

HILLSMEADE PRIMARY SCHOOL CANTEEN TERM 4 MENU 2023



SANDWICHES & ROLLS

	<u>SANDWICHES**</u>	<u>ROLLUP</u> <u>WRAPS</u>
Vegemite	\$ 2.00	\$ 2.50
Vegemite & Cheese	\$ 2.50	\$ 3.00
Cheese	\$ 3.50	\$ 4.00
Ham & Cheese	\$ 4.00	\$ 4.50
Tuna & Mayo	\$ 5.00	\$ 5.50
Tuna, Sweet corn & Mayo	\$ 5.50	\$ 6.00
Egg & Mayo	\$ 5.50	\$ 6.00
Roast Chicken & Mayo	\$ 5.50	\$ 6.00
Vegetarian	\$ 4.00	\$ 4.50
(Salad & Cheese)		
+ Roast Chicken	+ \$1.00	
+ Egg	+ \$1.50	
+ Ham	+ \$1.00	

****Gluten Free Bread available with extra \$1.50**

TOASTIE & TOASTED WRAPS

	<u>TOASTIE**</u>	<u>TOASTED</u> <u>WRAPS</u>
Cheese	\$ 4.00	\$ 5.00
Cheesy Vegemite	\$ 4.00	\$ 5.00
Ham & Cheese	\$ 4.50	\$ 5.50
Roast Chicken & Cheese	\$ 5.50	\$ 6.50
Chicken Tender & Cheese	\$ 6.00	\$ 7.00
Vegetarian	\$ 4.50	\$ 5.50
(Salad & Cheese)		
+ Roast Chicken	+ \$1.00	
+ Egg	+ \$1.50	
+ Ham	+ \$1.00	

****Gluten Free Bread available with extra \$1.50**

SPECIAL HOME-MADE DAILY LUNCH

Pasta Bolognese with Beef	\$ 5.50
**Gluten Free Pasta Penne extra \$ 1.50	
Pasta Lasagna	\$ 5.50
Pasta Macaroni with Cheese	\$ 5.00
Vegetarian Fried Rice with Soy Sauce	\$ 4.50
+ Small Salad Bowl	+ \$ 2.50

SNACKS

Fresh Carrot & Cucumber Sticks with Hommus Dip	\$ 2.00
Fresh Fruit – apple, banana or orange	\$ 1.00
Fresh Seasonal Fruit Cup	\$ 3.00
Homemade Cookies	\$ 1.00
Homemade Banana Bread	\$ 2.80
Homemade Muffin	\$ 2.20
Brownie Bites	\$ 0.50
Lamington	\$ 0.50
Rice Crackers with Hommus Dip	\$ 2.00
Red Rock Deli Chips	\$ 2.00
Popcorners Snack Pack	\$ 2.00
(Sea Salt, Sweet & Salty or Cheese)	
Popcorn (Lightly Buttered & Salted)	\$ 1.00
Pretzels	\$ 1.00

HOT FOOD

Party Pie	\$ 1.40
Beef Pie	\$ 4.00
Sausage Roll	\$ 4.70
Sausage Roll (HALAL)	\$ 4.70
Hawaiian Pizza with Ham & Pineapple	\$ 3.80
Margherita Pizza	\$ 3.30
Cheesy Garlic Pizza	\$ 3.30
Ham & Cheese Croissant	\$ 4.50
Hot Dog (HALAL available)	\$ 4.00
Chicken Burger with Cheese & Mayo	\$ 6.00
Cheesy BBQ Chicken Tortilla	\$ 5.00
Steam Corn Cob	\$ 1.20
Hard Boiled Egg	\$ 1.50
Oven Baked Hash Brown	\$ 1.70
Oven Baked Chicken Nuggets (3pc)	\$ 2.80
**Gluten Free Nuggets available with extra \$1.00	
Oven Baked Wedges	\$ 4.00
Steamed Dim Sim	\$ 1.20

****ADD-ON to Sandwich, Toastie, Burger & Croissant****

Cheese	+ \$ 0.50
Salad Leaves	+ \$ 0.50
Tomato	+ \$ 0.50
Avocado	+ \$ 0.80

CONDIMENTS

Tomato Sauce	\$ 0.30
BBQ Sauce	\$ 0.30
Mustard Sauce	\$ 0.30
Soy Sauce	\$ 0.30
Mayo	\$ 0.50
Sweet Chilli Sauce	\$ 0.50

SALAD BOWL

Plain Salad Bowl	\$ 5.00
- with Egg	+ \$ 1.50
- with Ham	+ \$ 1.00
- with Roast Chicken	+ \$ 1.50
- with Chicken Tender	+ \$ 1.50
- with Cooked Tuna	+ \$ 1.50

YOGHURT

Plain Fat Free Yoghurt	\$ 1.50
- with Muesli	+ \$ 0.50

DRINKS

Spring Water	\$ 2.00
Fruit Juice (Apple, Orange or Apple & Blackcurrant)	\$ 2.70
Milk (Plain, Chocolate or Strawberry)	\$ 2.70
☘ Hot Chocolate ☘	\$ 3.00
Slushie	\$ 2.50
Mini Cream Puffs (2pc)	\$ 1.50
☘ Quelch Fruit Icy Tube ☘	\$ 1.00

☘Students bring the labelled lunch bag to pick up Quelch Icy poles or Hot Chocolate from the counter.

Clearly write Name and Grade on your bag or envelope. Please remember an extra 10c with your order if you do not have a bag.

Counter sales will be available during recess and lunchtime. Drinks, snack food and icy poles will be available during this time.

*****Please always ask and check with Canteen staff before purchase if you have any ALLERGIES or doubt*****