



The Link

Hillsmeade Primary School Newsletter

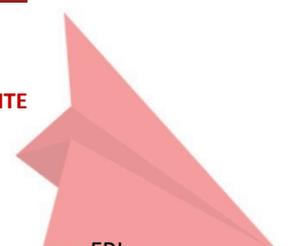
Issue No 22—Wed 1st AUGUST

TERM 3
2018



THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE

WHO? WHAT? WHEN?



MON	TUE	WED	THUR	FRI
<p>30th JULY</p> <p>100 Days of School - Prep</p>	<p>31st JULY</p> <p>United Free Basketball Clinic Year 3 9:00AM-12:00PM</p> <p>ICAS Reading 11:30AM</p> <p>School Council Meeting #5</p> <p>School Tour 10:00AM @ Front Office</p>	<p>1st AUG</p> <p>Prep Healesville Sanctuary Visit 8:45AM-3:00PM</p> <p>Gr 3 History Box Incursion 9:00AM—11:00A</p> <p>United Free Basketball Clinic Year 4 9:00AM-12:00PM</p>	<p>2nd AUG</p>	<p>3rd AUG</p> <p>Electives</p>
<p>6th AUG</p>	<p>7th AUG</p>	<p>8th AUG</p>	<p>9th AUG</p> <p>School Production Dress Rehearsal Gr 4-6 9:00AM-3:15PM</p> <p>The Adventures of Superstan Theatre Trip Gr2&3 11:00AM-2:30PM</p>	<p>10th AUG</p> <p>Whole School Assembly in Gym 2:45PM</p>

UPCOMING EVENTS

Final Payment for Gr 6
Canberra Camp is due:

WED 1st AUGUST



EVENT	CONSENT/PAYMENT DUE	EVENT DATE
Grade 3 History Box Incursion	25/7/2018	Wednesday, August 1 - 09:00 AM-11:00 AM
School Production: Grade 4-6 Dress Rehearsal	31/07/2018	Thursday, August 9 - 09:15 AM-03:15 PM
The Amazing Adventures of Superstan— Theatre Trip (Gr 2/3)	31/07/2018	Thursday, August 9 - 09:15 AM-03:15 PM
Grade One Aquarium Excursion (1/A, 1/B & 1/C)	01/08/2018	Tuesday, August 14 - 09:15 AM—03:30 PM
Grade One Aquarium Excursion (1/D, 1/E & 1/F)	01/08/2018	Thursday, August 16 - 09:15 AM—03:30 PM
Year 6 Canberra Camp Experience	Final Payment Due: 01/08/2018	Monday, September 3 - 07:00 AM— Friday, September 7 - 05:00 PM
Grade 5 Sovereign Hill excursion	03/08/2018	Friday, August 17 - 07:30 AM—06:00PM
Hoop Time (Basketball) Grade 5/6	08/08/2018	Wednesday, August 15 - 08:45 AM— 03:00PM
Grade 2- Camp Manyung	17/08/2018	Monday, December 17 - 09:00 AM— Tuesday, December 18 - 03:30 PM
Alexandra Adventure Camp - Grade 4	Final Payment Due: 21/9/2018	Wednesday, October 24 - 09:00 AM— Friday, October 26 - 03:30 PM

FROM THE PRINCIPAL



Dear Parents / Guardians,

Happy week 3 everyone. Term 3 is already flying by and there have been some wonderful things happen so far. A big congratulations to the Year 2 students who performed at last week's assembly. Students did a wonderful job singing and their actions to the lyrics were wonderful. Attendance at assembly is wonderful, and we do want to say thank you to parents who make the time to attend. We do apologise for the tight fit in the gym and assure families that we are thinking of ways to better enable community attendance. With currently 886 students enrolled it can be tricky and we appreciate parent understanding.



Student Hub

We are very excited that we have our Values Garden Student Hub completed. The ground work has taken a while, but I am sure you agree, the end result is wonderful. Let's hear what some students think ...

FROM THE PRINCIPAL

Lamona (6B)

Looks beautiful and
amazing

Georgia (6E)

Inspiring and peaceful

Shaylah (3C)

Nice place to relax

Tenielle (3B)

Very colourful and a soothing
place for people to take in
nature

Darcey (3B)

Nice place to grow
happily

Dion (2E)

I love this place, it says I
RESPECT. I'm going to take
care of it

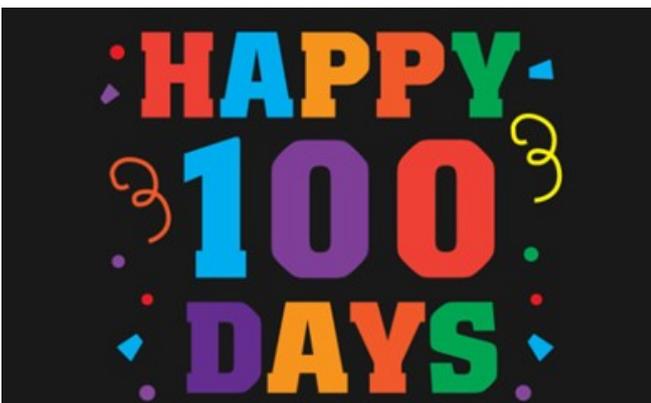




100 Days of Prep

Congratulations to our wonderful Preps. On Monday the 30th of July the Prep students and staff celebrated 100 days of Prep. We are so pleased with how our new editions have transitioned into Hillsmeade Primary School. Please take the time to have a look at some of the great photos of the celebrations.

A big thank you to the Prep Team, Nicole Page, Lauren Slevin, Nowella Ahlgren, Kate McArdle, Brydee Pilarinos, Michelle Ewing, Karishma Emrith, Tania Agnew and Sharon Porter for supporting our Preps this year.



FROM THE PRINCIPAL

Farewell

Over the last two weeks the staff of Hillsmeade Primary School have said farewell to Scott Clode (moving on to a Principal position at Warragul Primary School) and Judy Kenny (retirement). I would like to take this opportunity to publicly thank both Scott and Judy for their positive contributions to Hillsmeade Primary School and wish them the best of luck in moving forwards.



Melbourne United

On Tuesday the 31st of July Year 3 students were involved in a free incursion event led by Warrick Giddey (Previous NBL Melbourne Tigers player). Students were involved in skills and drills to promote team work and the fundamental skills of basketball. Year 4 students will also be having this free incursion this week. We look forward to trying to organise a time for this opportunity for the remaining year levels across the school.





FROM THE PRINCIPAL

Football

A big congratulations to John Cardamone, Travis Cole and their wonderful Year 5/6 Footy team who participated in the Regional Final for football on Tuesday the 31st of July in Baxter. It was wonderful to see the team working so well together and upholding our I RESPECT values throughout the day.

Victorian State School Spectacular

Tickets for this year's Victorian State School Spectacular are on sale now.

The [Victorian School Spectacular](#) takes place on Saturday



15 September at Hisense Arena. This year's theme is 'With the Beat'.

With only a short time until the big night, intensive rehearsals are underway for more than 3000 students from over 200 government schools across Victoria.

The 2018 production will feature a 74-piece orchestra, 1300-voice choir, 1100 mass dancers, 33 lead vocalists, 16 principal dancers, 20 ensemble dancers, nine backing vocalists, a magician, a puppeteer, songs from a range of chart-topping artists, and much more.

[Buy your ticket now through Ticketek](#) to join the more than 10,000 people to see Victoria's next generation of creative Victorians light up Hisense Arena.

Tickets are available for shows at either 1pm or 6:30pm.

Tickets are \$40 for adults, \$30 concession and \$20 for under 15s. Group purchases of more than 10 get one adult ticket free.

To find out more information, visit:

<https://www.education.vic.gov.au/about/events/Pages/spectacular.aspx>



Jodie Bray

Principal



FROM MR CARDAMONE

Good afternoon Hillsmeade community,

I hope the week has been treating you well. I wanted to congratulate our I-RESPECT wristband winners:

Ryan Allen, Eshjot Kaur, Zach Alter, Jasmine Hicks and Natalie Ponnabo. A very big well done and keep up the good work!!!

I just wanted to acknowledge our year 5/6 football team. They have been performing well and I am so proud of our efforts in reaching the Regional Finals.

Last week we spoke about the importance of sleep and how this can impact our productivity from day to day. This week I wanted to have a closer look at the impact that daily exercise can have on us especially our young children. We have all heard that exercise is good for us and our wellbeing and that it helps us to stay in shape but also having a healthier lifestyle. It is so much more than that, a message from Andrew Fuller:

“Exercise decreases stress hormones such as cortisol and increases endorphins (happy chemicals). Exercise also helps release dopamine, adrenaline and serotonin, which work together to make you feel good. Endorphins are a hormone like substance, produced in the brain and function as the body’s natural painkillers. During exercise endorphins can leave you in a state of euphoria with a sense of wellbeing. The most effective type of exercise for the release of endorphins is cardiovascular exercise and aerobics. Moderate exercise for 10 minutes a day is enough to improve your mood and increase energy but it is suggested that you do 30 minutes per day.” (Andrew Fuller)

So with this said some suggested family exercise activities:

- Family run or walk
- Being part of a sporting club/dancing club
- Swimming
- Backyard fitness circuits
- Hiking
- Gardening
- Walking the dog
- Mazes
- Family boot camp

I hope that this has given you some ideas.

Please do not hesitate to contact me if you have any questions.

John Cardamone

Acting Leading Teacher in Social and Emotional Learning



GRADE 2 INCURSION

Last week on Wednesday the 18th of July the Grade 2 cohort had the opportunity to discover and explore toys in their Toys Over Time Incursion. This incursion launched our students into our new inquiry unit for the term 'Now and Then' and science unit of 'Push and Pull'. Students learned how toys work, the mechanisms and the materials that they were made from. The students were given the opportunity to explore areas such as 'Construction Land' where we learnt that Lego is the most popular toy in the world and that there are more Lego tyres than actual car tyres! Another favourite toy amongst the students was elastics in the 'Toys that Move' area, we all had to learn from Danielle how to play as none of the students had seen this before. The students all worked collaboratively in teams and did a fantastic job showing the I RESPECT values of the school. —**Jenny Elkin**



Cakes for a cause!

CAKES FOR A CAUSE is a fundraiser
Selling delicious cupcakes for only
\$2 each. We will be donating the
money to UNICEF for children with
desperate needs. Please donate to
this cause by buying a cupcake.

Don't forget to get
your parents or
guardians
permission if you
want one of these
awesome cupcakes!



Week 5, Term 3 Hillsmeade P.S

This event is being run by
Eszter, Sahar, Mikayla &
Keely- 5C
Year 6 helpers:
Kobe, Jazmine & Aleisha- 6B

WEDNESDAY 15th August: SNACK + LUNCH

THURSDAY 16th August: SNACK

FRIDAY 17th August: SNACK + LUNCH

At Chloe's garden

- Don't forget your signed permission form

SEE YOU THERE!

Cakes for a cause

CHOCOLATE- The white wings cake mixture (CHOCOLATE) sugar, wheat, flour, cocoa powder
vegetable oil, antioxidant, raising agents, salt, natural flavour(milk), butter, eggs

CONTAINS:

Gluten containing, cereal, milk and soy.
Maybe present: egg, tree nuts and sesame

ICING:

Icing sugar, cocoa powder, whipping fat (vegetable oil, glucose syrup, milk proteins), skim milk powder,
thickener, salt, natural flavours (milk).

VANNILA- Sugar, wheat, flour, vegetable oil, antioxidant, raising agents, salt, natural flavours (milk)

CONTAINS:

Gluten containing, cereal, milk and soy.
Maybe present: egg, tree nuts and sesame

Vanilla

Everything above except cocoa powder same with the icing

Red velvet

Cocoa powder, butter milk powder, natural flavour [milk], natural colour and the rest above.

Icing

Cheese powder, salt, mineral salts,
Hydrolysed vegetable protein, food acid, milk solids, vegetable oil, salt, natural flavour [milk]

From Sahar, Keely, Mikayla and Eszter.

* NOW ACCEPTING PREP 2019 ENROLMENTS*

Please see the office team for a 2019 Prep enrolment pack. Prospective families are welcome to attend our next school tour on Tuesday 31st JULY departing from the front office at 10AM.



Meet the world's newest, greatest and most unlikely Superhero in Craig Hawes' comical musical performed by the Grade 4 to 6 students of Hillsmeade Primary School.

For general ticketing, box office information (including conditions of sale), accessibility bookings or other box office inquiries please email bunjilplace@casey.vic.gov.au or phone 03 9709 9700 between 9.00 am and 5.00 pm (Monday to Saturday). Tickets are available for purchase via the link below.

<https://www.bunjilplace.com.au/hillsmeade-ps-amazing-adventures-of-superstan>

IMPORTANT PRODUCTION INFORMATION

On Thursday 2nd August (week 3) students in Grades 4-6 will participate in the first full dress rehearsal at school.

Costume Details: In preparation for this event, can you please send your child's costume to school in a labelled bag by Monday 31st July, details as follows:

- Full length black pants, leggings or joggers (no logos/patterns/colours) and runners (any colour).
- **Grade 4's - Green T-shirt (any shade)**
- **Grade 5's - Red T-shirt (any shade)**
- **Grade 6's - Blue t-shirt (any shade)**

DATE

Thursday 9 August 2018

TIME

7.00 pm

VENUE

Bunjil Place Theatre

RUNNING TIME

75 minutes

TICKETS

All tickets \$18.00

Children under the age of two do not require a ticket if they are seated on the lap of their carer.

Please note: Service fees may apply to tickets sent via email (\$1.95) and mail (\$4.00).

Congratulations to our

HILLSMEADE HEROES:

00A Brylie L Alyssa C	1A Sean A Maahier S	2A Xavier T Matthew C	3A Terrance C Shail S	4A Bella A Shukufa E	5A Sienna Dallas Nathaniel D	6C Zareena H Onadi G
00B Angus S Ava P	1B Moom P Jayden H	2B Zolyka A Erin B	3B Sibel O Lachlan C	4B Danen E Bella N	5B Taqwa Q Jaden O	6D Josh Y Jack H
00C Setaish Q Bradley M	1C Sean V Seerat G	2C Hillal A Rayhanah A	3C Eleni M Toby B	4C Olivia M Charlie R	5C Xavier S Sahar K	6E Seth W Nargis N
00D Olivia Y Leonard J	1E Marika E Samuel D	2D Musa A April M	3E Anika A Indiana B	4D Sarah M	5D Cody O Rylan V	
00F Maddison M Anthony R	1F Ayaan B Shaaruvika P	2E Isabelle M Jarvis W		4E Jake E Chase P		
		2F Siddra Q Chayse K				
		2G Nancy-Ela A Kobe J				

FROM THE SCHOOL COMMUNITY

SCIENCE



EXPO



Tuesday 14th August

Experiments in the main building

between 5.00-5.30pm



**REMEMBER
TO DRESS
UP!**

**View displays and family
demonstrations in the Hall
between 5.30pm-6.30pm**

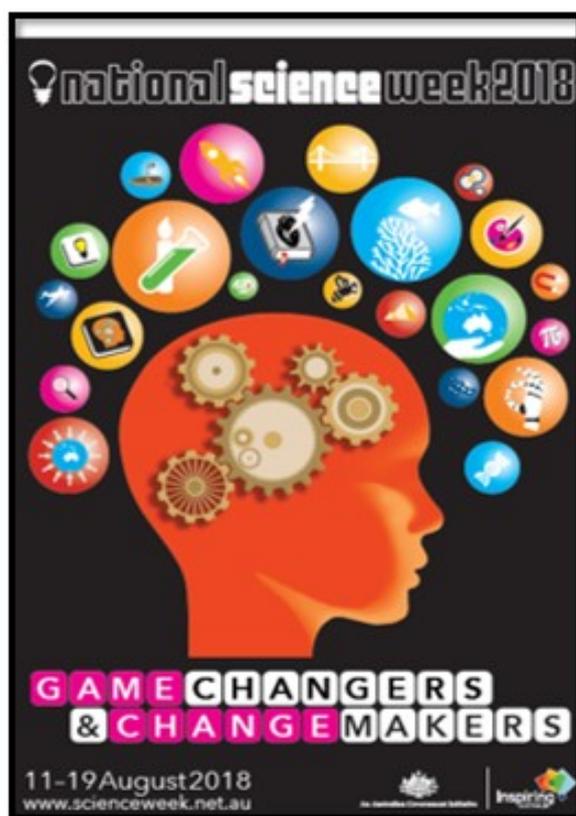
Don't forget your gold
coin donation!



FROM THE SCHOOL COMMUNITY

What is National Science Week?

- National Science Week is Australia's annual celebration of science and technology.
- It is for everyone, from students, to scientists to chefs and musicians.
- It provides an opportunity to acknowledge the contributions of Australian scientists' to the world of knowledge.
- It aims to encourage an interest in science pursuits among the general public, and to encourage younger people to become fascinated by the world we live in.



CANTEEN

Orders to be in **NO** later than 9:30am.

CLOSED TUESDAYS

Clearly write Name and Grade and **whether you have paid via QKR** with your order on your bag or envelope.

Alternatively you can view and order everything on our Qkr! App.

Please remember an extra 10c in your order if you **DON'T** have a brown paper bag.

Thursday Specials

Aussie Pie or Sausage Roll & Drink \$4.00

Tomato Soup and Toasted Cheese \$4.00

6 Chicken Nuggets, Brownie and Drink \$6.00

Monday/Wednesday Specials

3 Fried or Steamed Dim Sims & Drink \$3.50

Pizza or Pasta and a Drink \$6.00

Tomato Soup, Roll and Brownie \$3.00

Home made soup, Roll and Brownie \$4.00

Tomato and Toasted Cheese Sandwich \$4.00

Hot Roast Chicken Roll, Brownie & Drink \$6.50

Canteen Reminders

All frozen fruit, ice-creams & slushies need to be collected from the canteen at lunch time (they will not be delivered to the classroom).

In our effort to become more environmentally friendly , straws will now only be given out upon request

Your uniform will be available from the 3RD JULY at the **PSW STORE IN OFFICER**



407 Princes Highway, Officer VIC 3809

Phone: 03 9768 0382

REGULAR TRADING HOURS**

Tue to Fri: 9:00am-5:00pm

Sat: 10:00am - 1:00pm

EXTENDED TRADING HOURS**

WED 7 NOV 2018 TO SAT 09 MAR 2019

Mon to Fri: 9:00am - 5:00pm

Sat: 9:00am - 1:00pm

www.psw.com.au Save Time, Shop Online!



SHOP ONLINE



FLEXIBLE EXCHANGE OPTIONS



RETAIL STORE



LAY-BY AVAILABLE



like us on facebook

***No new lay-bys in January. Lay-bys require a 20% deposit. Lay-bys available in-store only. Extended lay-by for 'Back to School 2019' must be placed between Mon 5th Nov and Fri 21st Dec 2018. Lay-bys must be paid for and picked-up by Sat 26 Jan 2019.

** Store trading hours are subject to change, please refer to www.psw.com.au for all store trading hours, holiday trading and public holiday information, or call the customer service team on (03) 9768 0333.

* School Price Lists are subject to change throughout the year.

PSW
QUALITY IN EVERY STITCH

School Kiss & Go Zones

Kiss & Go zones are controlled by 'No Parking' signs



Information for Schools and School Parents

'No Parking' means that you can stop your car and get out to help your kids in and out of the car (and kiss them goodbye – if they let you). However, the driver cannot move more than 3 metres from the car. In most instances this will allow you to help them onto the adjacent footpath, but no further.

Generally, 'No Parking' signs don't have a specified time on them. In this case, the Road Rules allow you to stop for up to 2 minutes. However, No Parking signs may have a time limit specified i.e. 5 minutes – but remember that you still cannot move more than 3 metres from your car. It is also noted that cars displaying a current parking permit for people with disabilities may park for up to 5 minutes if no time is specified on the sign or if the time specified is less than 5 minutes. Otherwise, twice the time limit applies as per other parking restrictions.

Kiss & Go zones work efficiently if everyone abides by the time restrictions and moves on. Cars can also shuffle up to the next free space while waiting for their kids. This allows cars to enter the drop off zone from the back, rather than attempting to parallel park in front of the school at a busy time. Also, if you use these Kiss & Go zones you should encourage your kids to move quickly out of school so they are ready to hop in the car when you arrive. If your kids aren't out the front ready when you arrive, you need to move on, or return later, and let others use the facility.

At Hillsmeade Primary School the pickup and drop off zones are located:

- 8 spaces in the reserve car park
- 2 spaces before the school crossing on The Promenade near Littlecroft Avenue
- 2 spaces after the school crossing on The Promenade near Cheshire Place

In the afternoons parents can help in the following ways:

1. Do not park in the school 'Pick Up' zone until after the school bell sounds. The first students will not arrive at the 'Pick Up' zone until almost 4 minutes after the school bell.
2. Don't all arrive at the same time.
3. Do not arrive in the school 'Pick Up' zone before your children are likely to be ready.
4. Leave the school 'Pick Up' zone as soon as your two minutes is finished even if you have not collected your children. You can return to the back of the queue and come around again.
5. Encourage your children to watch for your arrival at the 'Pick Up' zone so they can be collected quickly.
6. Parents wanting to walk into the school should use other parking spaces.

Contact City of Casey

03 9705 5200
NRS: 133 677 (for the deaf, hearing or speech impaired)
TIS: 131 450 (Translating and Interpreting Service)
 caseycc@casey.vic.gov.au

casey.vic.gov.au
 facebook.com/CityOfCasey
 @CityOfCasey
 PO Box 1000
 Narre Warren VIC 3805

Customer Service Centres

Cranbourne
 Cranbourne Park Shopping Centre
Narre Warren
 Burjil Place, Patrick Northeast Drive

No Stopping Zones

Around schools, “No Stopping” signs are used to improve safety and reduce congestion.



Information for Schools and School Parents

There are No Stopping zones around schools to ensure the safety of everyone. These are usually located at the school crossing, driveways, intersections and where parking would risk the safety of pedestrians, bicycle riders and motorists. It is essential that you don't park in these locations.

'No Stopping' is very different to 'No Parking' and means that you cannot stop along a section of road AT ALL. That doesn't just mean stopping to park or drop off, but stopping your car, even with the engine running. Obviously being held up due to congestion is unavoidable and is not considered stopping in this instance. However, around schools with Kiss & Go zones, sometimes this congestion is formed due to a queue to enter the Kiss & Go zone. A car stopped at the start of this queue is considered to be stopping and it is illegal.

Double parking is Illegal

Double parking to collect or drop off children is illegal and dangerous. It makes traffic congestion worse and increases the danger to your children and to other road users.

Please do not let your children enter or leave the car even if you are stopped in a queue of traffic.

Contact Casey

For enforcement of existing parking restrictions around schools please ask for Local Laws Enforcement.

For changes to parking restrictions around schools please ask for a review of existing parking restrictions by the Traffic Operations Team.

Contact City of Casey

03 9705 5200

NRS: 133 677 (for the deaf, hearing or speech impaired)

TIS: 131 450 (Translating and Interpreting Service)

caseycc@casey.vic.gov.au

casey.vic.gov.au

 facebook.com/CityOfCasey

 @CityOfCasey

PO Box 1000
Narre Warren VIC 3805

Customer Service Centres

Cranbourne

Cranbourne Park Shopping Centre

Narre Warren

Bunjil Place, Patrick Northeast Drive

FROM THE COMMUNITY

Our lost property is looking very full! Please remember to put your child's name and grade on any items they bring to school so we can ensure they are returned to them if they go missing. The lost property basket is located at the front office.



ENGLISH FOR PARENTS

- Learn to speak, read and write English and have fun in our new class
- Join in with other parents from the school

MONDAY 1.00PM TO 3.00PM

Class dates: 16th July to 3rd December

Hillsmeade Early Learning Centre

82 The Promenade

Narre Warren South



\$99.80 full fee

\$85.00 concession

For bookings and enquiries

call Clea on 9704 7388



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TO YOU BY



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MAMMA MIA!

melbourne
SHORTSTAY
apartments

EZARD



Win the Ultimate Melbourne experience

Hillsmeade Primary School is raising funds. Here's how you can help...

Help yourself to your Membership before the **23RD JULY** for your chance to win the **Ultimate Melbourne getaway!** The Prize is a 2 night stay in a one bedroom apartment at **Melbourne Short Stay Apartments**, Pre-Theatre dinner for 2 at the incredible **Ezard** restaurant before enjoying the best show in town, **Mamma Mia**.

This prize is worth over \$700, ten times your investment!!

[SUPPORT US NOW!](#)

COMMUNITY NOTICEBOARD



KUMON

Your child can strengthen essential maths and English skills with Kumon. **Contact your local Kumon Centre to secure your child's place in the August Free Trial!**

KUMON NARRE WARREN SOUTH CENTRE
 Amberly Park Shopping centre
 Ormond rd, Narre Warren South
 Instructor : VIJI RAJENDRAN
 tel: **0401 182 966**

**AUGUST
FREE
TRIAL**

Terms and conditions apply. Visit <http://au.kumonglobal.com>



**JUNIOR & SENIOR SEASON 2018/19
REGISTRATION DAYS**

SATURDAY 11TH AUGUST
9am - 12noon

SATURDAY 25TH AUGUST
9am - 12noon

**3 Turf and 3 Synthetic Senior Teams
And up to 14 Junior Teams (U11 to U17)**

**Berwick Springs Reserve Club Rooms
Glasscocks Rd, Berwick Springs, Melways Ref 130 G6**

Please note: Pre-filled out registration forms are available for existing members to sign on the day, otherwise for new members refer to our web site for a copy of the current registration form or pickup one on the day.

A Friendly Reminder

If you are picking up your child early or they are unwell, please let the office staff know if OSHC needs to be cancelled for the day.

If you would like to place an advertisement in the newsletter please see the friendly office team.