

HILLSMEADE PRIMARY SCHOOL CANTEEN MENU 2022



SANDWICHES & ROLLS

	<u>SANDWICHES**</u>	<u>ROLLS</u>
Cheese	\$ 2.50	\$ 3.00
Vegemite	\$ 2.00	\$ 2.50
Vegemite & Cheese	\$ 2.50	\$ 3.00
Ham & Cheese	\$ 4.00	\$ 4.50
Ham, Cheese & Tomato	\$ 5.00	\$ 5.50
Vegetarian (Lettuce, Avocado, Tomato, Cucumber & Cheese)	\$ 4.00	\$ 4.50
Tuna, Lettuce & Mayo	\$ 5.00	\$ 5.50
Tuna, Sweet corn, Lettuce & Mayo	\$ 5.50	\$ 6.00
Egg, Lettuce & Mayo	\$ 5.00	\$ 5.50
Chicken, Lettuce & Mayo	\$ 5.50	\$ 6.00

****Gluten Free Bread available with extra \$1.00**

TOASTED SANDWICHES / WRAPS

	<u>SANDWICHES**</u>	<u>WRAPS</u>
Ham & Cheese	\$ 4.00	\$ 5.00
Ham, Cheese & Tomato	\$ 5.00	\$ 6.00
Vegetarian (Lettuce, Avocado, Tomato, Cucumber & Cheese)	\$ 4.00	\$ 5.00
Chicken, Lettuce & Mayo	\$ 5.50	\$ 6.50
Chicken Tender, Tomato, Lettuce & Cheese	\$ 6.00	\$ 7.00

****Gluten Free Bread available with extra \$1**

SPECIAL HOME-MADE DAILY LUNCH

Pasta Bolognese with Beef & Italian Tomato Sauce	\$ 5.00
**Gluten Free Pasta Penne extra \$ 1.00	
Pasta Macaroni with Parmesan & Cheddar Cheese	\$ 4.50
Baked Potato with Cheese	\$ 4.50
Baked Potato with Bolognese Sauce & Cheese	\$ 5.00
Vegetarian Fried Rice with Soy Sauce	\$ 4.50

MONDAY LUNCH SPECIAL

Pasta Lasagna	\$ 5.00
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WEDNESDAY LUNCH SPECIAL

Sushi (2 rolls)	\$ 7.00
Choice of Teriyaki Chicken, Tuna or Veggie (Tofu & Carrot)	
(pre-order by Tuesday)	

HOT FOOD

Gourmet Party Pie	\$ 1.00
Gourmet Beef Pie	\$ 3.50
Gourmet Sausage Roll	\$ 4.00
Fresh Hawaiian Pizza with Ham & Pineapple	\$ 3.50
Fresh Margherita Pizza	\$ 3.00
Fresh Cheesy Garlic Pizza	\$ 3.00
Ham, Cheese & Tomato Croissant	\$ 3.50
Mini Hot Dog (Halal)	\$ 2.00
Healthy Hot Dog (Halal)	\$ 3.50
Healthy Hot Dog with Cheese (Halal)	\$ 4.00
Chicken Burger with Cheese & Lettuce	\$ 5.00
Steam Corn Cob	\$ 1.00
Hard Boiled Egg	\$ 1.00
Oven Baked Hash Brown	\$ 1.50
Oven Baked Chicken Nuggets (3pc)	\$ 2.50

****Gluten Free Nuggets available with extra \$1.00**

Oven Baked Wedges	\$ 3.00
Steamed Dim Sim	\$ 1.00
Add-on Sauce Pot (Tomato, Mustard or Mayo)	\$ 0.30

SALAD BOWL

Plain (Lettuce, Avocado, Tomato & cucumber)	\$ 3.50
- with Egg	+ \$ 0.50
- with Ham	+ \$ 1.00
- with Chicken	+ \$ 1.00
- with Cooked Tuna	+ \$ 1.00

SNACKS

Fresh Carrot & Cucumber Sticks with Hommus Dip	\$ 2.00
Fresh Fruit – apple, banana or orange	\$ 1.00
Fresh Seasonal Fruit Cup	\$ 3.00
Homemade Cookies	\$ 1.00
Homemade Banana Bread	\$ 2.50
Homemade Muffin	\$ 2.00
Brownie Bites	\$ 0.50
Rice Crackers with Hommus Dip	\$ 2.00
Red Rock Deli Chips	\$ 2.00
Popcorn (Lightly Buttered & Salted)	\$ 1.00
Pretzels	\$ 1.00

YOGHURT

Plain Fat Free Yoghurt	\$ 1.50
- with Museli	+ \$ 0.50
- with Fresh Fruits	+ \$ 1.00

DRINKS

Spring Water	\$ 2.00
Milk	\$ 2.50
Fruit Juice (Apple, Orange or Apple & Blackcurrant)	\$ 2.50
Slushie	\$ 2.00
Quelch Fruit Icy Tube	\$ 1.00

Clearly write Name and Grade on your bag or envelope. Please remember an extra 10c with your order if you do not have a bag.

We strongly recommend to pack your own reusable cutlery to save the environment together.

Counter sales will be available during recess and lunchtime. Drinks, snack food and icy poles will be available during this time.

*****Please always ask and check with Canteen staff before purchase if you have any ALLERGIES or doubt*****

Lunch orders to be made and paid via  QuickCliQ before 9am online