

Please keep an eye on compass for any updates to school drop off and pick up procedures.

<https://hillsmeade-vic.compass.education/>

# The Link

Hillsmeade Primary School Newsletter

Issue No 3—WED 17th FEB

TERM 1  
2021



THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE

## WHO, WHAT, WHEN?

WK 4 MON 15th FEB	TUES 16th FEB	WED 17th FEB	THUR 18th FEB	FRI 19th FEB
Remote Learning	Remote Learning	Remote Learning	Students Back on Site CANCELLED School Tour	Students Back on Site
WK 5 MON 22nd FEB	TUES 23rd FEB	WED 24th FEB	THUR 25th FEB	FRI 26th FEB
	CANCELLED Hillsmeade Expo	Preps do not attend	District Swimming Trials	
WK 6 MON 1st MAR	TUES 2nd MAR	WED 3rd MAR	THUR 4th MAR	FRI 5th MAR
		Preps are at school Prep Picnic 5-6pm CANCELLED		Hillsmeade Cross Country 9:15-11:00am Grades 4-6
WK 7 MON 8th MAR	TUES 9th MAR	WED 10th MAR	THUR 11th MAR	FRI 12th MAR
Labour Day Public Holiday (No school)				

# FROM THE PRINCIPAL



There will be no Canteen for the remainder of this week.

Dear Hillsmeade Community,

Premier Daniel Andrews has just announced that our circuit breaker will conclude at 11:59pm tonight.

**We are excited to welcome back students on site tomorrow (Thursday 18<sup>th</sup> of February).**

We would like to take this opportunity to thank our school community. We know it has not been easy and that this time has been disruptive. We are very excited to have students return tomorrow.

Thank you again for your support during this time.

**Jodie Bray**  
**Principal**



## Teacher Professional Practice and Planning Days

This week, our staff have been working remotely and collaboratively via Microsoft Teams. Our Professional Learning Teams (PLTs) have engaged in their Professional Practice Day and Planning Day, which are scheduled termly to focus on teaching and learning. Our teachers have participated in Term 1 and Term 2 planning, preparation and professional learning. Today, teachers have conducted wellbeing phone calls to

students and families to make positive connections and support students in preparing for school to reopen on Thursday 18<sup>th</sup> February.



## Staff Positive Start

This term, our staff meeting schedule is focused on whole school professional learning to improve consistency and high-quality practice across all year levels. Our Staff Positive Start program is designed to establish the routines, expectations and teaching practices to connect, support and achieve as a school. Our meetings are focused on Literacy, STEAM and Social and Emotional Learning, with connections to the DET Framework for Improving Student Outcomes.

## Postponed

Unfortunately due to current restrictions tomorrow's school tour for prospective parents and our Hillsmeade Expo next week have been postponed. Our virtual tour can be viewed here:

<https://www.hillsmeade.vic.edu.au/>

## 2021 SCHOOL COUNCIL

### 2021 School Council Elections Timeline

There are 4 parent positions vacant and 1 DET Employee position vacant.

The **1 DET** vacancy and **3** of the **parent** vacancies are for positions to be held for **two years**.

**1** parent position is for a term of **1 year** only.

Timeline below follows the DET guidelines for election process.

Notice of election and call for nominations	Tuesday, 9 <sup>th</sup> February 2021 shared on Compass Advertise in LINK Issue #2 on Wednesday, February 10 <sup>th</sup> .
<b>Closing date for nominations</b>	<b>4:00pm, Wednesday, 17<sup>th</sup> February 2021</b>
Date by which the list of candidates and nominators will be posted	Friday, 21 <sup>st</sup> February 2021
Date by which ballot papers will be prepared and distributed	On or before Monday, 22 <sup>nd</sup> February 2021
Close of ballot	4:00pm, Monday, 1 <sup>st</sup> March 2021
Vote count	Tuesday, 2 <sup>nd</sup> March 2021
Declaration of poll	Wednesday, 3 <sup>rd</sup> March 2020
Special council meeting to co-opt Community members (the principal will preside)	Tuesday, 9 <sup>th</sup> March 2020
First council meeting to elect office bearers (the principal will preside)	Tuesday, 9 <sup>th</sup> March 2020

**Election oversight will be Assistant Principal Crystal Wells.**

## DARI - RETURN TO SCHOOL

والدين و سرپرستان گرانقدر،

امید همه صحت و محفوظ باشین.

فردا ۱۸ فبروری، ۲۰۲۱، مکتب باز میشود و لطفاً برای هر نوع معلومات بیشتر و جدید COMPASS مکتب را ملاحظه نمایند.

با احترام،

طوبا آرام



Jacob  
L

Always looking forwards by Jacob L

Thank you Jacob L from 4/D for sharing your wonderful artwork with us!

## FROM MR CARDAMONE

Good afternoon Hillsmeade,

I hope it has been a positive week so far for you and your families given the circumstances. Last week I shared some of the things we do at Hillsmeade to focus on Social and Emotional Learning and the mental health and wellbeing of our students, we had a close focus on circle time. This week, I wanted to share with you in more detail about the Zones of Regulation that Hillsmeade has implemented in every classroom. This has been a successful framework for our school and for our students to learn more about self-regulation and their emotions. We have seen many families implement the zones at home. I will share an overview of what are the zones and how they are implemented in all classrooms. Over the next few weeks, I will discuss what each zone is and the meanings and strategies that may help your families and children.

The zones language is used every day in all classes to build emotional literacy and to support our students with strategies that they can use in each of the zones. At the start of the school year, the Zones of Regulation are unpacked through the positive Start Program and students have an opportunity to design and come up with strategies that they can use to support them to self-regulate. Please find some information on the zones from the official Zones of Regulation website below.

### **What are the Zones?**

*The Zones is a systematic, cognitive behavioural approach used to teach self-regulation by categorizing all the different ways we feel and states of alertness we experience into four concrete coloured zones.*

*The Zones framework provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem solve conflicts."*

<https://www.zonesofregulation.com>

## Goals of The ZONES

### Curriculum

#### TEACHES STUDENTS

- Identify their feelings and levels of alertness
- Understand their feelings in context
- Effective regulation tools
- When and how to use tools
- Problem solve positive solutions
- Understand how their behaviours influence others' thoughts and Feelings

And ultimately move towards **Independent Regulation**

On the following page are some pictures from classrooms with the zones display visible to all students.

If you would like to know more about the zones and how you can use this framework at home, please do not hesitate to contact me.

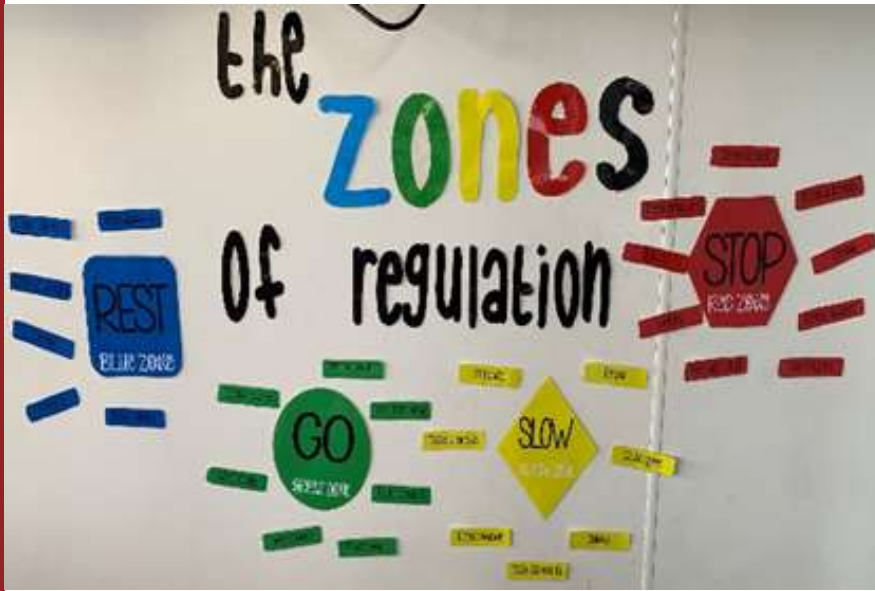
Thank you.

John Cardamone

**Leading Teacher in Social and Emotional Learning**

Social and emotional learning... 'It's everyone's business!'





**TITANS**

BERWICK SPRINGS  
Football Netball Club

## FOOTBALL PLAYERS WANTED FOR 2021

U8 (2013/14)	U9 (2012)
U11 (2010)	U12 (2009)
U14 (2007)	U17 (2004/05)

Girls  
U12 (2009/10/11)

If you have any enquiries please contact  
our Registrar  
[jfregistrar.bsfn@gmail.com](mailto:jfregistrar.bsfn@gmail.com)

