.

Tuesday 3 July - Create VFX in Film: Create a Visual Effects Film: Lights! Camera! Action! Students will use the Green Screen room to direct and produce their very own short film and learn to create engaging Visual Effects to incorporate into their film clip that they can then show off to friends and family.

Wednesday 4 July - Code your world: Create your own personalised webpage with HTML & CSS - the language of the web. You will also learn how to create CSS animations!

Thursday 5 July - Immersive Robotics: Create, construct, and code! Bring Alpha One, Cozmo and Sphero robots to life by using basic programming with Artificial Intelligence (AI), droids, and sensors.

Monday 9 July - Gamers Unite: Game Design with Tinkercad and Unity: Transform from game player into game creator with Unity workshop! Students will hone their game development skills using Unity - the premier game development platform used by industry - to create a unique character and build a 2D environment for their very own game. Returning students will continue to further refine their existing game.

Tuesday 10 July - 3D Character Creation - Humans or Monsters?: 3D Digital Art & Animation: Get your creative hat on with a 3D digital art & animation workshop! Create your own 3D character or creature and save your objects for 3D printing online. Then, use our assets to create a 3D animation. Students will design their own character using Photoshop & Wacom tablet & pens.

CANTEEN

Orders to be in **NO** later than **9:30am**.

CLOSED TUESDAYS

Clearly write Name and Grade and **whether you have paid via QKR** with your order on your bag or envelope.

Alternatively you can view and order everything on our Qkr! App.

Please remember an extra 10c in your order if you DON'T have a brown paper bag.

Thursday Specials

Aussie Pie or Sausage Roll & Drink \$4.00

Tomato Soup and Toasted Cheese \$4.00

6 Chicken Nuggets, Brownie and Drink \$6.00

Monday/Wednesday Specials

3 Fried or Steamed Dim Sims & Drink \$3.50

Pizza or Pasta and a Drink \$6.00

Tomato Soup, Roll and Brownie \$3.00

Home made soup, Roll and Brownie \$4.00

Tomato and Toasted Cheese Sandwich \$4.00

Hot Roast Chicken Roll, Brownie & Drink \$6.50

Canteen Reminders

All frozen fruit, ice-creams & slushies need to be collected from the canteen at lunch time (they will not be delivered to the classroom).

In our effort to become more environmentally friendly , straws will now only be given out upon request

Hillsmeade Primary School

Semester 1 Reports



As of this semester, student reports will be available via Compass and will not be printed by the school. We are very excited to be sharing student reports using Compass on June 28th.

If you are yet to sign up to Compass, please do so in readiness for reports. If you need help in doing so, please see our friendly staff in the school office.

HILLSMEADE PRIMARY SCHOOL PROUDLY PRESENTS

THE AMAZING ADVENTURES OF SUPERSTAN

FEATURING GRADES 4,5 & 6!

THURSDAY AUGUST 9TH
7 PM

BUNJIL PLACE
NARRE WARREN



TICKET DETAILS TO FOLLOW...

COMMUNITY NOTICEBOARD



Moonlit Sanctuary Keeper Club

Kids enjoy environmental activities, animal encounters and native animal care.

Day includes: interactions with dingo, python, off-limits animals, feeding animals & food prep, animal enrichment activities. Learn about our animals, their conservation and the environment. For ages 7-14 years.

Winter 2018 school holiday dates:

- Week 1: Mon 2nd Tue 3rd Thu 5th Fri 6th July
- Week 2: Mon 9th Tue 10th Thu 12th Fri 13th July
- 10am-4pm

Cost: \$80.00 per day, or \$220 for 3 days (pro rata for additional days).

Maximum 16 children per day.

Bookings essential as spaces are limited

Dress for the weather and wear closed-toe shoes, long pants and remember your hat or raincoat. BYO lunch or purchase at the café.

Moonlit Sanctuary

550 Tyabb-Tooradin Rd, Pearcedale

Phone 5978 7935

Web: www.moonlitsanctuary.com.au

Open daily between 10am and 5pm



PARENTS BUILDING SOLUTIONS

For parents, step-parents, grandparents & carers
of children aged 3 - 12 years



Join us in an interactive program to share experiences and ideas, and learn strategies to support your child

ARE YOU TIRED OF YELLING?

How to get kids to listen, without having to yell

DEALING WITH ANGER

Helping parents, and kids, deal with anger and frustration

RESPONDING TO BEHAVIOUR

Better understand why children behave the way they do

STRATEGIES THAT WORK

How can parenting be easier and more fun!

DATES: Tuesday evenings for 6-weeks
7th August to 11th September

TIME: 6.30pm – 8.45pm

WHERE: TurningPoint Church
Meeting Room
1785 South Gippsland Hwy
(opposite Devon Road)
Cranbourne East

COST: FREE – Bookings Essential
Refreshments provided

BOOKINGS AND ENQUIRIES:

Sandra Phillips at ParentZone
03 5945 2000 or call/text 0447 500 355
sandra.phillips@anglicarevic.org.au



03 5945 2000
anglicarevic.org.au

BETTER
TOMORROWS

COMMUNITY NOTICEBOARD

Lunar Drive In

115 SOUTH GIPPSLAND HWY, DANDENONG. 9706 9988

Disney PIXAR Incredibles 2 JUNE 14 CTC

HOTEL TRANSYLVANIA 3 JUNE 28 CTC

SHOW DOGS JULY 5 PG

ANT-MAN AND THE WASP JULY 5 CTC

MAMMA MIA! HERE WE GO AGAIN JULY 19 CTC

Maya the Bee: THE HONEY GAMES COMING SOON CTC

ALL CARLOADS ONLY \$25* EVERY MONDAY, TUESDAY & WEDNESDAY (per movie)

ALL CARLOADS ONLY \$30 PER MOVIE THURS-SUN

SESSIONS AT WWW.LUNARDRIVEIN.COM.AU
Information correct at time of printing. All dates and films are subject to change.

If you would like to place an advertisement in the newsletter please see the friendly office team.

Your uniform will be available from the 3RD JULY at the **PSW STORE IN OFFICER**



407 Princes Highway, Officer VIC 3809

Phone: 03 9768 0382

REGULAR TRADING HOURS**

Tue to Fri: 9:00am-5:00pm
Sat: 10:00am - 1:00pm

EXTENDED TRADING HOURS**
WED 7 NOV 2018 TO SAT 09 MAR 2019

Mon to Fri: 9:00am - 5:00pm
Sat: 9:00am - 1:00pm

www.psw.com.au Save Time, Shop Online!



***No new lay-bys in January. Lay-bys require a 20% deposit. Lay-bys available in-store only. Extended lay-by for 'Back to School 2019' must be placed between Mon 5th Nov and Fri 21st Dec 2018. Lay-bys must be paid for and picked-up by Sat 26 Jan 2019.
** Store trading hours are subject to change, please refer to www.psw.com.au for all store trading hours, holiday trading and public holiday information, or call the customer service team on (03) 9768 0333.
* School Price Lists are subject to change throughout the year.

