

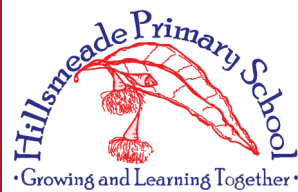


The Link

Hillsmeade Primary School Newsletter

Issue No 7—WED 20th MAR

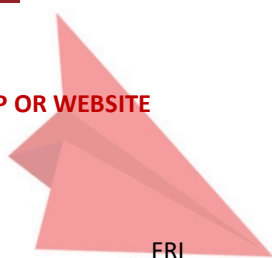
TERM I
2019



THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE

WHO? WHAT? WHEN?

MON	TUES	WED	THUR	FRI
18th MAR Young Leaders Conference (Selected Students) Grade 1 Chicken Hatching	19th MAR Cultural Infusion Incursion Prep, Gr1 & Gr2	20th MAR Cultural Infusion Incursion Gr 5 & 6 Prep Responsible Pet Incursion 9:30-12:30	21st MAR Cultural Infusion Gr 3 & 4	22nd MAR Survivor Day Gr 5/6 Assembly in the Gym 2:45PM Families Welcome Book Club #2 Orders Close
25th MAR	26th MAR	27th MAR Regional Swimming Carnival	28th MAR	30th MAR Friday Electives



FROM THE PRINCIPAL

Dear Parents / Guardians

Happy Week 8 everyone. I hope that everyone has had a fantastic week. We have had a busy few weeks at Hillsmeade Primary School with many exciting things happening in various year levels across the school.



School Council

Last week we had our first School Council Meeting for 2019. It is very exciting to announce that our 2019 School Council is:

Brooke Gniel (President)

Megan Shields (Vice President)

Kelly Suhr (Treasurer)

Inez Crowe

Kristy Panayiotou

Natalie Hale

Victoria Bartuccio

Stewart Johnson

Crystal Wells

Danielle McKelvie

A reminder that this week we will be having a whole school assembly in the gym at 2:45pm. If you are available to attend we would love to see you there.



NAPLAN

2019 NAPLAN

A reminder for Year 3 and Year 5 families that the annual NAPLAN assessments will be:

**THE AMPHITHEATRE
IS COMING SOON...**

Individual students are not permitted to sit the paper tests after Friday 17 May 2019.

Year	Tuesday 14 May	Wednesday 15 May	Thursday 16 May
Year 3	Language conventions: 45 minutes Writing: 40 minutes	Reading: 45 minutes	Numeracy: 45 minutes
Year 5	Language conventions: 45 minutes Writing: 40 minutes	Reading: 50 minutes	Numeracy: 50 minutes

FROM THE PRINCIPAL

Grand Prix

On Friday the 15th of March 220 year 5 and year 6 students ventured off to the Grand Prix. It was a beautiful day, the sun was shining, the students were amazing and the experiences on offer were great.



Grand Prix 'Dare to be Different'

Eight girls from Grade 5 and 6 participated in an event called 'Dare to be Different'. It is where we got to participate in different activities, the activities we got to do were, Lego, where we got to build a car, but for it to work we had to use the app and then we had to follow the coding. Another activity was the simulator, we got to go on it! Everyone was soooo excited. We had to wear virtual reality glasses, we rode on the track which was super cool! After that we did a tire changing activity where we had to work as team to complete the challenge. We all got to wear a real live racing uniform! Later on we worked in groups to complete an obstacle course. One of Hillsmeade's teams 'MEK' came in first place. To finish the day we all got to go down to the live pits and meet Shane Van Gisbergen and Jamie Whincup, which was really special. We also got to see how they were doing different things to make sure nothing goes wrong. We all had an amazing day!



Grand Prix

In an orderly fashion, we marched through Gate Two in to the entrance of the Grand Prix. We first walked through narrow pathways to a flat, green area to eat recess. After, we continued walking to the showrooms of cars, technology, shirts and more. We went into a long building to look at new inventions of technology.

The building had many sections of virtual reality games and information stations about virtual reality. It was interesting to see how the mechanics worked for each machine. After we got out of the building, we continued to stroll into an open building with army forces inside. This place consisted of drone flying in virtual reality, how hard you hit a ball with a tennis racquet, making things that blow air and a target practising area where you make rockets out of paper and launch them from a machine. The thing I found interesting was trying each machine to see how each one works and learning about how much hard work it took to create the machines. Next we walked around trying to find a perfect place for lunch. We found flat green space and had lunch.

Next, we tried to find an opening to watch some of the formula one cars race but since there was a big crowd we couldn't watch properly. We trudged back to Gate Two and walked a while to get to the bus. We entered it and we came back to Hillsmeade.

Keshav 6/D

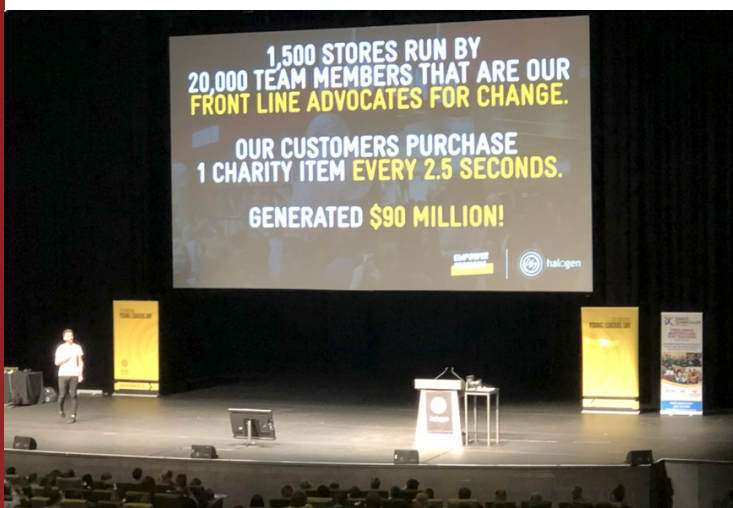
FROM THE PRINCIPAL - National Young Leaders Day

Young Leaders Conference 2019—Student Reflection

On the 18th of March, all of the 2019 student leadership team went to the National Young Leaders Day at the Melbourne Convention Centre. All of the students got to listen to some truly inspiring speakers. The first speaker was Cal Wilson, a comedian, TV personality and an author. She taught us to always say “yes” to new opportunities. The second speaker was Tim Diamond, he started the Cotton On Foundation. Tim’s story was very moving and taught us to just go out and do it. Then it was time for snack, and we all had a chance to do some super fun activities. We then listened to Liesel Jones, an Olympic swimmer. We all heard a captivating story about how we can all aim high. The last speaker of the day was Holly Ferling, a woman cricketer. We learnt that failure happens, but you can’t give up! Everyone has taken notes throughout the day and we all can’t wait to bring out new leadership ideas to Hillsmeade!

We would like to thank Mrs Scott, Mr Cole and Mrs Bray for taking us to this amazing event!

Keely 6/C



FROM THE COMMUNITY

Term 1 Parent – Teacher Interviews

Hillsmeade Primary School teachers are looking forward to meeting with parents and carers during Parent-Teacher Interview to be held from 3:40pm-5:45pm on Monday April 1st, Tuesday April 2nd and Wednesday April 3rd.

Bookings will be made via Compass and will open for families to book as of next Monday.

If you have any difficulty with booking, or require an interpreter, please contact your child's teacher, the friendly office staff or myself.

Please note that our specialist teachers will also be available for interviews and would love to meet with families.



Kind Regards,

Crystal Wells

Assistant Principal – Wellbeing

Attention Year 4 and 5 students!

We are looking for students who love to write, communicate and work in a team, to put together a variety of different writing pieces for the *Hillsmeade Newspaper*.

In this role, you will have the opportunity to extend your literacy skills as well as thinking of ideas, gathering information, writing creatively, editing and publishing.

We will need to meet on a weekly basis to plan and put together a monthly publication of the newspaper. We are looking for students who demonstrate the I RESPECT Values, are dedicated and have a growth mindset.

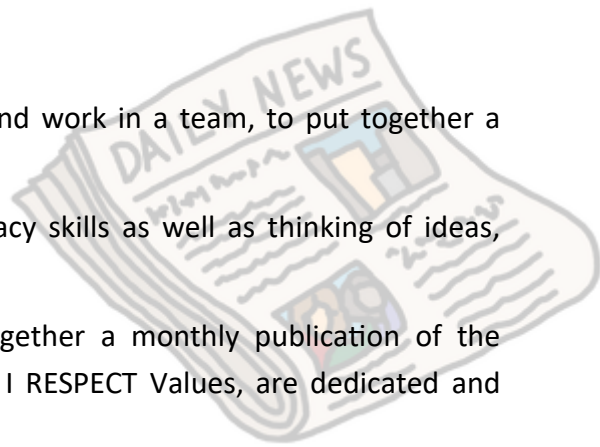
Expressions of Interest

You will need to write an expression of interest addressed to Mrs Thomas and Mrs Herres. This can be in any format/genre that you choose. Remember, you need to persuade us as to why we need YOU on this team! This will be your chance to showcase your creativity (for example, comic strip, recipe, song lyrics, poetry, news report and so on). A newspaper consists of many elements such as illustrations, diagrams, headlines and photos. How can you show these skills in your expression of interest?

Expressions of interest are due at the end of Week 9 – Friday 29th March. Please submit these to your class teachers who will forward them on to us.

Looking forward to hearing from interested students,

Mrs Herres and Mrs Thomas



SPORTS UPDATE - MR CHAZBECK

Hillsmeade PS Cross Country 2019

On Friday the 8th of March all of grades 4, 5 and 6 took part in a 2km cross country race around the perimeter of the school. This event was to experience a long distance race and also to find representatives to run in the district trial of cross country on May the 9th at the Sydney Pargeter reserve in Endeavour Hills.

It was a perfect day for running a distance event and the students arrived well prepared for the event. Congratulations to everyone involved. Places from 1st to 12th have been included in the district team. Please see a P.E. teacher if you have any queries about inclusions in this team.

Particular congratulations to the first three placegetters in each age group.

BOYS 12/13 1st Jalen F, 2nd Homayun A and 3rd Homayoon M.

GIRLS 12/13 , 1st Charlotte K, 2nd Bejiek L and 3rd Rayan E.



Divisional Swimming

Hillsmeade sports update, on Wednesday 13th March 5 students proudly represented the school and the Narre Warren District in the Regional Swimming Finals.

Scott R won his Freestyle and Butterfly events and will move onto the Regional Finals that will be held at MSAC on the 27 March.

The Girls also performed amazingly well finishing 2nd in their Open Age Medley Relay. Charlotte K swam the Backstroke leg, Darcey M swam the Butterfly leg, Shae Lewis swam the Breaststroke leg and Tenielle B came home strong in the Freestyle leg.

Amazing effort by all students they did themselves and the school proud.



FROM MR CARDAMONE

Good afternoon Hillsmeade community,

Happy week 8! As you know we had the National Day of Action Against Bullying last week. All classes had the opportunity to discuss the impact that this can have on students and their families. It is so important that we all do our bit to continue to have this discussion at home and at school. All students received a "No Bully" wristband to acknowledge this important topic.

Don't forget to register your interest for our first parent forum. Please see the adjacent brochure further information.

As stated last week in the Link, I will be making lots of references and direct links from the BeYou website (<https://beyou.edu.au/>). Below the topic is "building children's confidence and resilience".

But when they see how they do things compared to others, their view of their own abilities often changes. They learn that they're good at some things and not so good at others. They also see how other children and educators respond to what they do. These things influence children's confidence in their abilities. They also influence how willing they are to have a go in situations where they feel unsure.

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Your response

The way adults respond to children as they explore their place in the world is their template for solving many challenging and difficult problems later on. For young children, it helps strengthen their sense of self when significant adults nurture their natural curiosity and demonstrate patience and interest. In primary school years, children who are suddenly less sure of themselves may need extra support and encouragement to build a functional sense of confidence they can take with them into adolescence.

Confidence and resilience

Confidence provides children with the skills needed to cope with life's ups and downs.

These include:



Hillsmeade Primary School is excited to announce our next parent workshop, 'Setting up for Success', presented by **John Cardamone** (*Leading teacher in Social and Emotional Learning*) and **Crystal Wells** (*Assistant Principal Wellbeing*)

What: This workshop will explore the importance of routines and expectations and share strategies to support children during tough times.

When: 4th of April 6:30pm – 7:30pm (seated by 6:20pm)

Where: Hillsmeade Primary School staffroom

Why: At Hillsmeade, we value the partnership between school and home and we believe if we can continue to work together this will only benefit your children. Our education state targets are:

'Learning for life'

'Happy, healthy and resilient kids'

'Breaking the link'

'Pride and confidence in our schools'

Please register your name (and anyone else joining you) with the front office via phone or email.

RSVP: March 29th

Through these workshops, we hope to not only strengthen our partnership with families but also the connections between the families of Hillsmeade. While John and Crystal will be presenting information about this topic, there will also be plenty of discussion time, opportunities to share successful strategies you use at home and share questions or challenges you may be experiencing.

FROM MR CARDAMONE

- *trust that the world is safe and that there are caring people to help them*
- *belief in their ability to do things for themselves and achieve their goals*
- *feeling good about themselves and feeling valued for who they are by their family, educators and peers*
- *knowledge that things generally turn out well*
- *regulation ability to manage their feelings, thoughts and behaviors*

Children initially develop these skills and qualities by learning to cope with small stresses with help from supportive adults. When bigger stresses come along, even though at first it can be distressing, children can draw on what they have learned about helping themselves to cope and feel better.

Children's resilience is enhanced when they:

- *feel they are loved by someone unconditionally*
- *are praised for doing things on their own*
- *can count on their family being there when needed*
- *believe things will turn out all right*
- *are willing to try new things*
- *feel that what they do makes a difference in how things turn out*
- *like themselves*
- *can focus on a task and stay with it*
- *have a sense of humour*
- *make goals and plans, both short and longer-term".*

Please let me know if you have any questions. Thank you.

John Cardamone

Leading Teacher in Social and Emotional Learning

Social and emotional learning... 'It's everyone's business!'



Please Note - TEETH ON WHEELS

Due to the high number of families interested in the Teeth on Wheels service, they have rescheduled in order to accommodate the number of students engaging in their dental service.

The dates Teeth on Wheels will be onsite are as follows:

May 20th, 22nd, 23rd, 24th, 27th, 28th, 29th, 30th, 31st

June 3rd, 5th, 6th, 7th, 12th, 13th, 19th, 20th, 21st

FROM THE COMMUNITY

Introducing the Rubbish Raffle!

There is now a new way to win prizes. Teachers and environmental student captains are available at recess and lunch to hand out raffle tickets to students. Raffle tickets will be awarded to students who are observed doing the right thing with rubbish. This can be as simple as putting their own rubbish into the bin! Some students enjoy wandering around picking up rubbish with buckets and tongs but there is not an expectation that this will happen. This whole initiative is to encourage thoughtful rubbish disposal and create a no-rubbish culture at Hillsmeade

PS. Four raffle tickets will be drawn out randomly at each assembly, and students will pick prizes from the prize bag.





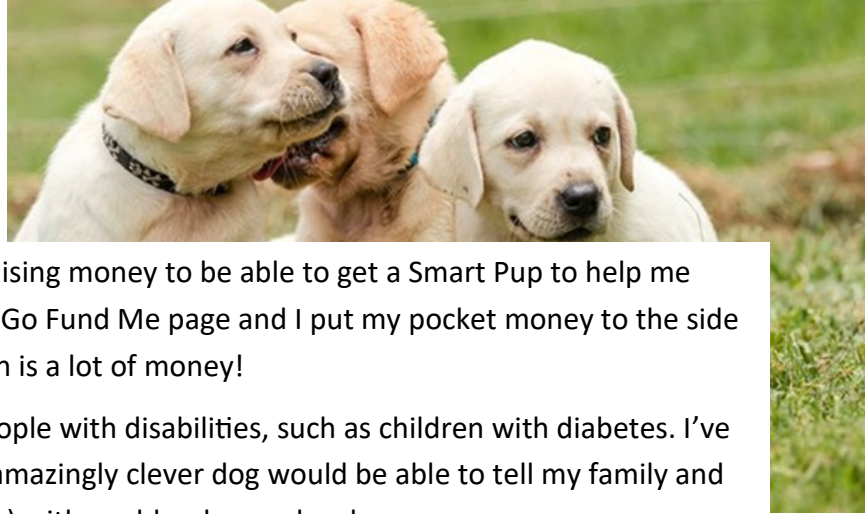
PREP PICNIC

On Thursday 14th March we held our Prep Picnic. Thank you to our families for attending. It was lots of fun playing, relaxing and getting to know each other!



GOOD THINGS HAPPEN TO THOSE WHO GIVE.

BY BELLA B 6/B



Last year, my family and I started saving and raising money to be able to get a Smart Pup to help me with my diabetes. We raised money through a Go Fund Me page and I put my pocket money to the side because the assistance dog cost \$20 000, which is a lot of money!

A Smart Pup is like a seeing-eye dog but for people with disabilities, such as children with diabetes. I've had Type 1 diabetes for 3 years now, and this amazingly clever dog would be able to tell my family and teachers if I'm have a hyper (high) or hypo (low) with my blood sugar levels.

While I was at home sick, because of my diabetes, Dad and I were listening to Gold 104.3 radio and heard about a young boy with severe autism who was hoping to get a Smart Pup to help him at home. Dad and I rang the radio station and decided to donate the \$612 that we had already saved/raised for my pup.

Gold FM then called me back saying that they had raised over \$22 000 for me to get my very own Smart Pup, with food and a bed and everything. The phone call was put on the radio and I am so thankful that people gave money for the little boy and I to both get Smart Pups to help us with our conditions.

I think I might name my pup Loki, but I'm happy for other suggestions.



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Science & Engineering Day 2019
MELBOURNE

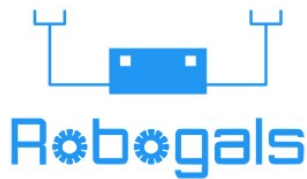


Date: 20th April 2019, Saturday

Time: 10AM - 2PM (Arrive at 9.30am for 10am start)

Location: Monash University, Wellington Road
 Clayton, VIC 3800, Australia

Register here: <http://tinyurl.com/melbourne-sed>



For more info contact the Science
 Challenge Team:
scichal@robogals.org

ABOUT THE SCIENCE CHALLENGE

[https://sciencechallenge.org.au/
 index.php/the-robogals-science-
 challenge/](https://sciencechallenge.org.au/index.php/the-robogals-science-challenge/)

Hillsmeade Primary School Canteen

EASTER SPECIAL



HOT CROSS BUN & A DRINK

(Oat milk or Juice)

Our Easter Special Meal Deal will be held over 2 days

Grades Prep - 2 Monday 1st April

Grades 3 - 6 Tuesday 2nd April

**ALL ORDERS MUST BE PLACED ON QKR NO LATER THAN
FRIDAY 22ND MARCH**

Orders will be delivered to classrooms at lunchtime

*****This is a Qkr! Only event*****



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