



Hillsmeade is a polling station for the **upcoming election on Saturday MAY 18th 8AM-6PM**

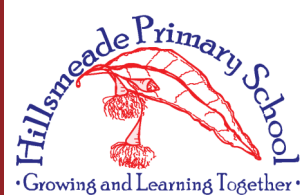
* Hillsmeade is NOT an early voting centre

The Link

Hillsmeade Primary School Newsletter

Issue No 11—WED 1st MAY

TERM 2
2019



THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE

WHO? WHAT? WHEN?

MON	TUES	WED	THUR	FRI
29th APR	30th APR	1st MAY	2nd MAY School Tour for Prospective Families 10AM @ Front Office	3rd MAY Whole School Assembly 2:45PM in the Gym Interschool Sports 9:00-11:00AM
6th MAY Classroom Open Afternoon 3:45—4:30PM	7th MAY School Council—Annual Report Presentation 7:00-9:00PM (Library) Grade 4 Camp Information Evening 5:00-6:00PM	8th MAY Mother's Day Stall— Timetable TBA	9th MAY District Cross Country 9:00-3:00PM Mother's Day Stall— Timetable TBA	10th MAY Mothers and Special Others Morning 8:30-9:30AM Electives

FROM THE PRINCIPAL

Dear Parents, Guardians and Carers,

Happy Week 2 of Term 2 2019. The first week was a very short week, and allowed us all to ease back into the Term. Now it is full speed ahead as we near our way to the middle of the year.

ANZAC Day

Last week celebrated ANZAC Day. It is a very special day in Australia and one that we honored by hosting a special assembly for Years 4 – 6 students lead by the Alkira Secondary College VCAL students. This is an annual event and we were very pleased with how our students represented our school. A big thank you to our special guests for attending, and to the VCAL students of Alkira for leading this special assembly.

2018 Annual Report Presentation

On Tuesday May the 7th at 7:30pm we will be hosting our open School Council meeting presenting the 2018 Hillsmeade Primary School Annual Report. This event will be presented by Principal Jodie Bray and School Council President Brooke Gniel. This is a wonderful opportunity to review and celebrate the growth and progress that has been achieved across the school.

If you are available to attend we would love to see you there. This event will take place in the school library. Please enter via the front office or courtyard doors.

We look forward to seeing you there.



Have a great week everyone. A reminder that this Friday we have our whole school assembly at 2:45pm. If you are available to attend we would love to see you there.

Jodie Bray
Principal

**WHAT: Hillsmeade PS 2018
Annual Report**

**WHEN: Tuesday the 7th of MAY
at 7:30PM**

WHERE: In the School Library

**WHO: Presented by School
Council President Brooke Gniel
and Principal Jodie Bray**

Supper provided

Join us to review and celebrate the growth and progress that the hard work of our whole school community has achieved.

The annual report provides the community with information about the school's performance in implementing their improvement strategies and how the school's resources have been used. Annual reports are endorsed by school council and signed by both the principal and school council president.

On behalf of the 2019 School Council

FROM THE PRINCIPAL



Maths Club!

Maths Club has started back for Term 2. Ms Szalek and Miss Parmenter are excited to spend each Tuesday recess with lots of young mathematicians as we play games promoting mathematical problem solving, targeting logistical reasoning and challenge each other to think strategically in a collaborative and fun environment. We are introducing students to different board games, card games and dice games that are easily accessible both at school and at home. We would love you to ask your child about these and continue to practice and teach their families some of their new and wonderful skills. If you or your child are interested in joining our maths club, we meet each Tuesday recess in the STEAM room.



STUDENT ABSENCES

“Going to school every day is the single most important part of your child’s education, they learn new things every day – missing school puts them behind.”

If your child is sick or absent, you are required to notify the school as soon as possible **on the day of absence** using one of the following methods:

- **Online:** log the absence directly using Compass. If you are having difficulty logging in, please contact the school for assistance.
- **Telephone:** the school office and let the staff know your child’s name, class, date of absences and reason. (03) 9704 6313
- **Email:** the school and provide the staff with your child’s name, class, date of absences and reason. (hillsmeade.ps@edumail.vic.gov.au)

*Notifying the school of your child’s absence either prior to, or on the day that they will be away, helps ensure the safety and wellbeing of our students.

EVERY DAY COUNTS ...

A day here or there doesn’t seem like much but ...

When your child misses just ...	that equals...	which is...	and therefore, from Prep to Year 12, that is ...	This means the best your child can achieve is ...
1 day a fortnight	20 days a year	4 weeks of school	Nearly 1½ years of school	Equal to finishing Year 11
1 day a week	40 days a year	8 weeks of school	Over 2½ years of school	Equal to finishing Year 10
2 days a week	80 days a year	16 weeks of school	Over 5 years of learning of learning	Equal to finishing Year 7
3 days a week	120 days a year	24 weeks of school	Over 8 years of learning	Equal to finishing Year 4

VISITING OPTOMETRIST



student **eyecare**

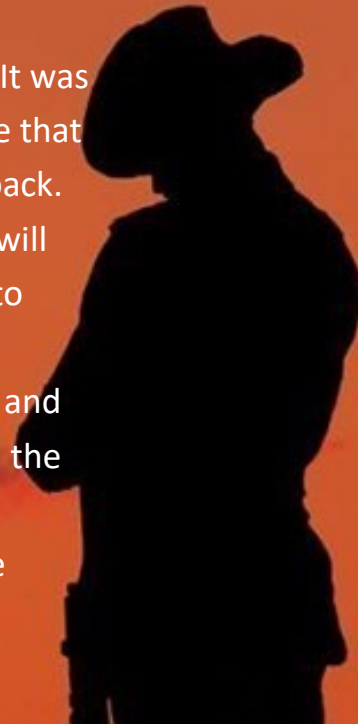
Hillsmeade is pleased to announce that the Student Eyecare Program will be running later this term. An optometrist will be onsite during school hours in the second half of term 2 to provide students with a **free comprehensive eye examination** that is covered through **Medicare Australia**.

1 in 6 students have eye conditions that go undetected. This is due to the high level of visual demand on their eyes from books, laptops, tablets and smartphones. Every student will receive a full report about their eye health and a prescription will be provided if glasses are required. The prescription can be taken to any optical store to get the glasses made. Permission forms will be sent home with students this week. Please return the completed form if you would like your child to participate by Friday, May 17th.

ANZAC DAY REFLECTIONS

Bradley 4/A 1/5/19

On the 29th of April we went to an ANZAC ceremony. It was very emotional because I was thinking about everyone that went to War and some people died and didn't come back. It is important to learn about ANZAC day because we will have to hand this information down from generation to generation. There were two men who fought in the Vietnam War, Alkira students, Year 4,5 and 6 students and their teacher as well as Mrs Bray. The service included the last post, the bugle, talking about ANZAC's and the Australian National Anthem. I was proud to attend the service and Lest We Forget.



Tenielle B 4/A

ANZAC day is a day to remember the people that served our country and that fought for our country in war.

We stand for one minute silence to remember the fallen.

Do you know what ANZAC stand for?

It stands for the Australian New Zealand Army Corp.



Jaylina 4/A

ANZAC Day

On the 25th of April it was ANZAC Day. Today the 29th of April year 4,5 and 6 went to remember the people who went to war to fight for our country. Two men from the Vietnam War came to speak at the service. It was good to hear them speak theyb were talking about what they remember on ANZAC day. Next we did a minute of silence and the bugle was playing. Then we sang the National Anthem. It was important for us to go to the service as we will need to talk about ANZAC day with the next generation.

ANZAC DAY

ANZAC day is a day where we celebrate the brave ANZAC soldiers who fought for our nation at Gallipoli.

ANZAC stands for Australia New Zealand Army Corps. There were 60,000 brave soldiers who risked their lives for our great nation. They fought selflessly with bravery and honor.

The First World War started in 1914 and ended in 1918. We celebrate ANZAC day on the 25th of April to remember the day when the ANZAC's left to fight for our country .They arrived at Gallipoli on that day. In tiny life boats they arrived with barely enough supplies. Their rations were very scarce. The ANZAC biscuits were created by wives and women for the soldiers. They were made of ingredients that would not spoil and were easy to pack.

The brave ANZACS knew they could not win, for they were outnumbered. Yet they kept fighting with bravery and courage. Sadly they lost. The Turks called it their greatest victory of the war. There were 26,000 casualties and 7,594 recorded deaths.

The ANZAC's were brave men who thought that fighting for their country was greater than staying home and hearing of others risking their lives for them.

Lest we forget

By Nyah and Abigail 6A



NAPLAN 2019

A reminder that NAPLAN is coming up in week 4 for students in Year3 and Year 5. The test dates are as follows:

NAPLAN 2019 paper test

Individual students are not permitted to sit the paper tests after Friday 17 May 2019.

Year	Tuesday 14 May	Wednesday 15 May	Thursday 16 May
Year 3	Language conventions: 45 minutes Writing: 40 minutes	Reading: 45 minutes	Numeracy: 45 minutes
Year 5	Language conventions:45 minutes Writing:40 minutes	Reading: 50 minutes	Numeracy: 50 minutes



Hillsmeade Primary School presents

A morning for



Mothers &



Special Others

Friday 10th May 2019

8:30am – 9:30am



We invite you to our
Mother's Day celebration
in the courtyard

Light refreshments

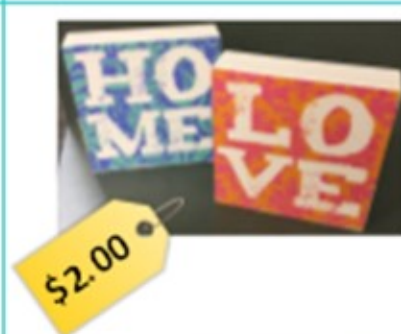
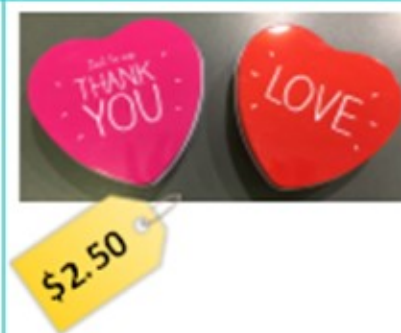
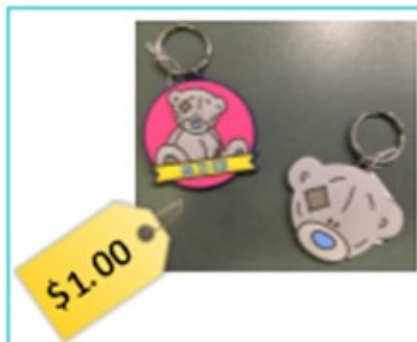
Games and activities

This is a whole school event!

Mother's Day Stall

Wednesday 8th May

Thursday 9th May



All students will have the opportunity to attend the Mother's Day Stall with their class and teacher. Students will be able to purchase a gift during this session. Additionally, after school between 3:30pm - 4pm on Thursday the 9th May, the Mother's Day Stall will open to all parents and students. Please remember to bring a plastic bag to carry your gifts.

HILLSMEADE PRIMARY SCHOOL

OPEN CLASSROOM

AFTERNOON

MONDAY 6TH MAY

3:45 – 4:30PM

In line with our school's goal to provide high levels of student engagement in their learning and connectedness with each other, their teachers, school and community, we are opening our classrooms after school and invite all families to attend.

We welcome you to view student work, explore the classroom environment and learn more about teaching and learning at Hillsmeade.



To empower students and build school pride, Hillsmeade is working towards student-led conferences.

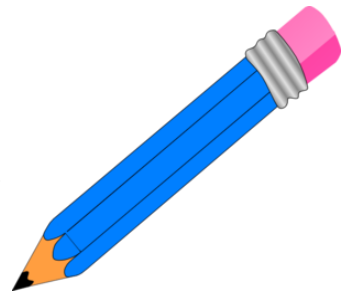
We look forward to sharing how our students set learning goals and are supported to achieve their next steps in learning.

Prep Letter Writing

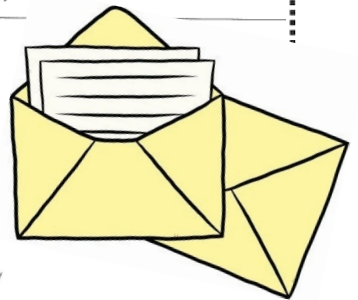
Our Prep students have been learning about the **purposes of writing**.

They have done a wonderful job to **communicate** and **express** themselves through shared letter writing with support of their teacher. Here are just a few of the letters I received. I was so excited to write back to the students!

Students will learn about other purposes for writing, such as to **inform** or **explain** something to the reader, to **persuade** a reader to believe an idea or to take action and to **entertain** a reader for enjoyment.



To Miss Smith
Thank you for
sharing with me bag.
we think to Ar
ms. we are learning
letter sounds. we try
as best we can is
Your job?
From PREP F



To Miss Smith
WE are
kind friends
CIND FRNS
We share
WE play
NEHA huge
L we
love LAV
From NANI
LOLITA
Akon Beard

To Miss Smith
I have been a good friend
I have been a good listener
I have been a good cleaner
I have been cleaning up
From ZACHARY
Manda, NORAH, ELLARA, LUCAS



FROM MR CARDAMONE

Good afternoon Hillsmeade Community,

Welcome to week 2. I hope all students and families are settled back in the routine of school.

Below is an article from Michael Grose on daily lessons in resilience for kids and how as parents we can have a big impact in this area. You can find out more at

<https://www.parentingideas.com.au/blog/daily-lessons-in-resilience-for-kids/>

“Recently, I saw a mother give a simple, yet profound resilience lesson to her three-year-old. The toddler fell into his dog’s bowl, saturating his t-shirt and giving himself a fright. His mum quickly helped him saying, “Oh well!” The three-year-old bravely parroted his mother, saying, “Oh well!” and dashed off to play.

Every day there are opportunities for parents to give their children lessons in resilience. Promoting personal resilience focuses on helping kids cope with life’s hurts, disappointments and challenges in the present, while building strengths for the future.

Adult reactions matter

It’s in our reactions to these and other every day mistakes, mess-ups, muck-ups and hurts where the big lessons in resilience are taught and reinforced.

The lessons for the three-year-old were simple but profound. “Oh well” meant:

- *Stuff happens*
- *Don’t look for fault or blame*
- *Keep your perspective*

Pick yourself off and continue with what you were doing

How to react

The resilience lesson for this mother was equally as profound. When a minor mishap with a child or teenager occurs:

- *Match your response to the incident*
- *Stay calm and be positive*
- *Don’t look for fault or blame*
- *Remember, stuff happens*
- *Resilience lesson for parents – “Oh well”*

Every day there are opportunities for parents to give their children lessons in resilience.

A child misses being picked for a team that he had his heart set on joining. “Oh well. Let’s see how you go next time.”

When a boy experiences rejection in the playground at school. “Oh well. You’ll find that some people don’t want to be your friend.”

When a teenage girl doesn’t get the mark she thinks she deserves in an assignment. “Oh well. Sometimes we don’t get the marks we think we deserve.”

Match your response to the challenge to promote resilience

There are times when “Oh well” won’t cut it.

When a child is bullied he needs your continued support.

When a student’s continuous efforts at improvement are constantly met with criticism then you may need to act on his behalf and meet with a teacher.

When a child always struggles to make the grade and is never picked for a team then you may need to help him make different choices.

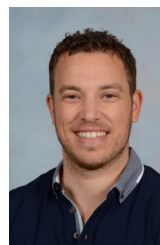
These types of situations also present opportunities for daily lessons in resilience, but they require more parental support and teaching.

The resilience lessons learned are deeper and include concepts such as ‘things will eventually go your way,’ ‘there are times when you need to seek help’ and ‘this too shall pass.’

Promoting personal resilience focuses on helping kids cope with life’s hurts, disappointments and challenges in the present, while building strengths for the future.

Daily lessons in resilience are everywhere. You need to be ready to make the most of these valuable lessons when they come your way”.

If you have any questions, please come and see me. Thank you.



John Cardamone

Leading Teacher in Social and Emotional Learning

Social and emotional learning... It’s everyone’s business!

FROM THE COMMUNITY

Hillsmeade Sports Report

Week 1 T2:

Hillsmeade Primary School Sports update, on **Friday 26 April** the year 5 and 6 students proudly hosted an interschool sports round against Narre Warren P-12. I was very proud of all our students in the way they represented our school and displayed all of our IRESPECT values.

- The Boys soccer team played amazingly well scoring 12 -0 and are fine-tuning for the later rounds.
- The Girls soccer team also displayed amazing skills and attitude just going down 3-2
- The 2 Netball teams played with great skill and sportsmanship, even lending Narre Warren P-12 a player to help field a team. With that both teams had comfortable victories.
- The AFL squad travelled to Carlisle Park in Cranbourne and are starting to gel as a team and improving on their last performance scoring a comfortable victory 50 points to 18.
- The two T-Ball sides had a few team members missing so they gave some students that hadn't played much an opportunity to be part of the team. They showed a great attitude and improved with every game. They went down in the score but learnt a little more about the game, getting them ready for next week.
- The Badminton teams played in our newly renovated gym and our new nets and posts. The students had some great performances but went down to Narre Warren 50 games to 38.

All in all the students should be very proud of their performances and their amazing attitude towards the visiting students and teachers from Narre Warren P-12.

Now we look forward to next week where we travel to Lynbrook Primary School, so don't forget to look for the compass notification and accept before Wednesday.

Mr Chazbek

THE VICTORIAN STATE SCHOOLS

SPECTACULAR

On Wednesday 24th April the Hillsmeade 'Spectacular' students travelled to Pakenham Hills Primary School to attend a regional dance rehearsal. During the day they rehearsed a number of dance routines to music by a variety of artists, including, Imagine Dragons, Sheppard, Justin Timberlake and Madonna. The rehearsal was led by Deon Nuku, a professional choreographer. All of the students worked incredibly hard and were exhausted by the end of the day, but had a fun and inspiring time.

Below are a few highlights from the event:

We would all like to say a big 'thank you' to Klara Simonne and Lisa Mooney for helping with transporting students to and from the venue.

Lisa Scott

Music Specialist





Science Talent Search



Expression of Interest for STS 2019

I am interested for my daughter/son to participate in the 2019 Science Talent Search.

First NameLast Name.....

Class..... Contact number of Parent/Carer.....

Our Project Title.....

Section we have chosen is.....

Submit this notice by Friday, 10th May to Mrs Bhardwaj/Main Office.

Entry fees: Individual \$8 per entry through Compass in March

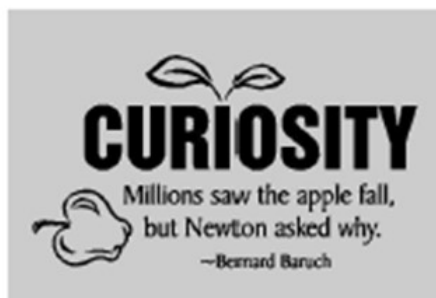
Parent Signature:

Please check the website for all details of this competition by visiting

<http://www.sciencevictoria.com.au/sts/forStudentParent.html>

Thank you,

Dimple Bhardwaj



FRESH WORDS - CITY OF CASEY

Unleash the storyteller in you and join in the Fresh Words Young Writers Competition. If you are a budding author, journalist or song writer, embrace this opportunity to put your imagination on paper and win some great prizes.

The competition has 3 categories:

- Junior: Years 5 and 6
- Intermediate Years 7-9
- Senior: Years 10-12

Terms and Conditions of Entry:

Eligibility

1. Entry to the competition is FREE and open to young people who live, work or study in the City of Casey.
2. Work will be judged according to year level (or age equivalent): (i) Grade 5 and 6, (ii) Years 7 to 9 and (iii) Years 10 to 12.
3. Participants in the English as an Additional Language (EAL) category must be currently studying EAL in a school or similar setting.

Submission guidelines

1. Online submission is preferred by emailing entry form and submission to freshwords@casey.vic.gov.au. Please ensure you receive a confirmation email to ensure your work has been submitted successfully.
2. All hard copy entries please see entry form for details on where to submit.
3. All competitors and parent/guardians must complete and sign an entry form and attach to each entry (typing name for online entries is acceptable).
4. Competitors may submit only one (1) entry per category, and may only enter up to two (2) categories.
5. Entries must follow the word limits outlined on the Fresh Words Young Writers Competition flyer.
6. Please keep a copy of your work as we cannot return entries.
7. No responsibility will be accepted for entries lost or damaged.

Plagiarism

1. All work must be original and the work of the person whose name appears on the entry form.
2. Plagiarism (the unauthorized use of someone else's work) is a serious matter and participants are advised that if they are suspected of copying, their entry will not be considered for this competition.

Judging

1. Entries will be judged by a community judging panel. The judge's decision is final; no correspondence will be entered into.
2. Winners, their families and school representatives will be invited to an awards presentation in November.
3. Winners will be notified by phone and/or mail by 31 October 2017.

FRESH WORDS - CITY OF CASEY

Publication

1. Work submitted to this competition may be displayed in City of Casey venues. It may also be published in print media or City of Casey publications (including online and hardcopy formats).
2. Submission of an application does not automatically ensure that work will be displayed or published

How to submit work:

Online entry is preferred – please email entry form and submission in Word Format to freshwords@casey.vic.gov.au

Entries close Friday 7 June 2019 at 5.00 pm.

All hard copy work should be submitted in an envelope marked:

Attention: Youth Engagement Officer
Fresh Words Young Writers Competition 2019

Work can be delivered to any of the following locations:

Cranbourne Youth Information Centre (Shop 156 Cranbourne Park Shopping Centre, Cranbourne)
Hampton Park Youth Information Centre (22-26 Stuart Avenue, Hampton Park)
Narre Warren Youth Information Centre (52 Webb Street, Narre Warren)

Alternatively submissions can be posted to:

Youth Engagement Officer
PO BOX 1000
Narre Warren VIC 3805

By submitting work to the Fresh Words Young Writers Competition 2019, you are agreeing to abide by the competition's terms and conditions. If this is unclear, please contact the Youth Engagement Officer on 9705 5200.

Online entry is preferred - please email entry forms and submission to freshwords@casey.vic.gov.au

Please complete a separate entry form and attached to each piece/email submitted.

Entries must be submitted by 5.00 pm on Friday 7 June 2019.

Entry forms can be collected from the front office.



Orders to be in NO later than 9:30am

CLOSED TUESDAYS

Clearly write Name and Grade with your order on your bag or envelope, Alternatively you can view and order everything on our Qkr! App.

Preferred Payment Method



<u>Snacks</u>	
Frozen Fruit / Juice Cubes	50c
Brownie	50c
Frozen Apple/Orange Juice Cup	\$1.00
Mamee Noodles (Chicken)	\$1.00
Mamee Corntos (Tangy Cheese or Zesty BBQ)	\$1.00
JJ's Snacks	\$1.00
Red Rock Deli Chips (Plain / Honey Soy)	\$1.00
Grainwaves Sour cream & Chive	\$1.00
Jelly in a cup (berry or lime)	\$1.00
Zooper Dooper	\$1.00

<u>Hot Food</u>	
*Free sauce Available - Tomato, Mustard, BBQ, Mayo, Sweet Chilli & Soy (Separate pot of sauce 20c Extra)	
Warm Cheese Roll	\$3.00
Chicken Strip wrap (Lettuce, Tomato, Cheese & Mayo)	\$5.50
Warm Roast Chicken Roll (Gravy or Mayo Upon Request)	\$5.50
Four n Twenty Meat Pie 175g	\$3.50
Four n Twenty Sage Roll	\$3.00
Patties Lite Party Pies	\$1.00ea
Mini Hot Dog (cocktail frank in mini roll)	\$2.00
Hot Dog	\$3.50
3 Mini Dim Sims	\$1.50

<u>Toasted Sandwiches</u>	
Cheese	\$3.00
Baked Beans	\$3.50
Spaghetti	\$3.50

<u>Sandwiches / Rolls</u>		Sandwich	Roll/Wrap
(all Sandwiches will be made on wholemeal bread/roll)			
Salad (lettuce, Tomato, Carrot, Cucumber and Beetroot)		\$4.50	\$5.00
Chicken & Mayo		\$4.50	\$5.00
Chicken, Salad & Mayo		\$5.00	\$5.50
Ham & Salad		\$5.00	\$5.50
Salami & Cheese		\$4.50	\$5.00
Ham & Cheese		\$4.50	\$5.00
Ham, Cheese & Tomato		\$4.70	\$5.20
Ham and Tomato		\$4.20	\$4.70

<u>Toasted Wrap/ Focaccias</u>	
Cheese	\$3.50
Ham & Cheese	\$5.00
Salami & Cheese	\$5.00

<u>Peters Ice Cream</u>	
Icy Pole (Lemonade or Raspberry)	\$1.00
Billabong (Choc & Rainbow)	\$1.50
Frosty Fruits Watermelon	\$2.00
Lifesavers	\$2.00
Milo Cup	\$3.00

<u>Drinks</u>	
Slushies (Pear juice based) 250ml (see canteen for flavours)	\$1.00
Water (still or Sparkling)	\$1.50
Flavoured Sparkling Water (lemon/lime, pine/orange, Raspberry/blackcurrant)	\$2.00
Flavoured Lite Milk 300ml (chocolate or Strawberry)	2.00
100% Fruit Juice 300ml (Orange or Apple)	2.50
Remedy Sparkling Kombutcha (Apple, Cherry plum, Raspberry lemonade, Lemon, lime and mint)	2.50

Glee Carbonated Fruit Juice \$2.00

Apple Blackcurrant, Berry Blast

FROM THE COMMUNITY

C.S.E.F.**Do you have a health care card?**

You may be eligible to apply for the CSEF (Camps Sports Excursion Fund) which gives each student \$125 per year to go towards Camps, Sports, Excursions and Incursions at Hillsmeade Primary School.

Applications must be submitted by Monday 17th of June 2019.



Applications for the 2019 Prep CSEF Uniform Packages are now open

To be eligible to receive the package the student must be a Camps, Sports and Excursion Fund (CSEF) recipient, generally families who hold a concession card. If the student does not have CSEF, they can register in 2018 when applications open, and your school will need to place an application for the CSEF Prep Uniform Package. To find out more about CSEF and the Winter Package go to www.education.vic.gov.au/csef.

Please contact the office if you would like to sign up for the package or for CSEF.

FROM MS TOOBA

والدين عزيز و گرامی،

بخاطر تجلیل روز خجسته مادر، روز جمعه، تاریخ ۱۰ می، از شما دعوت میشود تا از ساعت ۸:۳۰ صبح الی ۹:۳۰ صبح در حویلی مکتب تشریف بیاورید.

FROM THE COMMUNITY

FLU SEASON

<https://www.betterhealth.vic.gov.au/health/ConditionsAndTreatments/flu-influenza>

Better Health Family Clinic

127-129 Somerville Road,

Hampton Park VIC 3976

Ph 0397029300

Fax 0397029388

The opening hours are

8am-9pm weekdays

9am -5 pm weekends and public holidays

Online booking :

www.betterhealthfamilyclinic.com.au

Every Tuesday is:
School Banking
Day

If you would like to place an advert in the newsletter, please see the friendly office team

MARION ACTING STUDIOS

Junior 8 Weeks On-Camera Film & Television Acting Classes!

Nurture your child's dream of becoming an actor.

OPEN TO CHILDREN AGED 9-13 YEARS

WEDNESDAY 4-5 PM

marionactingstudios@gmail.com



Casey Pet
EXPO

Saturday 18 May

11.00 am – 3.00 pm

