

Hillsmeade Primary School Newsletter

Issue No 3—WED 20th FEB

2019



THE FULL CALENDAR AND DETAILED EVENT INFORMATION IS AVAILABLE TO VIEW VIA THE COMPASS APP OR WEBSITE WHO? WHAT? WHEN?

MON	TUES	WED	THUR	FRI
18th FEB	19th FEB	20th FEB	21st FEB	22nd FEB
	'Getting to Know Hillsmeade Expo' 5:00—6:30PM Somers Camp 10:00AM depart	(PREPS DO NOT ATTEND CLASS)	School Tour Prospective Families 10AM @ Front Office	
25th FEB	26th FEB	27th FEB Prep Assessments (PREPS DO NOT ATTEND CLASS)	28th FEB	1st MAR Narre Warren District Swimming Carnival

The Promenade Narre Warren South 3805

Fax: 9704 7010



# 2019 Photo Day Envelope and Order Instructions

Dear Parents and Students,

## Hillsmeade Primary School PHOTO DAY IS 13-03-2019

School photo order envelopes have been or will be distributed to every student and it is important that the order instructions (below) are followed.

\*\* IMPORTANT PLEASE NOTE - ONLINE ORDERING FOR SIBLING PHOTOS WILL CUT OFF ON 12-03-2019 \*\*

ONLINE ORDERING Your child's school photos are now available for secure online purchase, please note if you are ordering online, you do not need to return an envelope to the school 4 EASY STEPS TO ONLINE <u>SCHOOL PHOTO ORDERING</u>

## Step 1: CLICK HERE: EASY ACCESS LINK - Click on this link if you are using a supported device

- OR - Go to www.advancedlife.com.au before photo day and enter your school code [LG3 X97 85R]

Step 2: Enter your student's details

Step 3: Choose the package that best suits your needs (all orders will be returned to the school for collection)

Step 4: Pay for the photos via the shopping cart (upper right corner of the page)

\*\* Online Orders will attract a \$1 service fee

Please Note: Late fees will apply once orders are closed (5 days after photo day)

#### FAMILY / SIBLING PHOTOS No envelope required if ordering online 4 EASY STEPS TO ONLINE <u>SCHOOL PHOTO ORDERING</u>

- Go to <u>www.advancedlife.com.au</u> before photo day and enter your school code [LG3 X97 85R]
- Family/Sibling photo orders online close on 12-03-2019
- Orders can be placed by returning an envelope up until photo day with cash or cheque enclosed

## ORDERING USING AN ENVELOPE

#### ENVELOPES WILL BE HANDED TO EACH CHILD, PLEASE SEE THE SCHOOL OFFICE IF YOU HAVE NOT RECEIVED ONE

Step 1: Student Details: Complete the student details section on the front of the order envelope.

Please use black or blue pen.

Step 2: Purchase Details: Complete the purchase details on the front of the envelope.

Step 3: Payment Method: Select your payment method.

Credit Card - Online Only at www.advancedlife.com.au

Cash - Please enclose correct money - no change is given under any circumstances

Cheque - Make payable to Advancedlife Photography with your name & address on the back of cheque

Please allow 60 days for your cheque to be finalised - a \$25 fee will apply to any dishonored cheque payments

Please Note: A portrait and a class group photograph will be taken of every student at the school, regardless of purchase. Photographs of your children taken as part of a class group are only permitted to be distributed within their own class. Your child's name will appear on the class group photo. If you <u>Do Not</u> wish your child to be photographed, please contact your school office with your instructions prior to Photo Day.

Please feel free to contact us via email or phone should you have any queries in regards to your child's school photo order. info@advancedlifevic.com.au or 03 9852 1133

Advancedlife Team

Dear Parents / Guardians

Happy Week 4 everyone. I hope that everyone has made a great start in their 2019 classes. It has been wonderful walking around and visiting the classerooms and seeing such positive faces engaging with their teachers and peers as they set up the climate for their new classes.

I would like to take this opportunity to say a big thank you to the parents and families who attended our *Getting to Know Hillsmeade Expo* on Tuesday night. It was so wonderful to see so many attendees engaging in learning about what makes Hillsmeade unique. A big thank you to the staff and students for spending time putting together the displays and making the school look beautiful. Also, a big thank you to our student leaders who attended and spoke so confidently to families about our school.

If you weren't able to attend, it would be great if you had the time to come and take a walk through the corridors in the main building to find out a little bit more about the wonderful things that happen across our school.







OUR

#### Somers Camp

PUTTING

On Tuesday the 19<sup>th</sup> of February we farewelled our selected Year 5 and Year 6 students off to Somers Camp. There were some very excited faces as they set off on the bus with many new students and teachers from other schools. We look forward to hearing more about their adventures over their time away. It was wonderful to hear from Miss Barker that the campers arrived safely and were displaying wonderful manners and engaging positively with the other campers.



FOOT

## **School Council Elections**

Please note that there has been a miscommunication regarding the school council vacancies at Hillsmeade PS. The current vacancies are as follows;

4 School Council - Parent Member Positions - 2 Year term
3 School Council-Parent Casual Member Positions - 1 year term
2 School Council - Community Positions - 1 Year Term

If you would like to find out more about the roles and functions of school council, please take a look at:

http:// www.education.vic.gov.a u/school/teachers/

Notice of election and call for nominations	Tuesday, 12 February 2019
	<ul> <li>Advertise in Link Issue #2 on</li> </ul>
	Wednesday February 13.
Classical data for a serie ations	
Closing date for nominations	Tuesday, 19 February 2019
Date by which the list of candidates and	Wednesday, 20 February 2019
nominators will be posted	
Data by which hallot papars will be propared	On or before Monday, 25 February 2019
Date by which ballot papers will be prepared	Off of before worlday, 25 February 2015
and distributed	
Close of ballot	Monday, 4 March 2019
Vote count	Tuesday, 5 March 2019
vote count	ruesday, 5 March 2019
Declaration of poll	Tuesday, 5 March 2019
Special council meeting to co-opt Community	Tuesday, 12 March 2019
	racsady, 12 march 2015
members (the principal will preside)	
First council meeting to elect office bearers (the	Tuesday, 12 March 2019
principal will preside)	
principal trin preside)	

Election oversight will be Crystal Wells.

## 2019 School Council Election Candidates

Please see the below information from the candidates for consideration -



## Rachel Vallance

I am a wife, mother of 2 and work fulltime. My sons are in Gr 2 and Prep. I have been in the disability sector for 19 years. I have a passion for helping/working with people and children who have special needs. I would like to see more early intervention for students who are struggling with their school work or have a diagnosed issue have easier access to funding. I have a passion for education and school system. I believe Hillsmeade is a fantastic school with great facilities and tremendous educators. I would like to be a part of the school council and become

more involved in the community as I feel it is a great rapport with the school as these are the people who help to shape the minds of our children. Even though I have a husband, 2 sons, a fulltime job and now 2 puppies as if these don't keep me busy this is something I am passionate about and have always wanted to be apart of. I look forward to meeting you all and listening to your thoughts, concerns, issues and complaints.



#### Megan Shields

My sons are in grades three and five and our family has been part of the Hillsmeade community since 2013 when my eldest son was one of the first students at the then brand new ELC. As a lawyer and business owner who has sat on many other committees and boards I bring strong administrative and management skills that I feel are of benefit to our School Council. However as an involved Mum who has been part of many school events and classroom activities I also have a strong understanding of what our kids need to get the most out of their schooling. Over the last two years serving on our School Council I have also learned a great deal about council

systems and processes and how the school works. I feel I have the skills and experience to help make a difference and would love the opportunity to continue helping to ensure our school continues to provide our kids with all the opportunities they deserve.



#### Inez Crowe

My name is Inez Crowe and I am running for School Council 2019.

I have been actively involved in Hillsmeade for 8 years now. Firstly as a general committee member in the Hillsmeade Fundraising Committee, a parent volunteer in the ELC and School for class activities, reading and excursions, later as Vice President then President of Fundraising and a Canteen volunteer.

I really enjoy giving back to our school community and enjoy my time helping not only Hillsmeade students but also our amazing teachers. I would really love to continue my role and expand my horizons to our School Council for 2019/20. Please consider myself for our upcoming Ballot.



## Kristy Panayiotou

My name is Kristy and I have a son at Hillsmeade PS in grade 4. I am a division 1 registered nurse and have worked in many different settings. I spent most of my working life as a critical care nurse and then moved into a health promotion role in a busy industrial setting. From this I moved into a secondary school nursing role delivering health promotion and curriculum within the classroom. My most recent and current role is leading the Health wellbeing and Engagement team in a local secondary school. As a parent at Hillsmeade I hope to help support the school and the local community to continue to make this already fantastic school even better.



### Natalie Hale

Hi I'm Natalie. I have been a parent on the school council for the last 2 years and I would like to continue to be part of this group and continue to implement the school vision and plans into 2020. I have 1 boy at Hillsmeade and two at Alkira having completed 7 years at Hillsmeade. In that time I have enjoyed watching the school progress substantially with countless ground improvements, whilst developing a strong sense of community spirit by running family based events that are well attended. Since 2011 I've been involved in a volunteer capacity in the classroom with reading and literacy programs, on the fundraising committee—including 2 years

as president—and now with weekly school banking. I am an Intensive Care Nurse (part time), so I am accustomed to maintaining discretion and confidentially, plus I hold a Masters of Education.



## **Brooke Gniel**

My name is Brooke Gniel and I am the current President of Hillsmeade School Council.

I have two children that have attended Hillsmeade Primary School over the past seven years.

I am proud to have been a member of school council for the last four years and have played a part in many improvements in and around our school for our students and whole community.

I am seeking re-election for my third term on council to continue to play a role in ensuring the ongoing success of our school for all students now and in years to come.



#### Kellie Suhr

My name is Kellie Suhr and I currently have two children attending Hillsmeade in Grade 2 and Grade 4. I have been on school council for the past two years and for the last year have been Treasurer. I work part time as a credit analyst in the finance industry and I believe I have valuable skills to make a positive impact as a parent representative.

I would like to continue to be on school council as I have an interest in being actively involved in the school community and assisting with any improvements to the school facilities and programs.



#### Vicky Bartuccio

Hi there, my name is Vicky Bartuccio and I would like to be a parent member on the school council committee. I've been part of the Hillsmeade community since my eldest started at the ELC in 2013 and I now have 2 children attending Hillsmeade Primary School (Grade 2 & Grade 4). In the last 6 years I have seen some amazing projects and changes happen within our school and I sure am proud to be part of the Hillsmeade tribe.



### Tara Harvey

'Tara Harvey has two sons attending Hillsmeade and is keen to become more involved in the school community.

Tara is an Admissions Officer for Monash Health, which involves delegation, participating in a team environment and working under pressure.

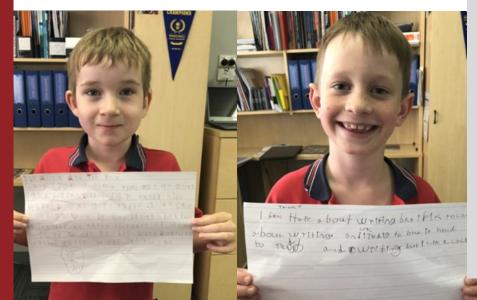
As a parent elected to Council, Tara would bring enthusiasm, leadership and the ability to think from every angle.

In her spare time Tara runs at Berwick Springs Parkrun and is improving her baking skills so she doesn't have to buy back her donated treats from the school Christmas Carols every year.'



#### Alison Bencsics

I have 5 children (aged 18, 17, 11, 5 and 4). My two youngest are in Prep and Kinder at Hillsmeade. I have always been actively involved in school comunity with my older children at their primary and high schools and would love to share my skills and experience as a member of the School Council at Hillsmeade. I have just finished my tenure on the School Council at Kilberry Valley Primary School, and was on the School Council and President of the Parents and Friends at Trinity Primary over a period of 10 years. I have also been a member of the Parents and Friends at St Francis Xavier for the last 5 years. I work as an accountant and have been in-



## Wonderful Writing

This week I was lucky enough to have a visit from a very excited author. Lucas S of 3C (Left) came to share his writing with Leadership and we were so proud of how confidently he shared his work. Well done Lucas!

Tanner P from 3E (Right) also came to share his writing. I loved hearing that Tanner loves a challenge. Great work Tanner!





Hillsmeade Primary School

Admin 2019







## **Hillsmeade Primary School**

ELC 2019



Left to Right: Shiona Watson, Amy-Leigh Nettleton, Anne Kelly, Katrina Roberts, Katie Higginbotham, Jessica Sinclair, Amanda Dickson, Leanne Michaud, Angela Nixon, Janine Sabec



**Hillsmeade Primary School** 

Specialist 2019



Left to Right: Andrea Garwood, Maria Liu, Alison Elliott, Katherine Pollock, Ahmad Chazbek, Martine Ziino, Lisa Scott



Hillsmeade Primary School



Left to Right: Lauren Slevin, Ashleigh Bell, Kate McArdle, Matthew Bentvelzen, Rachel Sutcliffe, Nowella Ahlgren



**Hillsmeade Primary School** 

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Left to Right: Sarah Rhimes, Nicole Page, Sarah McGrath, Scott Masson, Tessa Parmenter, Amelia Thomas



Hillsmeade Primary School



Left to Right: Lauren Slevin, Ashleigh Bell, Kate McArdle, Matthew Bentvelzen, Rachel Sutcliffe, Nowella Ahlgren



**Hillsmeade Primary School** 



Left to Right: Sarah Rhimes, Nicole Page, Sarah McGrath, Scott Masson, Tessa Parmenter, Amelia Thomas



**Hillsmeade Primary School** 

Grade 2 2019



Left to Right: Meg Yates, Bonnie Arbuckle, Kristen Rennie, Rushlall Rajaram, Jessica Ellis, Lisa Crowe, Kristie Jenner



Hillsmeade Primary School

Grade 3 2019



Left to Right: Angela Herres, Catherine Daire, Rachel Bampton, Jenny Elkin, Michelle Ewing, Trisa Kett, Tabitha Carter



Hillsmeade Primary School

Grade 4 2019



Left to Right: Susan Haworth, Carmen Collins, Abbie Sheers, Danielle McKelvie, Jeromy Lewier



**Hillsmeade Primary School** 

Grade 5 **2019** 



Left to Right: Belinda Catanese, Ashleigh Voutier, Toni Barker, Deana Cortina, Jeffrey McGann, Dimple Bhardwaj



Hillsmeade Primary School

Left to Right: Tilly Le Faou, Michael Davies, Jessica Szalek, Travis Cole



Hillsmeade Primary School



Left to Right: Kathryn Kidd, Joanne Monrroy, Evelyn Schultz, Ashneigh Hughes, Angela Cooper, Tooba Aram



### Left to Right: Melissa Terrington, Michelle Spellman, Sharron Porter, Tania Agnew, Cheryl Zubcic

## Hillsmeade Primary School Early Learning Centre and Out of School Hours Care

Our ELC and OSHC program is licensed to operate from our school premises under the Education and Care Services National Regulations. Within these regulations we are assessed under the National Quality Standard Ratings. These Standards cover 7 quality areas and 58 elements.

Last year as part of the assessment and rating process 2 authorised officers spent 2 days observing and discussing aspects of our ELC and OSHC program. We were delighted to receive the overall rating of Exceeding National Quality Standards.



# POSITIVE START PROGRAM

## Positive Start Program

Over the past 2.5 weeks, Hillsmeade students have participated in a structured program called 'Positive Start'. This is an evidence-based approach, focusing on the importance of building connectedness to school and positive relationships. Our teachers and students have enjoyed participating in a range of activities to develop routines and expectations, an understanding of our I RESPECT values and quality learner attributes to set the tone for a successful year ahead.

Jaide, Nancy-Ela and Arman from 3B were very excited to share their reflections on the Positive Start Program.

aving

February Friday 15th 2019 15/2/a



The positive start has been good
and , feel happy & the to be in
this class RI wish I can be in this class
I have a nice and lavely teacher
and she is the best and i feel so
happy and I like coming to school
everyday and I preid so proud thats
why I'm alway so happy to come
to school always. During the positive start
asson we have been lenning about the
Zones Of Vegalation & Allatte I think
we should be in the green zone
Juta it alway on to be in the
ved zone e also we have been
learning about the ikespect kniew
and also we have been a
nice class and we have been
plaing games in the class Koom.





#### **Student Accident Cover**

Unfortunately there is often misunderstanding amongst parents that children attending school are automatically insured against accidents. This is generally not the case. If you are interested in student accident cover you can collect a flyer from the office. Cover can be arranged online via <u>www.studentcover.com.au</u> should you choose to do so.

A reminder that we will have our first whole school assembly this Friday at 2:45pm in the gym. If you are available to attend we would love to see you there.

Jodie Bray

Principal

## FROM MR CARDAMONE

Good afternoon Hillsmeade community,

I hope the week has been great. This term is going along quickly and it seems everyone is back in the routine of school. Yesterday the breakfast club started at the canteen and what a vibe. It was fantastic to see students and families use the tables and chairs close by and enjoy some toast and weetbix. Please come along next week on Tuesday 8:15am-8:40am. This week LEGO CLUB IS STARTING!!! This will be run in the STEAM room; every Friday lunch time 1:45pm-2:20pm. Mr. Rajaram is looking forward to guiding this and giving our students another opportunity to connect and socialise in a positive environment. In the main building we have the Social and Emotional Learning wall, this wall will provide lots of information about social and emotional learning happening at Hillsmeade. Please come by and have a look.

Below is a short article by Michael Grose founder of parenting ideas website that I thought is must read for families. <u>https://www.parentingideas.com.au/blog/top-five-parenting-tips-for-this-year/</u> He has provided 4 tips that he believes will have the most positive impact on kids this year. Please let me know your thoughts.

#### "1. Switch on your kids' strengths

The Positive Psychology movement lead by US-based psychologist Dr. Martin Seligman showed that when we can unearth kids' strengths we are, in effect, unlocking their true potential for success and happiness. Three elements come together to make a strength, and parents need to be mindful of all three: performance (being good at something); energy (feeling good doing it); and high use (choosing to do it). Rather than locking on to your child's weaknesses, set your antennae to your child's strengths.

#### 2. Balance kids' extra-curricular activities

Alongside social media and news events, being busy is now recognised as a major stress for many children and young people. Over-scheduling kids' lives is a relatively new phenomenon. Go back a couple of generations and a few sports, music lessons and things like scouting movements were the mainstays of after school life for most kids. Now the choice of activities to keep kids busy after school hours is mind-boggling.

Having so many options is wonderful but it does place a new set of pressures on parents. Many complain that family life is like now living in a hamster wheel, always in constant motion, with hardly a time to catch their breath. The cost of loading kids up with scheduled activities is that many don't get the chance for free play, or simply 'vegging out' on the couch. The benefits of all this activity in terms of kids' skill development, personal growth and broadening social horizons is well-founded. However, finding a balance is tricky as every child, like every family is different.

#### 3. Focus on friendships

Friendships are an important part of the road to adulthood for a child or young person. With families shrinking in size peer relationships are now fundamental in providing kids with a sense of belonging,



a place to hone their identity and a group upon which they can develop their future relationship skills such as tolerance, empathy and forgiveness.

Friendships can be problematic. Not every child is naturally outgoing and makes friends easily. If your child is like this, but generally seems happy, then there may be no need to do anything. If your child has difficulty forming friendships and is worried by that, then there are many ways to approach this including: encouraging kids to spend one-on-one time with others, making extra-curricular activities fit their interests, and coaching kids to develop friendly behaviours.

#### 4. Give kids tools to manage anxious moments

Let's just say it upfront. We don't have a childhood resilience problem as many teachers and professionals say, but we do have a childhood anxiety problem. A big one! And it's mostly undetected as community understanding of anxiety is low. It's our experience at Parenting Ideas that many parents are anxious and they don't know it, and many children routinely experience anxiety, which goes unrecognised.

Everyone feels worried from time to time, but these feelings pass when the stressful situation has passed. Anxiety occurs when these anxious feelings don't pass, and happen for no obvious reason. It's a serious condition that can be managed and minimised with their right tools".

If you would like any more information, please let me know. Thank you.

#### John Cardamone

Leading Teacher in Social and Emotional Learning





# **Science Talent Search**



ADRING TALLETT SAMPLY

Dear Parents and Guardians,

The Science Talent Search (STS) is an annual science competition open to all primary and secondary students. The STS theme for 2019 is 'Destination Moon: more missions, more science'. This theme is a way for students to discover past missions to the Moon and space programs that have solved some of the seemingly unsolvable problems—and current and future space programs, operations and missions.

Each year more than 3,000 students enter their work with various STS competition sections. Sections include:

- Experiment Research
- Creative Writing
- Working models
- Inventions
- Games
- Computer programs
- Science Photography
- Video Productions
- Posters

2018 was the first year that Hillsmeade participated in this competition and all students were recipients of merit, distinction and bursary awards. Award winning students communicated Science to a wider audience at the Exhibition and Presentation Day held at Latrobe University.

Expanding on last year's success, all students are encouraged to challenge themselves and participate in this exciting competition.

STS is a great opportunity to wonder and question about the world around us. If your child enjoys researching, making projects, games or posters and is interested in creating his/he rown independent self-motivated Science projects, please contact Mrs Dimple Bhardwaj by no later than Monday 25<sup>th</sup> March 2019.

Feel free to check the website for all details of this competition by visiting http://www.sciencevictoria.com.au/sts/forStudentParent.html

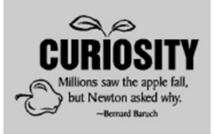
Thank you,

Dimple Bhardwaj

Learning Specialist STEAM











# The Teeth On Wheels team are coming to our school

**Great News!** Our school is pleased to announce that the Teeth on Wheels team will be coming out to our School every 6 months to provide Oral Health Education and quality dental treatment to our students.

## **Remember your forms!**

Please keep your eye out for the consent form which can be filled out and handed back into the school reception for your child to be seen.

## TeethOnWheels<sup>™</sup> a positive dental experience

# \$1,000 of FPEE dental. Now that's something worth smiling about!

At Teeth On Wheels, we provide the highest quality dental treatment while making it fun, positive and memorable for children.

We are the LARGEST Mobile Dentist in Australia that are accredited by Quality Innovation Performance (QIP) and members of the Australian Dental Association (ADA)

We provide children with a free educational program and a brushing chart to ensure they have a positive dental experience, while encouraging effective oral hygiene. During the visit, children can watch age-based movies, helping to entertain and set a relaxing atmosphere.

www.teethonwheels.com.au

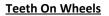
The Australian Government offer \$1,000 of free basic dental for eligible families through Medicare.

To see if your family is eligible, please complete our consent form either online at www.teeethonwheels.cm.au or via hardcopy and we can easily check on your behalf.

Our dental services include:

- Check-ups
   Check-ups
- Scale, Clean and Fluoride Treatments
   Fissure Sealants
- Fissure Sea
- X-rays
   Fillings
- Extractions
- Excidentions

Phone: VIC (03) 9338 1191 NSW (02) 7804 2822 Email: info@teethonwheels.com.au



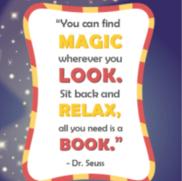
'Teeth on Wheels' will be at Hillsmeade from the 19th to the 29th of March. Consent forms will be sent home with your children and will need to be returned on the 5th of March.

Students will be collected from their classrooms and escorted to and from 'Teeth on Wheels'.



## SCHOOL HAPPENINGS

10411102 20 Steam room ast thereday Be Went to the Steam room We Saw giant Lego and ther was a 3d Printer the tec Was so cool My Favourite Part was the gian Los and waching the 3d Printer it Was 50 Cod. I Want to go back. (an NOT want to no ther a again 400 Can do engThing S.T.E.A.M I Looked at a The ANIMAL I did Technology I did Art ENgimeering . Reading Club Early Bird Reading Monday (Commences 4th March) 8:15am-8:45am In the library Come along and read a book or two! Story Time





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## FROM THE COMMUNITY

## **School Banking**

The following items are available for redemption in 2019. Ten banking tokens can be exchanged for any of these items. Two new items are available each term. The Term 1 items: scented stackable highlighters and snowy origami set. Information leaflets are available from the front



If you would like to place an advertisement in the newsletter please see the friendly office team.

EVENT	CONSENT/PAYMENT DUE	EVENT DATE
Grade 5/6 Grand Prix	08/03/2019	Friday, March 15th 9:00AM - 3:00PM
Grade 1 Chicken Hatching	11/03/2019	Monday, March 18th 9:00AM - Friday, March 29th 3:30PM
Prep Responsible Pet Incursion	13/03/2019	Wednesday, March 20th 9:30AM - 12:30PM



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