



The Link

Hillsmeade Primary School Newsletter

Issue No 36—WED 21st NOV

TERM 4
2018



THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE

WHO? WHAT? WHEN?

MON	TUE	WED	THUR	FRI
19th NOV	20th NOV Grade 6 Photos Woolworths Discovery tour (1/E 9:30-11:30AM) (1/F 11:00-1:00PM) 6D Alkira Science Partnership 11:00AM-1:30PM 2019 Prep Transition Session 11:40AM-12:40PM	21st NOV 'School of Rock' - Selected Students	22nd NOV T20 Blast School Cup 2018 9:00AM-2:45PM	23rd NOV
26th NOV	27th NOV 6E Alkira Science Partnership 11:00AM -1:30PM	28th NOV	29th NOV School Tour—Prospective Families 10:00AM	30th NOV <u>MAD DAY</u>

SATURDAY 24th NOV - STATE ELECTION - Hillsmeade Primary School is a Polling Centre

UPCOMING EVENTS

[Consent for MELB ZOO due midnight
Wednesday 21/11/18](#)



EVENT

CONSENT/PAYMENT DUE

EVENT DATE

Alkira Science Partnership (6/E)

20/11/2018

Tuesday, November 27 - 11:00 AM—01:30PM

(CLOSED)

T20 Blast School Cup 2018

15/11/2018

Thursday, November 22nd 09:00 AM - 02:45 PM

(CLOSED)

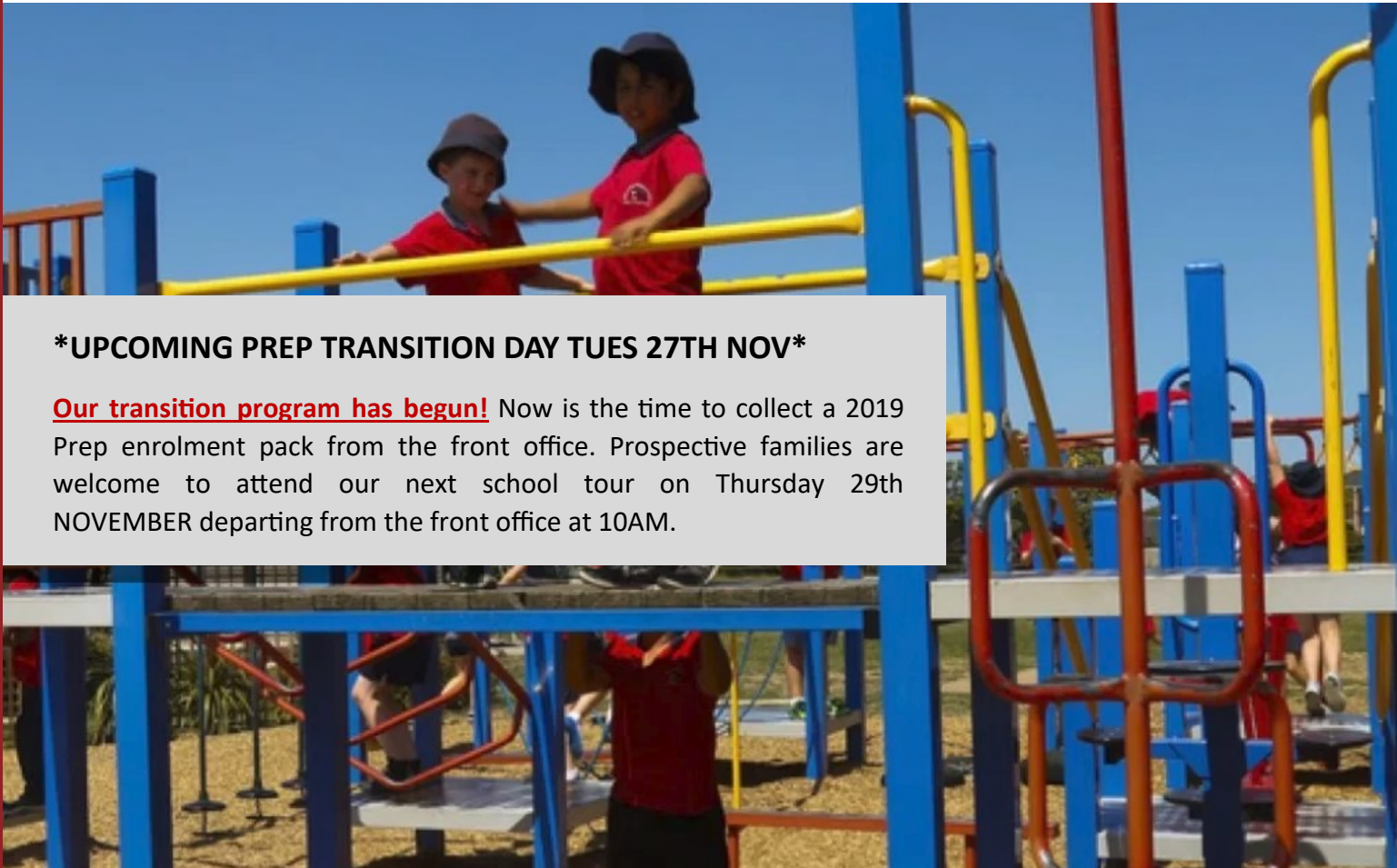
Grade 3 Melbourne Zoo Visit

21/11/2018

Wednesday December 5th 09:00AM— 04:00PM

UPCOMING PREP TRANSITION DAY TUES 27TH NOV

Our transition program has begun! Now is the time to collect a 2019 Prep enrolment pack from the front office. Prospective families are welcome to attend our next school tour on Thursday 29th NOVEMBER departing from the front office at 10AM.



FROM THE PRINCIPAL

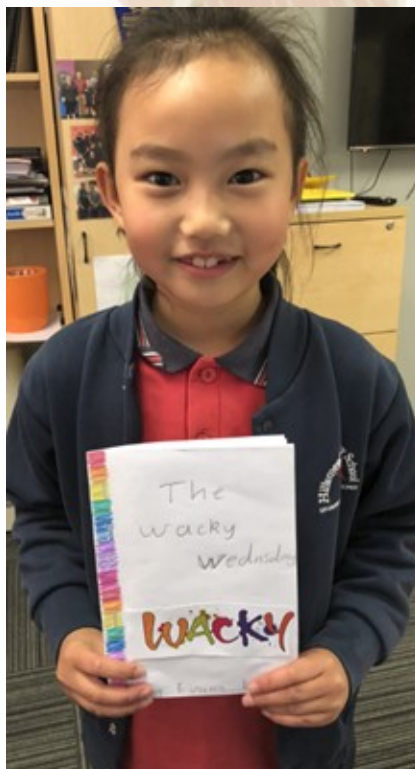


Dear Parents / Guardians and Carers,

Wishing everyone a very happy Week 7. It is hard to believe how quickly the year is going by. It will be December before we know it, and yet, we still have some wonderful things happening across the school.

Events to look forward to;

Prep Transition sessions
 Annual MAD DAY
 Mandarin Night
 Junior Cross Country
 T20 Blast Cricket Cup
 Christmas Concert
 Year 2 Camp
 Year 3 Zoo Excursion
 2019 Step Up Day
 Year 6 Graduation
 Year 5 Little Day Out
 Year 6 Big Day Out
 Final Assembly



Great work

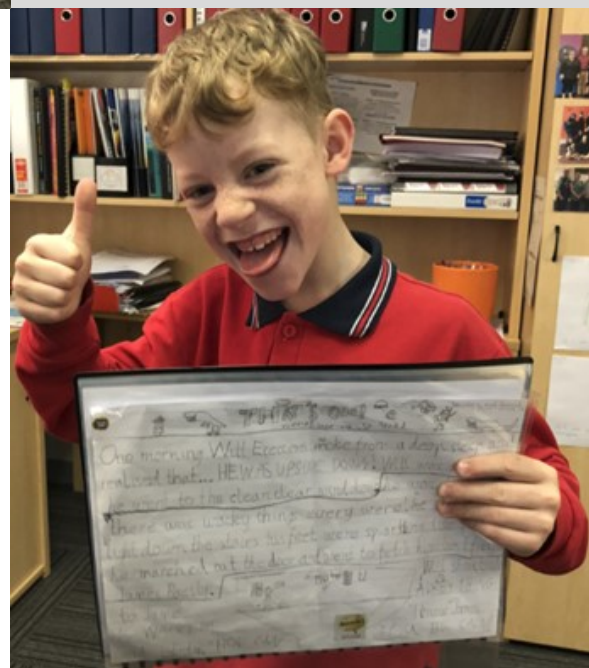
Today I had two very excited authors come and visit me to share their amazing writing pieces that are a part of their Writer's Gift. Year 2B students Evana and Oliver could explain their writing pieces, how they developed over time, how they conferenced and conversed with their peers and teacher to make decisions about word choices to allow their readers a mental picture of what was going on throughout their stories. It was wonderful to hear their excitement as they spoke about their work and to see how proud they were of themselves. Great work!

ELC and OSHC

I would like to take this opportunity to say a big thank you and well done to the hard working staff at the Hillsmeade Early Learning Centre and the Hillsmeade Out of School Hours Care program, led by Shiona Watson who this week participated in the 4 year assessment and rating evaluation process. The team worked collaboratively to showcase the wonderful work taking place at both venues and we are excited to await the official rating.

Voting at Hillsmeade Primary School

A reminder that Hillsmeade Primary School is a voting venue this Saturday the 24th of November. The school will be running a fundraising BBQ and would love to see as many Hillsmeade Primary School community members attend to assist or to purchase a sausage.



FROM THE PRINCIPAL

Alkira Partnership

Hillsmeade Primary School is continuing to work in collaboration with our local, neighbour, main feeder Secondary College Alkira, to improve teaching practice and strengthen the connection and transition with our students. This week we have had teachers from Alkira Secondary College observe, participate and collaborate in a Year 6 Maths Task. It was exciting to hear the ways in which our students confidently shared about what they are learning and why. Our students also shared their learning goals, the ways in which they provide their teachers evidence of understanding and the ways they are developing a growth mindset in taking on challenging tasks.

A big thank you to the Year 6 Team, in particular PLT Leader Toni Barker and Numeracy Learning Specialist Jess Szalek for coordinating this great professional learning opportunity for both schools. We look forward to continuing to work in partnership with Alkira to reflect and improve practice.



Not Switching Off Early

With the end of the year fast approaching, now is the time to remind ourselves and our children that there is still learning to engage in. There is still plenty of time to work hard, grow more and partner with their peers and teachers in important learning. Of course we will be celebrating success, achievements and growth from over the course of the year, but our expectations at Hillsmeade will continue to be high over the remaining weeks.

Professional Practice Days

This week we have had some wonderful incursions at Hillsmeade to support teachers during the professional practice days. A big thank you to Crystal Wells for coordinating these wonderful events for our students.



FROM MR CARDAMONE

Good afternoon Hillsmeade Community,

I hope the week has been well so far. We are week 7, only 4 weeks to go!

This week I wanted to talk about a very important topic, asking for help. As adults we may think this is easy at times, but for our children this can be very difficult. 65% of children don't ask for help and the main reason is because they are not sure how.

It's good to reflect on how you ask for help and how you model this to your children if the opportunity

**IT IS
OK TO ASK
FOR HELP**

arises. It's also good to talk about this with your children and what asking

for help looks like. For example, asking your children, do they have trusted adults at school, home and the community they could speak to if they had a problem, how would they 'ask for help?'

"Be strong enough to stand alone smart enough to know when you need help , and brave enough to ask for it."

Some children struggle to talk and chat about their problems so we need to give them other avenues such as:

- Writing about it
- Drawing it
- Talking to your children during play time or activity
- Typing it

There are also external agencies such as kid's helpline and headspace, they both have phone numbers and an online chat that children can use. For more information, please visit their websites. They also have a wealth of information on children's mental health and tips sheets to help families <https://kidshelpline.com.au> <https://headspace.org.au/>

Creating a space at home where the expectations that family can share their own individual challenges and families can share different strategies to help solve the issue.

It's vital that we model as adults that it's healthy to ask for help and what the benefits are when we do. If you would like any information on this, please do not hesitate to contact me.

John Cardamone

Leading Teacher in Social and Emotional Learning

SCHOOL OF ROCK



FROM THE COMMUNITY

Hillsmeade *Christmas* Concert & Bake Sale
 Friday the 14th
 December 5-8pm

Can you help??

We are seeking parent volunteers to help with the upcoming Christmas concert. We are needing volunteers for first aid, jumping castle supervision, face painting, sausage sizzle, bake sale & ticket sales. Each time slot is for 1 hour between 6-7pm & 7-8pm. Please contact the office on 97046313 if you would like to volunteer your time.

Thank you for your support

Our amphitheatre is taking shape!



FROM MS TOOBA

والدين عزيز ،

امتحانات شاگردان توسط معلمين، فعلاً در جريان است . تیم پروگرام "EAL" , از پیشرفت و موفقیت شاگردان راضي و خرسند هستند. به امید موفقیت و پیشرفت بیشتر همه شاگردان .

ممنون تان،

خاتم انجیلا کوپر و خانم طوبا آرام

THEY'RE CALLING YOU!

In Term 4 the Stem Gems are focusing on the connection with gorillas and mobile phones. Coltan is needed for making mobile phones, but what is coltan?

Coltan is only found underground but mostly found in the gorillas habitat. In order to get the coltan you have to chop down trees in the process of making mobiles. So slowly gorilla's habitat will be nowhere to be found. With their habitat being gone... all the gorillas will be put at risk. Gorillas will have to find a new habitat but in the process of finding a new habitat some gorillas could die. So we are proudly collecting iPhones, iPads and tablets. We are asking you to donate them to the office in the box.

Thank you,

Stem Gems



^{Mahdiyah 9C}
THEY ARE CALLING YOU
Hillsmeade is participating in a fighting extinction program with the Melbourne Zoo called they are calling you!
How Do they Need Our Help?
When Companies, like Apple make electronics they sometimes run out of Coltan (which is a very important part in the device) so they have to mine for it in South African where it can only be found. It's also known as the home of the gorillas'.
But before they can start mining, they have to clear the land that they're going to mine in, which means they're going to cut down the gorillas' habitat!
Gorillas are very important to our planet and now they're endangered, they're going to be extinct soon, so we have to do something to stop them from going to extinction.
If you want to help, please go to the front office and there will be a white box, if you have an old mobile phone please drop it in there!
You could save a life if you did!

The stem gems are helping gorillas by getting OLD phones and giving them to the Melbourne Zoo. So if you have any OLD phones please go to the front office and there should be a box. The gorillas die because when humans need need coltan for phones they have to chop down trees to get under ground where the coltan is. As they cut the trees it ruins the gorillas habitat. Again, if you have any OLD iPads, tablets or phones could you kindly put them in a box at the front office.



FROM MS SZALEK

NUMERACY TIPS TO HELP YOUR CHILD

DOING MATHS TOGETHER AT HOME *(from birth to Year 2)*

Developing numeracy skills early gives children an important foundation for their learning and development. It helps prepare them for daily life, including general problem solving and handling money.

Talking about maths

It is important for children to develop specific language skills related to maths. Visits to the playground, or helping at home, provide rich and meaningful contexts to develop these skills. It might take time for your child to use these terms and language effectively, but exposure to this mathematical talk is a strong support for future learning.

Some activities to develop mathematical language:

- Use specific terms when asking for items. For example, ask your child to get the 'one litre' milk bottle from the fridge, or the 'one kilo' bag of flour from the cupboard.
- When cooking, talk about different measurements used, such as teaspoons, millilitres, litres, and cups. Discuss ideas about empty and full.
- As you walk, talk and play together describe your child's movements as they climb 'over' the fence, slide 'between' the poles, and swing 'under' the monkey bars. This helps your child understand language related to spatial awareness.

Sorting activities support your child to understand concepts such as 'same' and 'different'. Use recycling as an opportunity to sort items to place in the rubbish. For example, paper, plastic, food waste and general waste.

EXPLORING NUMERACY WITH YOUR CHILD *(from Years 3-6)*

Family participation in learning is one of the most accurate predictors of a child's success in school and beyond.

There are many activities you can do at home to help explore maths with your child. When participating in these activities, avoid associating them with speed. Expecting your child to work quickly on maths can cause maths anxiety. Try to focus on the process and not the outcome.

Exploring sports

Sports provide a good opportunity to engage your child in maths, particularly if they are a keen sportsperson.

Here are some questions to ask your child when watching or playing their favourite sport:

- How does your favourite sport tally the score? What maths is presented on the tally?
- How do other sports tally the score – for example, tennis, golf, cricket, netball, football?
- What maths do you use to find the total of the scores?
- Who is at the top of the ladder? How is this determined?
- Are there other ways to record the score?
- How long do your favourite sport games go for in minutes and seconds? How is the time in the game divided? Into halves, quarters or something else?
- What are the shapes of different playing fields and courts? Talk about edges and angles.
- How can you estimate the perimeter and area of a playing field?
- How many cars could be parked on the MCG field? How could we work this out?

Mandarin Night

Hillsmeade Primary School

TUESDAY 4TH DEC 4:30PM - 5:30PM



4:30-5 pm (Main Building) - You are all invited to the amazing cultural activities including: kite flying, Chinese opera mask making, lantern, fan making, and Chinese traditional clothes booth (\$1.00 per film to take home).

5-5:30 pm - Students will showcase their Mandarin learning in the hall.

Enjoy the fun time with everyone!

CANTEEN

Orders to be in **NO** later than 9:30am.

CLOSED TUESDAYS

Clearly write Name and Grade and **whether you have paid via QKR** with your order on your bag or envelope.

Alternatively you can view and order everything on our Qkr! App.

Please remember an extra 10c in your order if you DON'T have a brown paper bag.

In our effort to become more environmentally friendly , straws will now only be given out upon request

PLEASE NOTE THE LAST DAY FOR LUNCH

ORDERS WILL BE:

FRIDAY THE 14th DECEMBER

Thursday Specials

Aussie Pie or Sausage Roll & Drink \$4.00

Ceaser Wrap, Frozen Fruit & Drink \$6.50

****Add Chicken**** \$1.50

Monday/Wednesday Specials

3 Fried or Steamed Dim Sims & Drink \$3.50

Pizza or Pasta and a Drink \$6.50

Chicken Strip Wrap & Drink \$6.50

Canteen Reminders

All frozen fruit, ice-creams & slushies need to be collected from the canteen at lunch time (they will not be delivered to the classroom).

READING TIPS FROM THE LITERACY LAB

As a follow on from last week's tips and questions, here are some more questions you can ask your child when reading with them each day. These questions help to ensure your child is building their comprehension skills.

Before Reading

- **What do you think the problem will be in the story?**
- **Do you think the problem will be solved?**
- **What genre is the book? How do you know? (fiction, non-fiction fantasy, fairytale, mystery, informational, biography, autobiography, poetry, etc.)**

During Reading

- **Who are the characters in the story?**
- **Do you like the main character? Why or why not?**
- **Do you see any features of nonfiction in this book? (table of contents, index, glossary, bold print, section titles, photographs, diagrams, captions) Show me where they are.**

After Reading

- **Was the problem solved? How?**
- **What was your favourite part of the story? Why?**
- **What did you learn from the book? (nonfiction)**

GROWING CAMBODIA INC
TEN PIN BOWLING FUNDRAISER

WHERE: Phillip Island Tenpin Bowling Centre
91-97 Settlement Road, Cowes
WHEN: Sunday 2 December 2018
TIME: 3.30 - 6.30 pm
COST: \$15 per person
INCLUDES: 1 X Game of Bowling
1 X Game of Laser Zone
Use of Pool & Table Tennis Tables



\$10 PER PERSON WILL BE DONATED TO GROWING CAMBODIA

**KITCHEN AND BAR WILL BE OPEN
RAFFLES, ACTIVITIES & LOTS OF FUN**

**Round up a group of friends and have a great day out and help raise funds for a worthy cause.
For further information please contact**

Steve Davie : 0409 167 001

Nola Brooks: 0417 112 486

If you are unable to attend and would like to make a donation and/or you are interested in volunteering please visit our website

www.growingcambodia.org.au



Also follow us on facebook & Instagram

www.facebook.com/growingcambodia

[@growingcambodia](https://www.instagram.com/growingcambodia)



CONGRATULATIONS!

To Ms Janelle Struth on the arrival of baby Lincoln

BERWICK SPRINGS FOOTBALL NETBALL CLUB

BSFNC Welcomes All Ages To Join Our Fantastic Club.

Players Wanted For Indoor Netball Games At Casey Stadium

Monday Evenings & Wednesday Evenings & Saturday Mornings

Age Groups Are-
U9's, U11's, U13's, U15's, U17's, Seniors

For More Information, Please Contact
Melissah -
president@berwickspringsnetballclub.com.au
Emily -
secretary@berwickspringsnetballclub.com.au

FROM THE COMMUNITY



BULK BILLING

Our Services:

- > Family Services
- > Women's Health
- > Child and Adolescent Health
- > Men's Health
- > Skin and Mole Checks
- > Mental Health
- > Chronic Disease Management
- > Travel Health
- > Aged and Elderly Health
- > Vaccinations and Immunisations
- > Onsite Pathology
- > Longer consultation available upon request
- > Minor Procedures
- > Employment Medicals and Work Cover
- > Onsite X-Ray

Clinic Hours:

Monday to Friday: 9:00am – 7:00pm
Saturday: 9:00am – 1:00pm

For **ALL** Emergencies call 000

For care outside normal hours, call 137 425
Home Visits not available

O'Shea Medical Centre
2-6 Skyline Way
Bervick, 3806
Telephone: (03) 8786 9192
Facsimile: (03) 8786 7810
Email: manager@osheamedical.com.au
Website: www.osheamedical.com.au

Results:

All patients are to book appointments to discuss results with their Doctor. Results will **NOT** be given over the phone.

Repeat Prescriptions:

Appointments must be booked.

Privacy Statement:

O'Shea Medical Centre strictly abides by the Privacy Policy. All consultations and medical records are maintained with strict confidentiality. This information is only released with your expressed written consent or where it is required by law.

Please don't hesitate to contact us at the clinic for any queries relating to your health records.

Feedbacks:

Suggestion Box found at reception

Complaints:

Health Complaints Commissioner
26th Floor
570 Bourke Street
Melbourne, Victoria
Phone: 1300 582 113
<https://hcc.vic.gov.au>

We Bulk Bill ALL current Medicare Card holders.

Fees apply to patients without a Medicare card.

Out of pocket expenses may incur when patients are referred outside the practice for specialist services or investigations, please check when making your appointment.

Our Team

Manager:

Angie de Groot

Male Doctors:

Dr Goweid Goweid
Dr Anwar Nan

Female Doctors:

Dr Suzette Meshreky

Specialist:

Danielle Harrison – Diabetes Educator
Gorica Boskovski – Psychologist
Isaac Fraig – Physiotherapist
Mary Bermejo – Dietitian
Dentist coming soon

Nurses:

Angie de Groot
Zoe Adams

Receptionist:

Vickie Karagiannis
Michelle Taylor

Attention School Bankers

Anyone wishing to redeem their tokens this year must submit their tokens and orders by the end of November in order for guaranteed delivery this year. The last school banking day for 2018 will be Tuesday 11th December. Also please note that tokens can be carried forward to next year and new redemption items will be available in 2019. Any students who are leaving the school this year can continue to do school banking in 2019 if they have a sibling at Hillsmeade, simply get your sibling to submit your bankbook for you. Likewise, any children joining the ELC next year can open a school banking account and have their bank book submitted via a sibling at Hillsmeade.

Thanks, Jill and Nat
(School Banking Coordinators)



Sausage Sizzle
Volunteers needed

Hillsmeade primary school is seeking volunteers to assist with the election day BBQ on Saturday the 24th November from 8am – 6pm. If you are able to donate some of your time to assist with the BBQ please contact the Hillsmeade office on 9704 6313.

State Election
Your vote will help shape Victoria



If you would like to place an advertisement in the newsletter please see the friendly office team.