



**Friday the 16th NOV is a
Curriculum Day -
STUDENTS DO NOT
ATTEND**

The Link

Hillsmeade Primary School Newsletter

Issue No 35—WED 14th NOV

TERM 4
2018



THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE

WHO? WHAT? WHEN?

MON	TUE	WED	THUR	FRI
12th NOV	13th NOV Woolworths Discovery Tour (1/A 9:30-11:30AM) (1B 11:00AM-1:00AM) 6C Alkira Science Partnership 11:00AM-1:30PM 2019 Prep Transition Session 11:40AM-12:40PM ART EXPO 4:00PM	14th NOV	15th NOV 1C Woolworths Discovery Tour 9:30AM-11:30AM 1D Woolworths Discovery Tour 11:00AM-1:00PM	16th NOV CURRICULUM DAY *STUDENTS DO NOT ATTEND*
19th NOV	20th NOV Grade 6 Photos Woolworths Discovery tour (1/E 9:30-11:30AM) (1/F 11:00-1:00PM) 6D Alkira Science Partnership 11:00AM-1:30PM 2019 Prep Transition Session 11:40AM-12:40PM	21st NOV 'School of Rock' - Selected Students	22nd NOV T20 Blast School Cup 2018 9:00AM-2:45PM	23rd NOV

SATURDAY 24th NOV - STATE ELECTION - Hillsmeade Primary School is a Polling Centre

UPCOMING EVENTS

[Consent for T20 Blast School Cup](#)
[DUE by MIDNIGHT, THURSDAY 15th](#)
[NOVEMBER](#)



<u>EVENT</u>	<u>CONSENT/PAYMENT DUE</u>	<u>EVENT DATE</u>
Alkira Science Partnership (6/D)	13/11/2018 (CLOSED)	Tuesday, November 20 - 11:00 AM—01:30PM
Alkira Science Partnership (6/E)	20/11/2018	Tuesday, November 27 - 11:00 AM—01:30PM
School of Rock Excursion	12/11/2018 (CLOSED)	Wednesday, November 21 10:00 AM—05:00PM
Gr 3 Woolworths Discovery Tour 3/C	26/10/2018	Tuesday, October 30th 09:45 AM—11:30AM
Gr 1 Woolworths Discovery Tour 1/C&D	08/11/2018 (CLOSED)	Thursday, November 15 Times available on Compass
Gr 1 Woolworths Discovery Tour 1/E&F	20/11/2018	Tuesday, November 20 Times available on Compass
T20 Blast School Cup 2018	15/11/2018	Thursday, November 22nd 09:00 AM - 02:45 PM
Grade 3 Melbourne Zoo Visit	21/11/2018	Wednesday December 5th 09:00AM— 04:00PM

UPCOMING PREP TRANSITION DAY TUES 20TH NOV

[Our transition program has begun!](#) now is the time to collect a 2019 Prep enrolment pack from the front office. Prospective families are welcome to attend our next school tour on Thursday 29th NOVEMBER departing from the front office at 10AM.



FROM THE PRINCIPAL



Dear Parents and Guardians,

Curriculum Day

This Friday 16th November is a Curriculum Day and students are not required at school. Our teachers will be visiting Alkira Secondary College and Tulliallan Primary School. This is a great opportunity to connect with our local network schools to observe teaching practices across a range of learning areas, aligned to each school's Instructional Model. Teachers will also be utilising this day for report writing.

Congratulations



Congratulations to Crystal Wells who was successfully appointed in the substantive Assistant Principal Welfare and Wellbeing position at Hillsmeade Primary School. It is exciting to have Crystal continue in this role as a valued member of the leadership team.

VIT Graduates

A huge congratulations to our graduates who last week participated in the panels for full registration with VIT (Victorian Institute of Teaching). The standard of this year's portfolios was amazing. Our graduates and their mentors should be very pleased with their growth and development this year.

A big thank you to our VIT mentors for supporting their graduates throughout this year. A special thank you to Tabitha Carter for coordinating this year's VIT process at Hillsmeade.

- Amy-Leigh Nettleton (ELC) and mentor Katrina Roberts
- Lauren Slevin and mentor Nowella Ahlgren
- Tessa Parmenter and mentor Sarah Rhimes
- Katrina Smith and mentor Carmen Collins
- Rachel Bampton and mentor Brent Rafferty
- Samantha Mayen and mentor Travis Cole

Prep Transition

On Tuesday 13th November, we held our first 2019 prep transition session. 80 future students attended a classroom experience, getting to know other children and becoming familiar with the school environment, while their parents attended an information session. It was great to welcome new families! Our new students come from a range of kindergartens and this is the beginning of a 5 week program to prepare our students for school at Hillsmeade next year.



Congratulations to Mark Shields for earning the 'Grey Wolf' at Scouts. Only a small percentage of top achievers reach this level!

ART EXPO

Art Expo

On Tuesday 13th November we hosted our amazing annual Art Expo. Families were invited to participate in creative art activities in the main building before visiting the hall for fantastic class displays and the art auction. The talent of our students is outstanding! Well done to our teachers for working with their classes to create magnificent canvas artworks for auction. The successful bidders will be notified by phone and presented with their artworks at assembly. A huge thank you and congratulations to Alison Elliott for coordinating this wonderful community event and showcasing the art!



FROM MR CARDAMONE

Good afternoon Hillsmeade community,

I hope the week has been treating you well. A big congratulations to Levi C, Olivia M and Ben G for receiving an 'I RESPECT' wristband, keep up the good work!

This week I would like to share some information on building positive values in our children. We know how important this is every day for our children to understand. Yes, it takes lots of time and it's a journey, a very important one at that. There are many ways we can do this and how this looks from family to family will be different. Please find below a list of things we can do from Andrew Fuller **to build positive values in our children.**

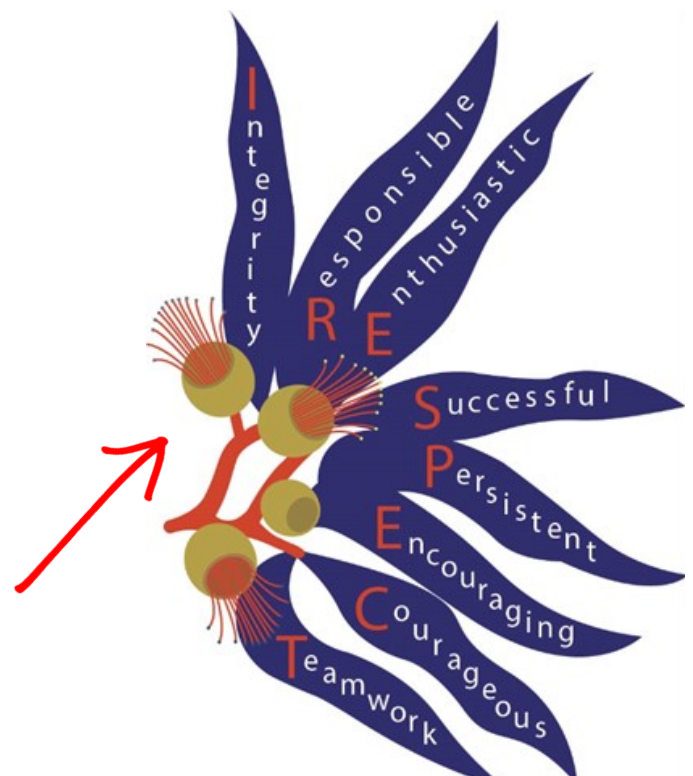
"How parents can build positive values in their children:

- Be involved in community clubs and organisations thereby modelling that it is important to make a contribution
- Talk to your children about people who have made a difference to your life and how life would have been different if that person hadn't been involved
- Demonstrating positive values such as love, trust, honesty and forgiveness, integrity and compassion
- Ask your children to talk about people they look up to or admire and their heroes famous or not
- Look at the values of those they admire and discuss how those values may shape what they do and are
- Discuss your families core beliefs: the importance of helping others, reducing poverty and hunger, increasing justice and equity in the world, standing up for what you believe in, telling the truth, forgiving yourself and others when you make a mistake, taking responsibility for what you do

- Explain the importance of integrity - being able to live by clear personal values
- Talk about restraint - being able to say 'no' to negative peer pressure
- Give your children the opportunity to talk about what they believe is important and fair in the world
- Talk about your family values and discuss what would happen if there were no positive values, if everyone just looked out for himself or herself
- Give your children a sense of their own personal power to create positive change in the world by asking them to intervene to help students who are lonely, bullied or marginalised at school
- Encourage your child to give someone they meet a genuine compliment"

You can find out more at <http://www.resilientyouth.org.au> If you would like to talk about this further please do not hesitate to come in for a chat. Thank you.

John Cardamone
Leading Teacher in Social and Emotional Learning



STEAM SNAPSHOTS

Creative Thinking

Creative Thinking helps us in every aspect of our lives. Individuals who simply follow what others ask them to do without questioning or without exploring possibilities and options, will rarely go far in life.

The ability to think creatively helps young people to better manage themselves and their relationships with others.

What does a creative thinker look like?

Children are naturally creative. They ask hundreds of questions, and are naturally very open to new ideas. They are open to experimentation and have a high degree of perseverance. They enjoy coming up with creative solutions, and pushing the boundaries beyond the usual.

To encourage creative thinking among 6-16 year olds, we need to encourage them to look at problems from multiple perspectives and to use a trial and error approach to problem-solving.

We also need to help them to have the confidence to take risks, to try out new ideas, and to experience failure, as it is only through such an inquiry-based process of trial and error that they will truly learn to think creatively.

In this way, encouraging young people to discover things for themselves, rather than spoon-feeding them with knowledge, is a much more effective way to develop creative thinking.

Dimple Bhardwaj – STEAM Learning Specialist



I Am A Creative Thinker

- I can imagine new ideas.
- I question things that we often take for granted.
- I am not afraid to try out alternative ideas or do new things. I will work outside of my comfort zone and see things through.
- I can think of innovative and exciting ways to improve my work.
- I can make connections and links between ideas.

FROM THE COMMUNITY



Can you help??

We are seeking parent volunteers to help with the upcoming Christmas concert. We are needing volunteers for first aid, jumping castle supervision, face painting, sausage sizzle, bake sale & ticket sales. Each time slot is for 1 hour between 6-7pm & 7-8pm. Please contact the office on 97046313 if you would like to volunteer your time.

Thank you for your support

READING TIPS FROM THE LITERACY LAB

Reading is about so much more than being able to read and decode the words that are on a page. Understanding what we read is just as important as the reading itself. Understanding a book does not only mean that students can answer a question about what happened in a book. They also need to dig deeper and understand why things happened, what events occurred, why the author wrote the book, what we can learn from the book, etc. Using some of the questions below when reading with your child can help develop their understanding of a text.

Before Reading

- What do you think the book will be about? Why?
- Where do you think the book will take place?
- What do you think you will learn about in this book? (nonfiction books)

During Reading

- What has happened so far?
- What do you think will happen next? Why?
- What have you learned about so far? (nonfiction)



After Reading

- Can you remember the title of the book?
- In your own words tell me what happened in the beginning, the middle, and at the end of the book?
- Why did the author use diagrams? Picture captions? (nonfiction)

Congratulations to our
HILLSMEADE HEROES:

00A Isaac B	1A Josh B Soha Q	2A Owen D Farhan A	3A All of 3A!	4A Michaela C Bilal A	5A Moqadisa A Mark A	6C Indianna H Melanie H Lina N Suwinee P
00B Riley M Angus S	1B Samraat P Milani C	2B Emilia H Lucas S	3B Darcy M Skyler S	4B Julianna R Philip I	5B Hope T Aleisha C Keira H Porshah M	6D Jordan C Jack H Jasmine K Richie T Nisa Q
00C Lexus H Danish M	1C Caitlin S Emily B	2D April M Moalik A	3E Lachlan K Nadja G	4C Parwane T Navid R	5C Isabel E Jordan H	6E Mindara K Jalen B
00D Connor B Sam B	1D Mason C Parwana M	2G Nafiza E Feda H Hamed N		4D Ammar A Mia J Chevyann S	5D Rayan E Madison D	
00E Paige D Banafsha R	1E Ana I Soman Q			4E Noriah J Ayva L		
00F Isaac M Caitlyn G						

CANTEEN

Orders to be in **NO** later than 9:30am.

CLOSED TUESDAYS

Clearly write Name and Grade and **whether you have paid via QKR** with your order on your bag or envelope.

Alternatively you can view and order everything on our Qkr! App.

Please remember an extra 10c in your order if you DON'T have a brown paper bag.

In our effort to become more environmentally friendly , straws will now only be given out upon request

Thursday Specials

Aussie Pie or Sausage Roll & Drink \$4.00

Ceaser Wrap, Frozen Fruit & Drink \$6.50

****Add Chicken**** \$1.50

Monday/Wednesday Specials

3 Fried or Steamed Dim Sims & Drink \$3.50

Pizza or Pasta and a Drink \$6.00

Chicken Strip Wrap & Drink \$6.50

Canteen Reminders

All frozen fruit, ice-creams & slushies need to be collected from the canteen at lunch time (they will not be delivered to the classroom).

Notice



DECLARATION OF THE FIRE DANGER PERIOD

The Fire Danger Period will commence at 1am on 19 November 2018 for Cardinia, City of Casey, Frankston, Dandenong, Kingston (CFA Area), Mornington Peninsula Shire, Bass Coast Shire and French Island

CFA declares the Fire Danger Period at the onset of warmer weather when fires in the open air are legally restricted.

This is to help prevent fires from starting as dry vegetation and hot weather increase the incidence of fires accidentally starting and spreading.

Certain restrictions on the lighting of fires are in force during the Fire Danger Period. The CFA website provides information on

what people can and can't do during the declared Fire Danger Period and days of Total Fire Ban.

Residents who suspect illegal burning off during the declared fire danger period should report it to the Police on Triple Zero.

The penalties for lighting fires illegally during the Fire Danger Period and on Total Fire Ban Days include large fines and possible imprisonment.

USEFUL INFORMATION

Vic Emergency Hotline
1800 226 226

Vic Emergency App
Download free from
cfa.vic.gov.au

CFA website
cfa.vic.gov.au

Can I or Can't I?
cfa.vic.gov.au/warnings-restrictions/can

cfa.vic.gov.au

FROM THE COMMUNITY

**BULK BILLING****Our Services:**

- > Family Services
- > Women's Health
- > Child and Adolescent Health
- > Men's Health
- > Skin and Mole Checks
- > Mental Health
- > Chronic Disease Management
- > Travel Health
- > Aged and Elderly Health
- > Vaccinations and Immunisations
- > Onsite Pathology
- > Longer consultation available upon request
- > Minor Procedures
- > Employment Medicals and Work Cover
- > Onsite X-Ray

Clinic Hours:

Monday to Friday: 9:00am – 7:00pm
Saturday: 9:00am – 1:00pm

For **ALL** Emergencies call 000

For care outside normal hours, call 137 425
Home Visits not available

O'Shea Medical Centre
2-6 Skyline Way
Bervick, 3806
Telephone: (03) 8786 9192
Facsimile: (03) 8786 7810
Email: manager@osheamedical.com.au
Website: www.osheamedical.com.au

Results:

All patients are to book appointments to discuss results with their Doctor. Results will **NOT** be given over the phone.

Repeat Prescriptions:

Appointments must be booked.

Privacy Statement:

O'Shea Medical Centre strictly abides by the Privacy Policy. All consultations and medical records are maintained with strict confidentiality. This information is only released with your expressed written consent or where it is required by law.

Please don't hesitate to contact us at the clinic for any queries relating to your health records.

Feedbacks:

Suggestion Box found at reception

Complaints:

Health Complaints Commissioner
26th Floor
570 Bourke Street
Melbourne, Victoria
Phone: 1300 582 113
<https://hcc.vic.gov.au>

We Bulk Bill ALL current Medicare Card holders.

Fees apply to patients without a Medicare card.

Out of pocket expenses may incur when patients are referred outside the practice for specialist services or investigations, please check when making your appointment.

Our Team**Manager:**

Angie de Groot

Male Doctors:

Dr Goweid Goweid
Dr Anwar Nan

Female Doctors:

Dr Suzette Meshrek

Specialist:

Danielle Harrison – Diabetes Educator
Gorica Boskovski – Psychologist
Isaac Fraig – Physiotherapist
Mary Bermejo – Dietitian
Dentist coming soon

Nurses:

Angie de Groot
Zoe Adams

Receptionist:

Vickie Karagiannis
Michelle Taylor

Sausage Sizzle
Volunteers needed

Hillsmeade primary school is seeking volunteers to assist with the election day BBQ on Saturday the 24th November from 8am – 6pm. If you are able to donate some of your time to assist with the BBQ please contact the Hillsmeade office on 9704 6313.

**State Election
Your vote will help
shape Victoria**

**Attention School Bankers**

Anyone wishing to redeem their tokens this year must submit their tokens and orders by the end of November in order for guaranteed delivery this year. The last school banking day for 2018 will be Tuesday 11th December.

Thanks, Jill and Nat
(School Banking Coordinators)



If you would like to place an advertisement in the newsletter please see the friendly office team.