

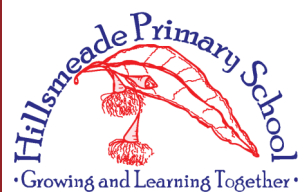


The Link

Hillsmeade Primary School Newsletter

Issue No 10—WED 24th APR

TERM 2
2019



THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE

WHO? WHAT? WHEN?

MON	TUES	WED	THUR	FRI
22nd APR Easter Monday Public Holiday Students do not attend	23rd APR Students back for Term 2	24th APR VSSS Regional Rehearsal (Selected Students)	25th APR ANZAC Day Public Holiday Students do not attend	26th APR Inter-School sports AFL Selected Students 9:00-11:00AM
29th APR	30th APR	1st MAY	2nd MAY School Tour for Prospective Families 10AM @ Front Office	3rd MAY

FROM THE PRINCIPAL

Dear Parents, Guardians and Carers,

Wishing everyone a warm welcome back to Term Two. I hope that everyone had a safe and restful holidays. A reminder that there will be no school tomorrow Thursday the 25th of April as ANZAC Day is a public holiday.



Holiday Challenges

Don't forget to hand in your completed holiday challenges! It would be wonderful to have photos of students completing the challenges that we could display in the corridors. Please hand in your completed challenges with your names recorded on them to the front office or classroom teacher.



Mother's Day

Mother's Day is not very far away, it is on Sunday the 12th of May. At Hillsmeade Primary School we celebrate the occasion by hosting an enjoyable morning for Mothers and Special Others. This will take place on Friday the 10th of May from 8:30am – 9:30am. If you are available to attend we would love to see you there. Our annual Mother's Day Stall will also be held during Week 3. A timetable will be available soon.

 Mother's Day



Congratulations to **Damien S 5/D** who has earned "Grey Wolf" from the Narre Warren Scout Troop. Only a small percentage of Scouts reach this level!

FROM THE PRINCIPAL

CLUBS @ Hillsmeade Primary School

A reminder that there are a variety of before school and lunchtime clubs available to students throughout the week. Please see the below list of clubs and activities available:

Who - Teachers	Who - Students	What	When- Day	When - Time	Where
Michelle Ewing	Open to all	Early Bird Reading Club	Mon	8:15-8:40	Library
Dimple Bhardwaj	Grade 4 boys, Grade 5/6 students	STEAM AGENCY		Lunchtime	STEAM Room
Jenny Elkin					
Crystal Wells	Selected Students P-2	Story Pirates - Podcast		Lunchtime	Peace Pod
Alison Elliott	Year 5/6 Students	Yr 6 Art club		Lunchtime	Art room
Rotational	Open to all	Breakfast Club	Tues	8:15-8:40	Canteen
John Cardamone	Open to all	Footy Club		8:15-8:40	Synthetic Oval
Jess Szalek	Open to all	Maths Club		Recess	STEAM Room
Tessa Parmenter					
Evelyn Schultz	SRC Members	SRC		Lunchtime	ICT Lab
Lisa Scott	Grade 4-6	Senior Choir	Lunchtime	Gym	
John Cardamone	Selected Students P-2	Junior Gardening Club	Wed	8:15-8:40	Vegie Garden
Dimple Bhardwaj	Grade 4 girls	STEM Gems		Lunchtime	STEAM Room
Carmen Collins					
Alison Elliott	Open to All	Art Club		Lunchtime	Art room
Lisa Scott	Selected students	VSSS		Lunchtime	Gym
John Cardamone	Selected Students 3-6	Senior Gardening Club	Thur	8:15-8:40	Vegie Garden
Jess Szalek	Open to all	Homework Club		Lunchtime	Library
Michael Davies	Open to all	Running Club	Fri	8:15-8:40	Synthetic Oval
Rush Rajaram	Open door - P-2	Lego Club		Lunchtime	STEAM Room
Michelle Ewing	Open to all	Story Time		1:40-1:50	Library
Crystal Wells	Selected Students 3-6	Story Pirates - Podcast		Lunchtime	Peace Pod

FROM THE PRINCIPAL

Join us to review and celebrate the growth and progress that the hard work of our whole school community has achieved.

The annual report provides the community with information about the school's performance in implementing their improvement strategies and how the school's resources have been used. Annual reports are endorsed by school council and signed by both the principal and school council president.

On behalf of the 2019 School Council



WHAT: Hillsmeade PS 2018 Annual Report

WHEN: Tuesday 7th of May at 7:30pm

WHERE: in the school library

WHO: presented by School Council President Brooke Gniel and Principal Jodie Bray

Supper provided

2018 Annual Report Presentation

On Tuesday May the 7th at 7:30pm we will be hosting our open School Council meeting presenting the 2018 Hillsmeade Primary School Annual Report. This event will be presented by Principal Jodie Bray and School Council President Brooke Gniel. This is a wonderful opportunity to review and celebrate the growth and progress that has been achieved across the school.

If you are available to attend we would love to see you there. This event will take place in the school library. Please enter via the front office or courtyard doors.

We look forward to seeing you there.

A reminder that this Friday afternoon we will be having our whole school electives.

Have a great week.

Jodie Bray

Principal



NAPLAN 2019

A reminder that NAPLAN is coming up in week 4 for students in Year 3 and Year 5. The test dates are as follows:

NAPLAN 2019 paper test

Individual students are not permitted to sit the paper tests after Friday 17 May 2019.

Year	Tuesday 14 May	Wednesday 15 May	Thursday 16 May
Year 3	Language conventions: 45 minutes Writing: 40 minutes	Reading: 45 minutes	Numeracy: 45 minutes
Year 5	Language conventions: 45 minutes Writing: 40 minutes	Reading: 50 minutes	Numeracy: 50 minutes



Hillsmeade Primary School presents

A morning for



Mothers &



Special Others

Friday 10th May 2019

8:30am – 9:30am



We invite you to our
Mother's Day celebration
in the courtyard

Light refreshments

Games and activities

This is a whole school event!

FROM THE ELC

Over the school holidays our Long Day Care program also operates providing education and care for children from 3-5years old. Leanne Michaud led our team of educators to provide a fun and engaging learning environment. There was a focus on Easter that included an Easter egg hunt. The children spent lots of time outside in the beautiful weather and enjoyed visiting playgrounds within the school. Another highlight was watching the cement truck and new footpath being made out the front of the ELC. Over the holidays a new outdoor mud kitchen was installed at the ELC alongside our cubby house. I'm sure lots of delicious meals will be prepared there.



Shiona Watson

Director ELC and OSHC

FROM MR CARDAMONE

Good afternoon Hillsmeade Community,

Welcome to Term 2! I hope all families had a fantastic holiday and had special time with each other to do activities, family events or just spent quality time together. It is a nice short week for everyone to get back into the school routine.

The last week of Term 1, Crystal Wells and I presented our first parent forum for the year. The topic was 'Structures and Routines to Support Wellbeing'. We had a strong focus on implementing these at home to support your children. This would look different in every household. Please let Crystal or myself know if you would like any resources from the night.

We also had a strong focus on the benefits of having family rituals. Please see below for some ideas. We look forward to our next parent workshop later on in the term.

This an important time to think about routines and structures at home particularly after the school holidays. It is important to remember you don't need to incorporate big changes, but rather implement small routines slowly so they are achievable for everyone. The key points from the night were:

- Routines need to be based on each individual family
- Well planned
- Regular
- Predictable
- It is hard work implementing a family routine, but once in place it can build a sense of safety and security for your children

- Family rituals are a vital aspect of building family connectedness, security and a sense of belonging.

Please let me know if you would like any more information.



Thank you.

John Cardamone

**Leading Teacher
Social and Emotional Learning**

RITUALS FOR THE WHOLE FAMILY

Family rituals help build a sense of security and predictability, and say "this is who we are" as a family. When over the years, moments of uncertainty and insecurity inevitably visit us, a history of rituals provides a robust template of belonging and meaning to take into our adult years.

- Preparing and eating meals together
- Spending family time, like regular walks after dinner or movie nights
- Having family meetings, or just taking turns talking about the day
- Spending special one-to-one time with parents
- Catching up with extended family and friends
- Taking part in special celebration days or community activities.

WHY ARE ROUTINES IMPORTANT FOR PARENTS?

Routines take some effort to create. But once you've set them up, they have lots of benefits:

- Routines help you get through your daily tasks and free up time for other things.
- When life is busy, routines can help you feel more organised and in control, which lowers stress.
- Routines often free you from having to resolve disputes and make decisions.

WHY ARE ROUTINES IMPORTANT FOR CHILDREN?

Some children like and need routine more than others. In general, though, routines have the following benefits for children:

- Safety and belonging
- Skills and responsibility
- Healthy habits

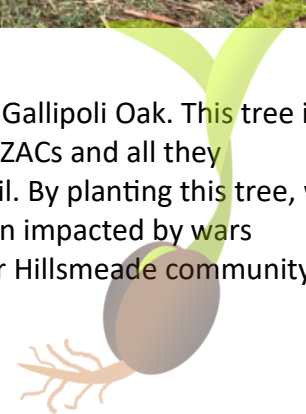
FROM THE COMMUNITY



Our Gallipoli Oak – A Symbol of Remembrance

On the 24th of April, 2019, we, the SRC Captains and members of the SRC, planted a Gallipoli Oak. This tree is going to be an important symbol to our community, showing our respect for the ANZACs and all they sacrificed. We are very lucky in Australia to have never experienced a war on our soil. By planting this tree, we show our gratitude for living in peace and our remembrance of those who have been impacted by wars throughout history. The SRC will take care of the oak as it grows and we ask that our Hillsmeade community also care for it by being careful when visiting the tree at the front of the school.

Kairah T & Elizabeth M, SRC Captains.



Hillsmeade sports update, on Thursday 28 March Scott R proudly represented the CASEY SOUTH Division in the Regional Swimming Finals Held at MSAC swimming centre, competing in the Freestyle and Butterfly events.

Scott is proudly displaying his second placing medal, which he won in the freestyle event.

Congratulations Scott for your amazing achievements so far this year.

Mr Chazbek

School Photos

School Photos have arrived and will be distributed to students within the next couple of days. If you have placed an order for school photos please check your child's school bag. If you have ordered online and specifically indicated that you wish to collect your pack in person, they are available from the school office.

School Photos are still available to order online at www.advancedlife.com.au using the code **LG3 X97 85R**.

OSHC - VACATION CARE

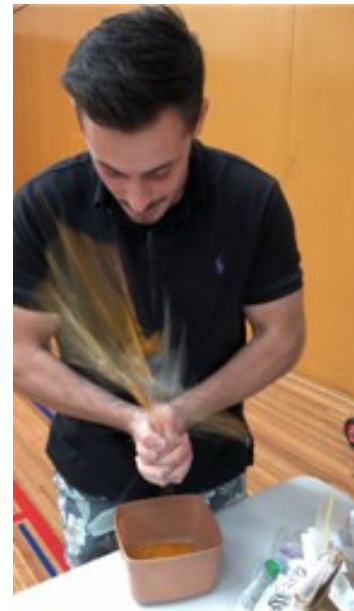
The OSHC program is full of active high-energy children with seemingly boundless energy, so learning hip-hop and breakdance from the enthusiastic staff at FunFit Junior Fitness, was a fantastic way to start the term one holidays. The children got their hearts pounding when they explored new dance sequences using fundamental movement skills to create a group dance. The children's excitement and enthusiasm were evident in their expressive body language and beaming smiles. Rhys excitedly shared, "Learning the top-rocks was the best, I've never done it before and I loved it!" Bella eagerly announced, "Popcorn dancing was fun!" It was evident that the children's self-confidence was boosted when they demonstrated their impressive improvised dance movement ideas using creativity in hip-hop dance circles, Issiah enthusiastically emphasised, "Freestyling is the best!" Alex continued with, "Did you see how good I was? I made my own dance!"

The excitement continued during the Hands-on-Science incursion, where the children experienced the impossible egg experiment. The children erupted into laughter as they took turns to use the push force to try and break a raw egg positioned horizontally in their hands with

interlaced fingers. At first, the children held the assumption that this would be easy and personal strength would determine if the egg would break. Declan exclaimed, "I might be strong enough," however, after applying well distributed force, the egg exhibited impressive resistance to Declan's and other children's attempts to crack it. OSHC staff member Daniel proudly announced, "I'll be able to do it!" After considerable fumbling with his fingers, Daniel attempted to break the egg, SPLAT! Egg went EVERYWHERE! Although messy, this was a highlight for the children that prompted their inquiry. Lex established and explained, "I think the egg moved a bit when it was in his hand and that's what made it break." Although Daniel tried to explain that it was his sheer strength that caused the egg to break, through discussion and inquiry, the children hypothesised that the geometry and position of the egg determines the eggs resistance.

Belinda and Daniel

OSHC Coordinators




FROM THE COMMUNITY

Scholastic Book Club Issue #3 catalogue will go out this week. Orders are due by May 10. Orders can only be placed through the Scholastic Loop

Book Club LOOP

The EASIEST way for parents to order and pay for Book Club!




Parents: Are you registered for LOOP?


LOOP is the easiest way for you to order and pay online for your child's Book Club order, if you wish to pay by credit card.

Parents who are registered for **LOOP** receive exclusive sneak peeks, downloads and offers throughout the school year—don't miss out!



Head to scholastic.com.au/LOOP and register today!





Alkira Information Sessions

For any families who missed out on the Alkira information night, the college has some programs that parents/students may be interested in applying for, which were specifically covered at the information evening.

A school day tour will run early Term 2.

Parents can book (limited places) through the 'Try Booking' webpage – the link is on the Alkira Secondary College webpage (under the events section).

<http://www.alkirasecondarycollege.com.au/>



Berwick College

YEAR 7 2020 INFORMATION EVENING

6.30PM WEDNESDAY 1ST MAY 2019

Basketball and Dance Academy
Information from 7.30pm

Daytime Dads



- » Spend quality time
- » Meet other fathers and children
- » Enjoy a fun, safe and exciting play space
- » Enjoy story time

The Daytime Dads Playgroup provides an opportunity for fathers and their children to play and connect socially with other families in the community and is great for those who spend time at home during the day.

When:	Every Wednesday during the school term
Where:	Hampton Park Library 26 Stuart Avenue Hampton Park
Time:	10.00 am – 12.00 pm
Cost:	FREE

Registration is essential

For all enquiries and bookings, please contact the City of Casey on 9705 5200 or email dadsmatter@casey.vic.gov.au

FROM THE COMMUNITY

If you would like to place an advert in the newsletter, please see the friendly office team

Every Tuesday is:
School Banking Day



Get your Flu Shot!



FREE **FLU VACCINE**

O'Shea Medical Centre will be offering the **FLU VACCINE**
for
Adults and Children FREE

We will be commencing our Promotion from April 2019

Please contact one of our friendly reception staff on 8786 9192 between 9.00am - 7.00pm to arrange an appointment.

We look forward to welcoming you at our clinic.



Dandenong High School



Accelerated & Enhanced Learning Program Year 7 2020

APPLICATIONS ARE NOW OPEN

Application forms are available from the Dandenong High School website or from the School's Front Office.

Applications close Wednesday 24th April 2019

For detailed information regarding our Accelerated & Enhanced Learning Program please contact the school on 9792 0561 or visit our Dandenong High School website

www.dandenong-hs.vic.edu.au

Better Health Family Clinic
127-129 Somerville Road,
Hampton Park VIC 3976
Ph 0397029300
Fax 0397029388

The opening hours are

8am-9pm weekdays

9am -5 pm weekends and public holidays

Online booking :

www.betterhealthfamilyclinic.com.au

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