



Enrol NOW for 2021!

Email us for an enrolment pack @
hillsmeade.ps@education.vic.gov.au

The Link

Hillsmeade Primary School Newsletter

Issue No 32—WED 28th OCT

TERM 4
2020



THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE

WHO, WHAT, WHEN?

MON OCT 26th	TUES OCT 27th	WED OCT 28th	THUR OCT 29th	FRI OCT 30th
Lamont Virtual Book Fair	Lamont Virtual Book Fair	Lamont Virtual Book Fair	Lamont Virtual Book Fair	Day for Daniel—Wear a Red Shirt Lamont Virtual Book Fair WORLD TEACHER'S DAY!
MON NOV 2nd	TUES NOV 3rd	WED NOV 4th	THUR NOV 5th	FRI NOV 6th
Hillsmeade Cup Day—Dress to Impress!	Melbourne Cup Day PUBLIC HOLIDAY			Virtual Assembly Posted to Compass Crazy Hair Day (No Donation)
MON NOV 9th	TUES NOV 10th	WED NOV 11th	THUR NOV 12th	FRI NOV 13th
			School Photo Day	
MON NOV 16th	TUES NOV 17th	WED NOV 18th	THUR NOV 19th	FRI NOV 20th
				Virtual Assembly Posted to Compass

FROM THE PRINCIPAL

Dear Hillsmeade Community,

Happy Week 4 of Term 4. This term really is flying by. A big thank you to all of the Hillsmeade Community who continue to support our new ways of working for drop off and pick up.

'Thank you!'



Hillsmeade Cup

A reminder that Monday the 2nd of November is Hillsmeade Cup Day. We will still be celebrating this annual event and encourage students to dress to impress. Previously we have had some very fashionable attire and even some jockeys and horses. We look forward to the activities for the day that will be completed in class and in year levels. In the afternoon we will share the day's events with our community via COMPASS. A big thank you to John Cardamone for coordinating this event.

World Teacher's Day

World Teacher's Day is a day to celebrate and be proud of our teachers. Celebrate the remarkable teaching profession and its bright future or say thank you to teachers. Share a group photo or solo photo (socially distanced, if required) in your sunglasses on social media. Use #teachersday #thankteachers #brightfuture @aitsl on Twitter, Facebook or LinkedIn.

Use our fun fotoframe! Grab your sunglasses, choose a frame and take a photo. It's that easy. Then share your photo and message on social media using the hashtags above for teachers across Australia to see.

I would like to take this opportunity to publicly acknowledge the work and efforts of our teachers across Hillsmeade Primary School and our Hillsmeade ELC. The work, effort and care from all educators is so valued across our school. 2020 certainly has been a year like no other and our Teachers and staff have really stood up and walked into the wind of the unknown. Our educators have worked in new ways and have supported our learners through the challenges of 2020. A big thank you and happy World Teachers' Day.

Canteen Reminder

A reminder that for the moment the canteen is only open Thursday (available for Prep – Year 2 students) and Friday (available for Year 3 – Year 6 students).

Now is the time to
submit prep
enrolments for
2021!

Please contact the
office if you have
plans to relocate in
2021.

FROM THE PRINCIPAL

Assembly

A big well done to Danielle McKelvie who is now leading the development of our school virtual assembly. It was so lovely to see our student leaders in last weeks assembly. Well done Danielle.

Assembly performances

Do you play a musical instrument or sing?

Do you have a musical piece (2-3 minutes) you could perform for assembly?

If you are interested in presenting a musical performance for the school community as part of our virtual assembly, please email a video of you performing from home to dmckelvie@hillsmeade.vic.edu.au with your name and grade listed.

We look forward to sharing some of our amazing musical talents in future assemblies.

Return of Loan Devices

If you borrowed a loan device/s for use during remote learning we ask that it please be returned to the school with it's charger at your earliest convenience.

Victorian State School Spectacular 2021

We are very excited to let our community know that we have again submitted an expression of interest to be part of the 2021 Victorian State School Spectacular Mass Dance group. A big thank you to Lisa Scott for coordinating this. Fingers crossed.

Road Safety Around Schools is Important!

Please visit the below link, courtesy of the City of Casey for more information.

<https://youtu.be/jlDaeuM-HbQ>

School Photo Day

We are very excited to announce that school photos are happening this term.

School photos are scheduled for Thursday the 12th of November.

Please wear full school uniform on the day.

School photographs are scheduled to be taken by 'Advanced life'. We ask that ordering be completed online to avoid cash handling. Orders placed earlier in the year will be honoured.

Orders for packages can be placed securely online at <http://www.advancedlife.com.au/> using the school's unique 9 digit advanced order code.

LG3 X97 85R

Portrait and group package orders are due by photography day.

Due to COVID-19 constraints, we won't be able to have sibling photos this year. If you paid for sibling photos earlier in the year you will be refunded directly by AdvancedLife.

Every child will have their photo taken regardless of whether an order is placed.

Should you have any queries concerning school photographs or online ordering, please direct them via email to enquires@advancedlife.com.au.

A Note From Sick Bay

All students with a diagnosis of Asthma need an Asthma Action Plan.

These need to be reviewed and supplied by your Doctor at least every 12 months.

Could you please ensure the school has an updated Action Plan and that your child has their own Spacer and Asmol/ Ventolin/ Medication prescribed by Doctor.

If you have any queries, please call and ask to speak to Vicki or Caren.



FROM MR CARDAMONE

Good Afternoon Hillsmeade Community,

I hope this week has been a positive one for you and your family. It is great to be back after a few weeks off and to see all students back at school. I hope everyone had a very restful holiday and had the opportunity to spend time with your family.

This week we have another important article to share with you from Michael Grose about friendships. If you would like to find out more please visit this website <https://www.parentingideas.com.au/blog/helping-your-child-make-and-keep-friends>

We know that positive friendships are vital for our children and can have a big impact on how they are feeling day to day. We all have adjusted to keeping connected with our family and friends through technology during the different restrictions this year. With school returning to normal, friendship will play a big part in their social and emotional learning.

“Children who develop healthy friendships generally have a definite set of social skills that help make them easy to like, easy to relate to and easy to play with. One such skill is the ability to adjust their behaviours to suit the social requirements of a particular situation. Many boys struggle in this area and can be loud, overbearing and bossy when their peers want them to be quiet, cooperative and to follow others. You can coach your child to fit in with the requirements of many of their social groups using this three-pronged approach:

The primary school age is an ideal time for children to form friendships with both girls and boys. This is particularly valid if your child has siblings of their own gender, or don't have siblings.

- *Remind: Be preemptive with your teaching. Before your child visits their friends provide some relevant pointers about their behaviour. “Remember to say hello quietly and ask them if they'd like to play with you.”*
- *Rehearse: It's useful to practise with children how they should act in social situations. “Okay, Jeremy tell me what you will say when you want to enter a game. Let's practice waiting for a break in the game, approaching someone you know and saying, “Excuse me. Can I play with you guys?”*

Revisit: Give your child feedback after the event but keep it positive and upbeat. “That was great the way you let the other kids lead the way. Your friends love it when you let them be boss.” Boys, in particular, benefit from being told what works well in terms of their friendships behaviours.

Encourage healthy friendships

The wellbeing of many primary school girls is heavily impacted by her relationships with her peers. When relationships are going well she'll tend to be happy, however when friendships become tricky then she can feel unhappy, even distraught. Help your daughter identify what a healthy friendship looks and feels like – she should feel safe, valued and able to speak up. Unhealthy relationships, such as cliques, are restrictive, one-sided, full of gossip and criticism. To assist them to reflect on the nature of healthy relationships help your child to formulate responses to these questions: “What does a good friend look like? How does a good friend behave? What do good friends do?”

Encourage friendships with both genders

The primary school age is an ideal time for children to form friendships with both girls and boys. This is particularly valid if your child has siblings of their own gender, or don't have siblings. It's through these early relationships that we gain the confidence to mix with different genders in the later years. Forming friends across genders helps to break down the mystique that sometimes forms, when a child has little contact with the ‘other’ gender.

Understand the impact of gender on friendships

Research shows that boys' friendships groups are more inclusive and less changeable than friendships enjoyed by girls, particularly those in the eight to twelve age group. If you have a girl, be ready to support your daughter through the hurt of friendship breakdowns and remind them that new friendships are just around the corner. Many girls take a disagreement with a friend personally as they don't have the emotional development to deal with conflict constructively. Help her reflect on her own place in a friendship breakdown, and encourage her to be open to restoring a relationship once emotions are in check.



FROM MR CARDAMONE

Remember, friends a feather flock together

If you think that your child doesn't have as many friends as a sibling or other children their own age, don't be too alarmed. On average, children usually have only two or three significant friendships at any one time. It's the quality rather than the quantity of friendships that counts. If you are concerned that your child lacks friends at school encourage them to take up a variety of extra-curricular activities. It's easier to strike up a friendship with someone when you have something in common.

Above all else, encourage your child to be friendly by talking to others, showing an interest in what other children do, offering help when needed, and being willing to enter a game or social situation. Consider teaching your child, if necessary, alternatives to fighting and arguing when there is disagreement and conflict within groups".

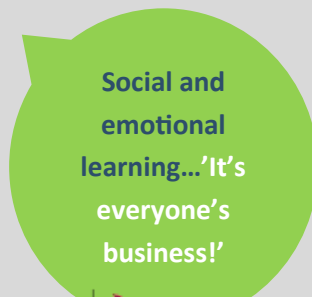
I hope that this is helpful for you and your family.

Thank you,

I hope this is helpful for you and your family.

Thank you.

John Cardamone Leading Teacher in Social and Emotional Learning



FREE Counselling for school aged children and young people

Thanks to funding provided by the Australian Government under the South Eastern Melbourne Primary Health Network (SEMPHN), Family Life is pleased to announce a new FREE counselling service for school aged children and young people.

This funded service is aimed at school aged children, without a mental health diagnosis, who will benefit from a brief period of therapeutic support to assist them to overcome stress or anxiety resulting from the COVID-19 pandemic.

A child or young person attending school (excluding pre-school) or living within the following local government areas, can access the service: Bayside, Glen Eira, Stonnington, Port Phillip, Dandenong, Casey, Cardinia, Kingston, Frankston and Mornington Peninsula. Priority access will be given to children aged 12 and under.

A GP referral is not required.

Anyone can make a referral to the service by contacting the SEMPHN Access and Referral Team on 1800 862 363 (8.30am-4.30pm weekdays) and asking about their “Family Life Covid-19 Program”.

Alternatively you can submit a referral to SEMPHN using their online [referral form](#). In the Presenting Issues section of the form include “Family Life Covid-19 Program” along with any presenting issues.

The Hillsmeade Cup Dress to Impress! Monday 2nd Nov

Attendance Matters! Please remember, every day counts!

This year's cup will look a little different with virtual activities running throughout the day.



WRITING IN YEAR 4

Congratulations to our amazing Year 4 writers who produced some wonderful narratives, inspired by our virtual Art trip to The National Gallery. A special well done to the below children whose work was selected by their teachers to be sent to the Gallery! Their work was read and enjoyed by the Gallery Teacher Lilly Feiner who said:

"I am so happy you were inspired to bring our artworks to life with your imaginative and descriptive writing. Well done to everyone who shared and submitted their writing – these pieces are terrific and really made my day."

Fantastic work guys! - Mrs Aplin

Erin B 4E

Cooper C 4E

Cameron T 4E

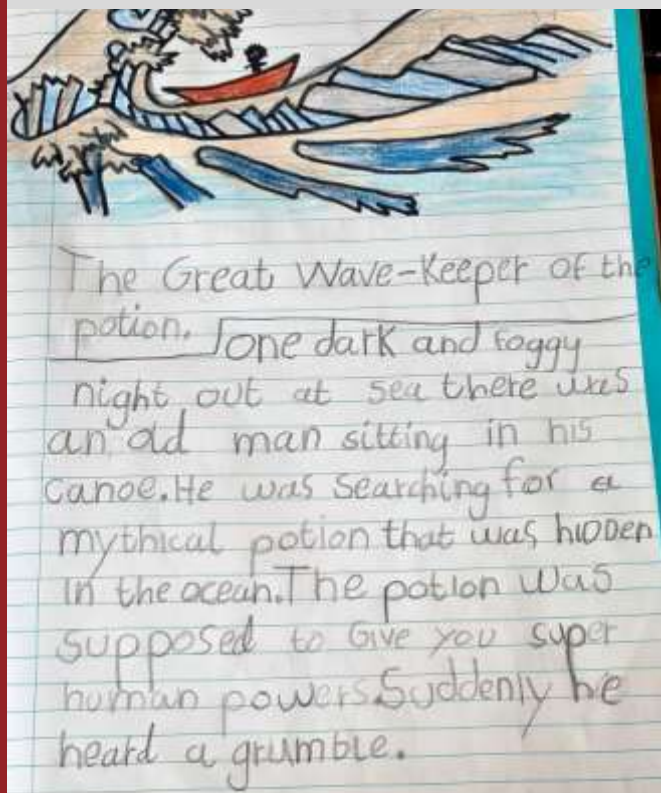
Mabel J 4E

Chase P 4D

Aydin M 4D

Arman S 4C

Ashlee L 4C



GRADE 4 VIRTUAL CAMP

This term the grade '4's were meant to embark on their grade 4 camp. As we couldn't attend the camp this year, we decide to design a virtual camp for our wonderful students instead.

We engaged in virtual tours of the zoo, aquarium, solar system, scuba diving, bush walks, penguin parade and more!

It was a fantastic 3 days, and gave us plenty to write about!



Grade 4 Virtual Camp

Welcome to the Grade 4 Virtual Camp!

Over the next few days we will embark on a virtual camp, with virtual tours, dance parties and fun activities!

I hope you're all rested for our first day of camp...

Time to hit the road!



DAY ONE!

Stop One: Melbourne Zoo!

Time to explore the Melbourne Zoo and all of its amazing animals through our virtual tour!

Watch the tour here: <https://www.youtube.com/watch?v=whh1Wd85Qc>

Task: Please use the Zoo Map to categorise animals into data sets (they are already colour coded to help you). Write down which animals are in each category and the total number of animals in each of those categories. Represent this data in a graph to find out which category has the most animals!



Time for morning tea! Have something to eat, a drink of water and get some fresh air!

Arman 4C Rocket Write 22/10/20

In the past weeks, me and my class have had a virtual camp thanks to COVID-19. Our normal camp got cancelled but instead, we had a virtual one. Today I'm going to tell you all about it.

Day 1: Today we watched a virtual tour of Melbourne Zoo. My favourite animal was the lion. Then we had a virtual tour of the Melbourne Aquarium. It was exciting. Then we saw a penguin parade. They were ADORABLE!

Day 2: On day 2, we had a nature walk. It was so calm and relaxing. It was beautiful!

Day 3: Today was Amazing! We saw a virtual scuba diving. Then we saw some crocodiles! (Other animals in the milky way) It was Awesome! We also saw people at a camp doing Archery, Bushcraft, boating and swinging on the flying

22/10/2020 Rocket Write Kaiya

Hello and today I'm going to be tell you about my virtual camp day 1.

First we watched a virtual Zoo video of the Melbourne Zoo it was so fun. The boy guy showed us all the animals on land including the new animals. They were the oldest animals on earth.

Second we watched a virtual sea life video of the Melbourne sea life aquarium. The animals were so cute and scary at the same time.

Third of all we watched a video of the penguin parade it was the most cute and funny thing in the world. The penguins are so cute everything about them is so cute but the funny thing is how they walk those little feet and wings. AWW SO CUTE AND FUNNY
I love Penguins!





AN INVITATION TO OUR BOOK FAIR!

Where: Hillsmeade's Virtual Book Fair

Online link shared soon

Date: 19th - 30th October 2020

Time: Anytime during the Book Fair



Don't miss out!

Every purchase
supports our school!



www.lamontbooks.com.au



Day for Daniel

Friday 30 October, 2020

This October, schools, parents, carers,
businesses and the community are
uniting to keep kids safe.

WEAR RED • EDUCATE • DONATE

Register your support today. It's free!
www.DanielMorcombe.com.au

IMPORTANT INFORMATION ON
- keeping kids safe -



RECOGNISE REACT REPORT



You have the
right to be safe
and you can
get help

Talk to the five
grownups on your
safety network until
you get the help
you need

#keepingkidssafe #recognisereactreport

www.DanielMorcombe.com.au

☎ Kids Helpline 1800 55 1800
☎ Emergency 000

© 2015 Daniel Morcombe Foundation

Daniel
Morcombe
FOUNDATION INC. 