Last day of Term 4 20th DEC School finishes at 1:30PM. **Students to be** collected no later than 1:45PM

The Link Hillsmeade Primary School Newsletter

Issue No 37—WED 27th NOV

2019

Growing and Learning Together

THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE

THIN SHALL

VHO? WHAT? WHEN?

MON	TUES	WED	THUR	FRI
25th NOV	26th NOV	27th NOV	28th NOV	29th NOV
Footsteps Dance Experience Gr 5/6 Lifesaving VIC Gr 5/6	School Tour @ 10AM	Foot steps Dance Experience Gr 1/4 Lifesaving VIC Gr prep/1 2020 leadership speeches	11:40-12:40 2020 Prep Transition Foot steps Dance Experience Gr 2/43 Lifesaving VIC Gr 2/3	Lifesaving VIC Gr 4 MAD DAY (Families welcome) Electives
2nd DEC	3rd DEC ART Expo 5-6 BYOD Info Session (Gr3-6) 6-	4th DEC 2020 Prep Parent Info Night	5th DEC 11:40-12:40 2020Prep Transition Gr 3 Zoo Excursion	6th DEC Assembly @ 2:45 in the Gym ICAS Awards Presented
9th DEC	10th DEC	11th DEC	12th DEC	13th DEC
Gr 2 Camp Manyung	Gr 2 Camp Manyung Statewide transition day	2020 Step-Up-Day (9:30- 11:00) Prep –Gr 5		<u>Hillsmeade Xmas</u> <u>Concert 5-8PM</u>
16th DEC	17th DEC	18th DEC	19th DEC	20th DEC - Last Day Term 4
Grade 1 Cape Schank Excursion	Year 6 Graduation 6-7:30PM	Prep visit to Casey Fields Year 5 Little Day Out		Final School Assembly @ 12:45PM School Finishes @ 1:30

The Promenade Narre Warren South 3805

hillsmeade.ps@edumail.vic.gov.au

Upcoming Events

Year Level	Name	Date	Cost	Due Date
Grade 3 A	Woolworths	TBC—to be	NIL	TBC
	Discovery Tour	rescheduled		
Grade 3	Melbourne Zoo	Thursday 5th December	\$41	29th Nov
Grade 2	Camp Manyung	9th-10th December	•	Final
			9nd Aug Full cost \$190	Payment
Grade 1	Cape Schanck	Monday 16th	\$33.00	2nd Dec
	Lighthouse EXC	December		
Grade Prep	Casey Fields	Wednesday 18th	\$8.00	4th Dec
	Playground	December		
Grade 5	Little Day Out	Wednesday 18th December	\$25	2nd Dec
Grade 6	Big Day Out	TBC	TBC	TBC

Book your tickets for Gr 6 Graduation NOW!

https://tinyurl.com/HPS2019Grad Tickets are free (we just need to know numbers) Limited to 4 seats Compass login not required Seat places are not reserved on the night

FROM THE PRINCIPAL

Dear Hillsmeade Community,

Happy Week 8. The term is flying by. We hope that everyone is having a great term and looking forward to December being here very shortly.

2020 Changes

Next year there will be some changes taking place across the school to support school wide priorities and improvement initiatives. The school beginning and end times will stay the same, with some changes to the daily session structure to support the inclusion of a daily 10 minute home group. The inclusion of a 10 minute home group time each morning is to support positive connections and attendance, whilst also supporting year level based priority areas.

The new daily structure will be:



Next year we will also be trialling a change to the specialist program. As 2020 is a year of our school production we will be introducing performing arts. We are currently awaiting confirmation of our schools booking at Bunjil Place for our production. The specialist classes across the school in 2020 will be:

PE	1 hour all year	All year levels
Mandarin	1 hour semesterly	All year levels
ІСТ	1 hour semesterly	All year levels
Music	1 hour semesterly	All year levels
Performing	1 hour semesterly	All year levels
Media Arts	1 hour Year 3-6	Year 3-6 only
РМР	1 hour ELC—2	Kinder—2 only

We are looking forward to an exciting year ahead and the wonderful opportunities available at Hillsmeade Primary School for our students.



Home Group Meetings	9am - 9:10am
Session 1	9:10am - 10:10am
Session 2	10:10am - 11:10am
RECESS	11:10am- 11:30am
Session 3	11:30am - 12:30pm
Lunch Eating Time	12:30pm - 12:45pm
LUNCH TIME	12:45pm - 1:30pm
Session 4	1:30pm - 2:30pm
Session 5	2:30 - 3:30PM

MAD Day

A reminder that this Friday is MAD Day hosted by our Year 5 and Year 6 classes. We look forward to supporting the students and their entrepreneurial skills on Friday. If you are available to attend we would love to see you there. Don't forget to bring your change and permission slips on the day

Prep Transition

It has been wonderful to see so many new Preps and their families in attendance for our 2020 transition sessions happening at the school on Thursdays. A big congratulations to Sarah Smith and Shiona Watson for coordinating these sessions and leading the parent information sessions.

FROM THE PRINCIPAL

Hoop Time

A huge congratulations to the Year 3/4 Girls Hoop Time team. This year the team reached the State Championships and were runners up. Congratulations to coach Jess Szalek and team: Paige Q, Achok P, Darcey M, Jaylina V, Abby B, Tenielle B and Gemma B. Thank you to Ahmad Chazbek for organising our schools involvement in this event. Well done to the team.





Student Reflection by Tenielle 4/A

On Monday the 25th of November the girls played nine games of basketball at Dandenong Stadium and each person showed persistence in all the games.

After all the games the girls were exhausted from playing hard. We won all our games but two. One game we lost in the first round in our pool then in the grand final we lost to the same team.

After being in the Grand Final we came runners up in the state. We were very proud of ourselves and our effort on the day.

We couldn't have made it without our coach Ms Szalek and Mr Chazbek for organising the opportunity for all of us to get this far.

Congratulations to Paige 4D, Darcey 4A, Gemma 3A, Abby 3C, Achok 4D, Jaylina 4A and Tenielle 4A.

We also did a champions parade when we got to meet Tai Wesley from the NBL South East Melbourne Phoenix and he answered some questions.

We would also like to thank the sponsors Bulla and Basketball Victoria as well as Dandenong stadium for allowing us to use their stadium on the day.

FROM THE SCHOOL COMMUNITY

2020 Student Leadership Team

Today was the big day and all our shortlisted candidates presented their speeches to the year 4 and 5 students. They were very nervous but we are very proud of them and their efforts!

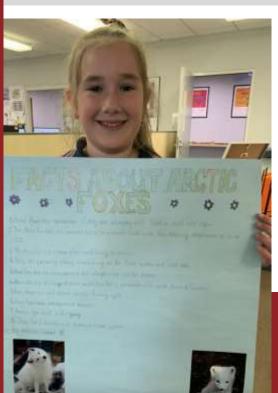
We were blown away by what we heard and we have no doubt the votes will be very close. It is exciting to hear all the innovative ideas students have that could be implemented in 2020.

In preparation for the speeches, the year 4 and 5 classes all watched the candidates videos in class. This gave the students an opportunity to get to know their future student leaders and hear about why they want to be a leader at Hillsmeade Primary School in 2020.

We wish all the 2020 Student Leadership Candidates the best of luck.

The 2020 Student Leadership Team will be announced at the assembly next week.

Toni Barker Gr 5 PLT Leader





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'Addison from 3B shared her amazing writing about Arctic Foxes! Addison researched 10 interesting facts and presented her work in an informative poster.'

- Miss Sarah Smith

FROM MR CARDAMONE



Dear Hillsmeade Community,

Happy week 8! Only a few weeks to go until 2020. I hope everyone has exciting plans with families and friends for the holidays!!!

This week I have provided information from Michael Grose, I

have shared information from his website a number of times in the past. He is one of Australia's leading parenting educators and also the author of a number of books.

This week's topic is avoiding doing deals with kids. This might be timely for us especially with the holidays coming up. Michael provides information on this and other strategies that we can use.

Thereismorehttps://www.parentingideas.com.au

information

at

Avoid doing deals with kids

"Have you ever said something like this to one of your kids? "If you eat all your dinner up, I'll let you use my iPad for five minutes."

Most kids under the age of ten would empty their plate in an instant with that sort of carrot dangled in their face. But it's a tricky game you play when you start to do deals with kids to win their cooperation. For a start, you need to be prepared to raise the stakes as the novelty of five minutes of iPad use will soon wear off.

This would also mean you need to be prepared to keep dealing with your kids, as they soon learn that if they hang out long enough, Mum/Dad or whoever will offer me a juicy enticement to win my favours.

You get what you negotiate

Keep doing deals with kids enough and they learn that they get what you negotiate. That's fine in the business-world, but hard work in families. I've seen mums who deal with kids because they just want peace and quickly. I've also seen dads deal with their kids because they simply enjoy negotiating. They see it as a game. That's hard work for their partner who doesn't use those methods.

Kids who do deals

Sometimes it's kids who do the negotiating. "You want me to go to bed at 8.00pm do you? Well I'll go to bed at 8 o'clock if I can have a TV in my room" says a born negotiator. It takes a savvy parent to say, "Actually, no. That's not going to happen." Sometimes we become involved in child-initiated deals before we're even aware it's happening. Again kids can take advantage of busy, tired or time-poor parents.

The last resort

If doing deals with kids to get cooperation is a strategy you use then it should be a strategy of last resort (to use when your mother comes to visit; when you are dog-tired; or when you want a cosy Sunday morning in bed), not the first one you use when you want your kids to behave well.

Here are 5 alternatives to 'doing deals' with kids:

1. Catch them doing the right thing: Make a bit of a fuss when your kids behave as you want. Tell your face that you are pleased with your kids so it lights up, and kids get to notice you are happy with their behaviour. This is based on the premise that parent recognition ("Mum/Dad is happy with me") is a high driver for many kids.

2. Reward them after the behaviour you want: Avoid saying, "If you behave well on our shopping trip I'll buy you a matchbox car." This is bribery, which is tied up with the art of dealing. Instead, show your appreciation with a treat after they have behaved well. The order of events makes a huge difference!

3. Manage like a cat: There are times when a child or teen needs to know that "No means no" rather than "No is just a suggestion". A message delivered with firm body language, a still head and a clear, flat voice

4. Let consequences be your friend: Let your actions, or lack of action, do the talking. Rather than negotiating with kids to pack their toys away, put toys that are left around into the 'mystery bin' for a time. You may need to hold firm to a tantrum when you use this method, but hang tough so your child sees that you really mean what you say and do.

5. Focus on you, not them: Want them to go bed on time? Then start reading their bedtime story at the agreed time whether they are there or not. (This works well if your child is a reader! Not so good if your child isn't interested in books. It's the principle that counts). Resist calls for 'that's not fair!' as not being in bed at an agreed time is not fair on you either! The simple shift from telling them what to do to telling them what you will do makes a massive difference particularly when you have a child who doesn't like to be told what to do.

Nothing works all the time so smart parents know they need to have a number of different strategies at their disposal when they want cooperation from their kids. They also have a hierarchy of responses that places 'making deals with kids' their last resort, rather than their first option.

In fact, it may be best to leave doing deals out of your parenting armoury altogether and focus on using other communications methods instead.

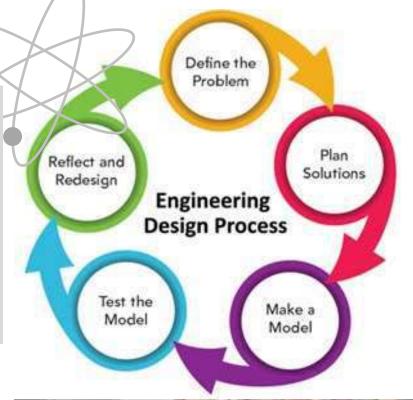
If you have any questions, please let me know.

Mr John Cardamone Leading Teacher in Social and Emotional Learning Social and emotional learning...'It's

STEAM IN ACTION YEAR ONE

Last week, I visited little budding scientists in Miss Page's classroom. They were investigating how our brain identifies the sound. Sound experts taught me that sound is produced by tiny vibrations in the particles that make up materials. When the vibrations reach our ear, our brain translates the signal into what we call sound. They were using onomatopoeia words like oink, quack, meow to discover how sound was travelling to their ears.

In Mrs Parmenter's, Miss McGrath's and Mr Masson's classroom, it was wonderful to see students using the engineering design process to design and create a machine that could get a very tired whale back into the ocean. Huge cranes were being used to push, slide and pull the big whale into the ocean.



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The BYOD program at Hillsmeade Primary School aims to support our school vision; to continually grow and learn together, supporting students to become global citizens prepared for the needs and expectations of our ever changing society.

We invite parents/carers to join us in the library on December 3, to discuss changes to the program offered at Hillsmeade in 2020.

These include:

- Offering the BYOD option to students from grades 3 to 6
- Providing options for families to purchase iPads
- Inviting students to use currently owned personal iPads that meet minimum requirements

This program will continue to be **optional**. Laptops and iPads will continue to be provided by the school to support student learning.

- Ms Crystal Wells

BYOD Program Parent Information Evening Tuesday, December 3rd 6pm-7pm 8

A SPECIAL VISITOR!

Student Reflection

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On Friday the 22nd of November Adam Treloar came to visit 4C and 4D. He signed some things for us and also gave Zye a game gurney to Zye. Adam signed my pencil case. He let us ask some questions about himself and his life as a footballer. He also talked to us about how he hurt his hamstring and how he got better. He taught us about self-massage for sore body parts by using a tennis ball to get into the sore parts like his hamstrings. Adam mentioned his favourite sport was basketball.

Adam spoke about his team before Collingwood which was GWS. He lives there in Sydney for 2 years. Adam is now living in Melbourne and playing for Collingwood football club. He has just signed a 6 year contract which he will be 32 years old when that contract finishes.

Zye and I were so excited that we jumped up so high that we nearly touched the sky. I felt so happy to finally meet my idol.

-Kayden 4C









Poster by Nyah F

When:

9

Friday the 13th of December

What time:

5pm-8pm

Where:

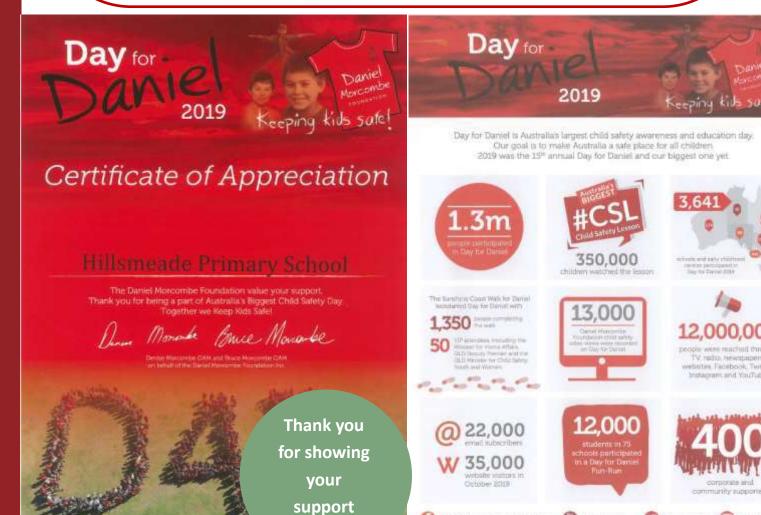
At Hillsmeade's new Ampitheatre

What Activities:

Face Painting and a Jumping castle

What's The Food?

Food Truck and Sausage Sizzle



DanielMorcombe.com

DanielMorcombe.com.au

👔 356.000 liles and 328.000 followers 🛛 2500 subscribes 🎧 1.900 followers 🙆 5.800 follo



Tuesday 3rd December 2019

We invite all families to our annual Art Expo

5:00pm-5:30pm

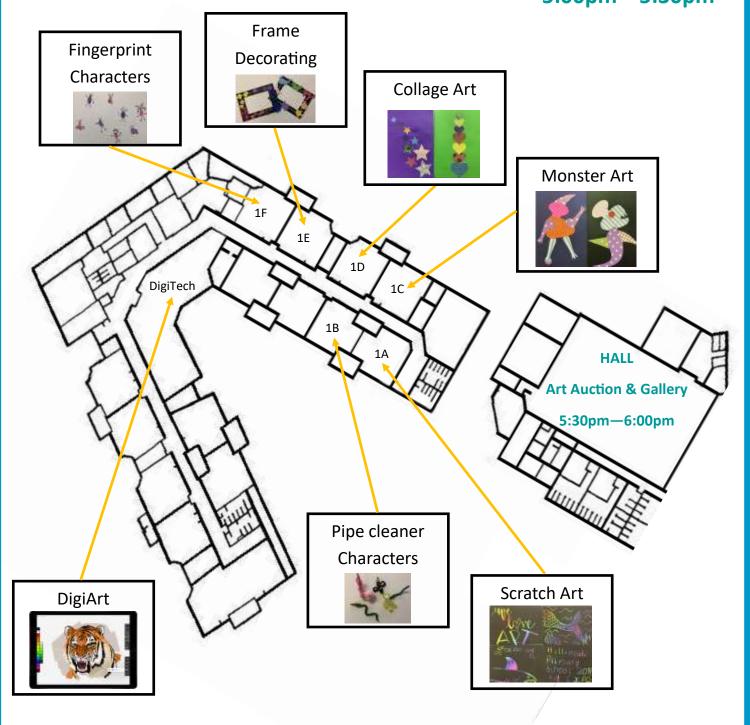
Art activities will be held in the main building.

5:30pm-6:00pm

Student artwork will be showcased in the hall. An Art auction will be held and families are invited to bid on class canvas artworks.



Tuesday 3rd December Art activities in the main building 5:00pm—5:30pm







Don't forget to carry your gold coins and permission slip on the day. Extra permission slips are available at the office.

<u>CONGRATULATIONS TO OUR</u> HILLSMEADE HEROES

Prep A	1/E	2/A	5/A	6/B
Lily C	Zoe P	Soha Q	Norah	Jai W
Milla C	Rawan E	Mahli T	Amra	Bahara Q
			Caleb	
Prep B		2/B	5/B	6/C
Jarrar N		Tatum V	Summer	Keely O
Elvin F		Yang Yang L	Alita	Mikayla R Nathaniel D
			Dane	Jordan H Neeraja R
				Nemdini T
Prep D		2/C	5/C	6/D
Joshua B		Ashlee W	Zahra	Quratullane A
Satiash A		Daniel M	Chloe Mark	Orlando K
Prep F		2/D	Garine Morwan	Alannah D
Jayda T		Connor F	Mostafa	Travis P
Samara N		Grade M	Wahaj Jake	
		2/E	5/D	
		Lex W	Cooper	
		William N	Prabhjyot	
		2/F	5/E	
		Samuel	Hassanain	
		Maahier	Eshjot	
		Zane	Nelofar	
		Aliza		
		Shaaru		



<u>C.S.E.F.</u> <u>Do you have a</u> <u>health care card?</u>



You may be eligible to apply for the CSEF (Camps Sports Excursion Fund) which gives each student \$125 per year to go towards Camps, Sports, Excursions and Incursions at Hillsmeade Primary School.

Applications must be submitted by Friday 19th of June 2020.

Please see the office staff for further information and application forms

Don't forget!

<u>School banking is every</u> <u>Tuesday</u>

Tuesday the 3rd of DEC is the last day to redeem items for guaranteed delivery before the end of term.